

**NDSC**  
NORTH DAKOTA SAFETY COUNCIL  
A private non-profit.

*Your safety  
training experts*

# TRAINING CALENDAR

April • May • June 2026

## ARE YOU NEW TO SAFETY?

You're not alone, and NDSC has courses tailored for you to help give you a clear starting point on your safety journey.



Find a full list of all our courses and additional course details at [ndsc.org/take-a-course](https://ndsc.org/take-a-course)

 Distance Learning Available	 Available in Spanish	 Includes Hands-On Training	 Advanced Safety Certificate	 IVES Instructed course
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## FIRST AID/CPR COURSES

### CPR/AED, Adult

**Course Length: Approximately 2.5 hours**

**NDSC Member: \$60 Non-Member: \$65**

Course meets OSHA First Aid Standard 29 CFR 1910.151, and prepares students to take action in a medical emergency. Participants learn to use an automated external defibrillator (AED) in conjunction with CPR. *Upon completion, receive a 2-year Adult CPR/AED certificate.*

**Bismarck • 8am - 10:30am - May 9, May 19, June 16**

**Fargo • 8am - 10:30am - April 14, May 19, June 16**

**Grand Forks • 10am - 12:30pm - May 5**

**Jamestown • 11am - 1:30pm - April 13**

**Minot • 8am - 10:30am - April 14, May 12**

**Williston • 12pm - 2:30pm - May 19**

### CPR/AED, Adult - Spanish

**Course Length: Approximately 2.5 hours**

**NDSC Member: \$60 Non-Member: \$65**

Course meets OSHA First Aid Standard 29 CFR 1910.151, and prepares students to take action in a medical emergency. Participants learn to use an automated external defibrillator (AED) in conjunction with CPR. *Upon completion, receive a 2-year Adult CPR/AED certificate.*

**Fargo • 8am - 10:30am - May 1**

### CPR/AED, Pediatric

**Course Length: Approximately 2.5 hours**

**NDSC Member: \$60 Non-Member: \$65**

Learn to recognize and respond to breathing and first aid emergencies in children and infants. Video self-instruction and hands-on training are used for choking and CPR/AED practice. Ideal for daycare providers, churches, and anyone working with children younger than age 12. *Upon completion, receive a Pediatric 2-year CPR/AED certificate.*

**Bismarck • 8am - 10:30am - April 7, June 13**

### CPR/AED/First Aid, Adult

**Course Length: Approximately 5 hours**

**NDSC Member: \$95 Non-Member: \$100**

Course meets OSHA First Aid Standard 29 CFR 1910.151, and prepares students to take action in a medical emergency. Participants learn to use an AED in conjunction with CPR. First Aid instruction scenarios include bleeding, burns, poisoning, sudden illness and bone injuries. *Upon completion, receive a 2-year Adult CPR/AED certificate and a 2-year First Aid certificate.*

**Bismarck • 8am - 1pm - April 22, May 9, May 19, June 16**

**Bismarck • 1pm - 6pm - March 29**

**Dickinson • 8am - 1pm - May 19**

**Fargo • 8am - 1pm - April 14, May 13, June 16**

**Grand Forks • 10pm - 3pm - May 5**

**Jamestown • 11am - 4pm - April 13**

**Minot • 8am - 1pm - April 14, May 12, May 13, June 23**

**Williston • 12pm - 5pm - May 19**

### CPR/AED/First Aid, Pediatric

**Course Length: Approximately 5 hours**

**NDSC Member: \$95 Non-Member: \$100**

This course teaches students to recognize and respond to breathing and first aid emergencies in children and infants. Video self-instruction and hands-on training are used for various first aid scenarios. Ideal for anyone working with children younger than age 12. *Upon completion, receive 2-year pediatric certificates for CPR/AED and First Aid.*

**Bismarck • 8am - 1pm - April 7, June 13**

**Fargo • 8am - 1pm - May 19**

### CPR/AED/First Aid, Adult - Spanish

**Course Length: Approximately 5 hours**

**NDSC Member: \$95 Non-Member: \$100**

Course meets OSHA First Aid Standard 29 CFR 1910.151, and prepares students to take action in a medical emergency. Participants learn to use an AED in conjunction with CPR. First Aid instruction scenarios include bleeding, burns, poisoning, sudden illness and bone injuries. *Upon completion, receive a 2-year Adult CPR/AED certificate and a 2-year First Aid certificate.*

**Fargo • 8am - 1pm - May 1**

## PRIVATE TRAINING AVAILABLE FOR MOST COURSES!

If you don't see a conveniently scheduled time or location, call us! Most courses can be scheduled as a private course for your business upon request.

Call 701-223-6372 for more information.



# FIRST AID/CPR COURSES

## CPR/First Aid, Train-the-Trainer

Course Length: 16 hours

NDSC Member: \$595 Non-Member: \$695

Certify your employees to teach the only nationally-recognized CPR/AED/First Aid curriculum that meets all OSHA first aid requirements. *Please call (800) 932-8890 to register or learn how to customize your training.*

**Bismarck • 8am - 5pm - April 22-23**

**Dickinson • 8am - 5pm - May 19-20**

**Fargo • 8am - 5pm - May 13-14**

**Minot • 8am - 5pm - May 13-14, June 23-24**

## Mental Health First Aid

Course Length: 7.5 hours

NDSC Member: \$175 Non-Member: \$195

Mental Health First Aid (MHFA) is skills-based training that teaches people how to identify, understand and respond to signs and symptoms of a mental health or substance use challenge. Similar to physical First Aid and CPR, MHFA helps you assist someone experiencing a mental health or substance use crisis until professional assistance is obtained or the crisis is resolved.

**Bismarck • 8am - 5pm - May 13**

**Fargo • 8am - 5pm - April 8**



# THE POWER TO SAVE A LIFE

Equip your home or workplace with an AED



NDSC sells AEDs, pads and batteries. This life-saving equipment is essential to safety for a business, and we can help guide you in purchasing what works best for your workplace.

***Discount pricing available. NDSC members save even more!***

Order Online: [ndsc.org/shop](https://ndsc.org/shop)

Questions? Call (800) 932-8890

**NDSC**  
NORTH DAKOTA SAFETY COUNCIL  
A private non-profit.





# DRIVER SAFETY COURSES

\*Safety + Health Conference Pre-Conference course. See pages 10-11 for more info.

*Driving courses qualify for insurance discounts & point reduction!*

Course also qualifies for WSI's Safe Driver program.

## Defensive Driving Course - Alive at 25

**Course Length: 4.5 hours**

**Course Fee: \$65 Court/DOT Required: \$85**

Alive at 25 focuses on behavior, judgment, decision making and consequences, and provides tools to help young drivers make positive choices.

See [ndsc.org](http://ndsc.org) as in-person dates and locations get added

## Distance Learning

**NDSC Member/Non Member: \$80**

**Court/DOT Required: \$95**

See [ndsc.org](http://ndsc.org) as distance-learning dates and locations get added

## Defensive Driving Course - Attitudinal

### Dynamics of Driving

**Course Length: 8 hours**

**NDSC Member: \$125 Non-Member: \$150**

**Court/DOT Required: \$175**

For drivers who have received multiple violations or been involved in traffic collisions. DDC ADD is designed to help participants make a connection between their attitude and their ability to make good decisions.

**Bismarck • 8am - 5pm - April 2, May 7**

## Distance Learning

**NDSC Member: \$135 Non-Member: \$160**

**Court/DOT Required: \$185**

**Virtual Instruction • 8am - 5pm - April 2, May 7**

## Defensive Driving Course - Basic

**Course Length: 4 hours**

**NDSC Member: \$60 Non-Member: \$65**

**Court/DOT Required: \$85 Seniors: \$50 (55+)**

**Additional Family Members: \$45**

DDC delivers the highest level of research-driven content, defensive driving strategies, hazard recognition and learner retention exercises.

See [ndsc.org](http://ndsc.org) as in-person dates and locations get added

## Distance Learning

**NDSC Member: \$75 Non-Member: \$80**

**Court/DOT Required: \$95 • Seniors \$65 • Addl. Family \$50**

See [ndsc.org](http://ndsc.org) as distance-learning dates and locations get added

Defensive Driving Courses also available online!

## DOT Compliance

**Course Length: 4 hours**

**NDSC Member: \$220 Non-Member: \$255**

Recently updated, this program provides a detailed overview of the CSA system and FMCSA regulations, and critical training for carrier or fleet safety management.

**Bismarck • 8am - 12pm - May 18**

**Fargo • 8am - 12pm - April 7**

## Traffic Control For Supervisors

**Course Length: 16 hours**

**NDSC Member: \$495 Non-Member: \$550**

Workers who have a need for ANY type of traffic control can benefit from this training. Participants will gain in-depth knowledge of the entire process, including temporary work zones, planning work zones, traffic patterns, and pedestrian patterns. Course attendees will participate in tabletop design activities.

**Bismarck • 8am - 5pm - April 28-29, May 20-21**

**Minot • 8am - 5pm - April 21-22, May 19-20**

# HOW MANY POINTS DO YOU HAVE ON YOUR LICENSE?



## **NO WORRIES!**

Did you know that any driver can elect to **take defensive driving in lieu of points?** (for violations 5 or less)

Contact DMV with questions!



# WORKPLACE SAFETY COURSES

## Certified Occupational Safety Specialist (COSS)

**Course Length: 40 hours**

**NDSC Member: \$1,799 Non-Member: \$2,299**

This is a nationally recognized program designed to build a solid foundation in both General Industry and Construction knowledge. Its main objective is to equip those with safety and health responsibilities with the core competencies they must master to be successful in OS&H.

### Distance Learning

**Virtual Instruction - 8am - 5pm - April 13-17, May 4-8, June 1-5, June 8-12, June 22-26**

## Confined Space Entry Entrant, Attendant and Supervisor

**Course Length: 5 hours**

**NDSC Member: \$185 Non-Member: \$225**

This course will provide attendees with a comprehensive overview of the OSHA general industry and construction industry standards for Permit Required Confined Space Entry Supervisor. The differences between the general industry and construction industry requirements will be addressed, as well as a brief overview of other roles and responsibilities. *Course developed by Roco Rescue, the world's leader in industrial rescue training and an OSHA VPP Site.*  
**Fargo • 8am - 1pm - April 23, June 29**

## ECCS 8-Hour Refresher

**Course Length: 8 hours**

**NDSC Member: \$185 Non-Member: \$235**

*Prerequisites required.* Course teaches recognition, avoidance, abatement and prevention of safety and health hazards in workplaces, covering fall protection, personal protective equipment, electrical safety and hazard communication. *Private courses may be customized to fit your needs.*  
**Fargo • 8am - 5pm - April 1, June 9**

## Ergonomics, Managing for Results

**Course Length: 8 hours • ASC CEUs: 0.65**

**NDSC Member: \$325 Non-Member: \$425**

Learn the basic concepts relating to ergonomics in the workplace, gain skills to recognize ergonomic risk factors, learn how to conduct an ergonomic worksite analysis, and more. Attendees will be able to identify steps to implement a successful ergonomics program at their workplace. *Earn your Advanced Safety Certificate by taking this and other ASC courses.*

### Distance Learning

**Virtual Instruction - 8am - 5pm - April 22**

## Excavator Trainer Upgrade

**Course Length: 8 hours**

**NDSC Member/Non-Member: \$715**

This course is exclusively for IVES Certified Trainers who wish to acquire the technical knowledge needed to train operators on mini/compact excavators. This is a fast-paced program that will get you ready to train your excavator operators.  
**Bismarck - 8am - 5pm - May 15**

## Fall Protection Awareness - Construction

**Course Length: 4 hours**

**NDSC Member: \$150 Non-Member: \$175**

An overview of the fall protection requirements for the construction industry, steel erection and equipment used to elevate personnel.  
**Fargo • 8am - 12pm - April 29**

## Fall Protection Awareness - General Industry

**Course Length: 4 hours**

**NDSC Member: \$150 Non-Member: \$175**

Falls are among the most common causes of serious work-related injuries and deaths. Knowing when fall protection is necessary, and when it's not, is important. This awareness course will help workers and employers better understand OSHA's requirements and the reasons behind them.  
**Fargo • 8am - 12pm - June 18**

## Fundamentals of Industrial Hygiene

**Course Length: 32 hours • ASC CEUs: 2.6**

**NDSC Member: \$1,560 Non-Member: \$1,750**

This course develops your understanding of industrial hygiene terminology, principles and practices by examining four key processes in an effective industrial hygiene effort -- anticipation, recognition, evaluation, and control. *Earn your Advanced Safety Certificate by taking this and other ASC courses.*  
**Fargo • 8am - 5pm - May 4-7**

## H2S Clear for Energy

**Course Length: 4 hours**

**NDSC Member: \$155 Non-Member: \$185**

This course arms workers with crucial knowledge of the dangers of H2S (the "silent killer") and the precautions, tools, and necessary actions for working around rigs, pipelines, refineries, storage tanks, tankers and terminals.  
**Minot • 8am - 12pm - June 3**  
**Minot • 1pm - 5pm - April 9**

### Distance Learning

**Virtual Instruction • 8am - 12pm - May 8, June 23**

## HAZWOPER 8-Hour Refresher

**Course Length: 8 hours**

**NDSC Member: \$225 Non-Member: \$255**

This refresher course fulfills the requirements of the HAZWOPER Standard for Construction and General Industry and includes updates on and an overview of HAZWOPER requirements with a hands-on approach. Focus will be placed on identification, evaluation and control of a hazmat scene or incident.  
**Bismarck - 8am - 5pm - June 4**  
**Dickinson - 8am - 5pm - January 20**

Register online at  
[ndsc.org/take-a-course](https://ndsc.org/take-a-course)



# WORKPLACE SAFETY COURSES

## HAZWOPER 24-Hour Hazardous

### Materials Technician Training

**Course Length: 24 hours**

**NDSC Member: \$575 Non-Member: \$650**

Hazardous materials technicians shall have received at least 24 hours of training equal to the first responder operations level, and this course curriculum meets those OSHA 1910.120 training requirements. After successful completion, participants will gain the skill set required to become a hazardous materials technician.

**Bismarck - 8am - 5pm - June 1-3**

## HAZWOPER 40-Hour Hazardous

### Materials Specialist

**Course Length: 40 hours**

**NDSC Member: \$975 Non-Member: \$1,030**

Obtain the knowledge required to become a hazardous materials specialist, including competency in the following areas: how to implement the local emergency response plan; classification, identification and verification of known and unknown materials; selection and use of proper specialized chemical PPE; hazard and risk techniques; how to perform specialized control, containment, and/or confinement operations; decontamination procedures; developing a site safety and control plan; and chemical, radiological and toxicological terminology and behavior.

**Bismarck - 8am - 5pm - May 4-8**

## Incident Investigation & Root Cause Analysis

**Course Length: 8 hours ASC CEUs: 0.65**

**NDSC Member: \$350 Non-Member: \$450**

Whether you're on the path to earning your ASC or you're trying to improve your safety program, this course is worth your time and investment. This nationally recognized course focuses on techniques for gathering complete, accurate and objective incident data, establishing root causes, reporting findings and determining corrective action.

**Bismarck - 8am - 5pm - May 18**

## Lift Truck Operator Training

**Course Length: 8 hours**

**NDSC Member: \$175 Non-Member: \$225**

Course modules include OSHA regulations; lift truck design and operating principles; inspections and maintenance; and picking up and delivering a load. *Our training supports OSHA standards but does not result in a certified forklift operator.*

**Bismarck • 8am - 5pm - April 23, May 21, June 18**

**Dickinson • 8am - 5pm - May 18**

**Fargo • 8am - 5pm - April 30, May 15, June 25**

## Lift Truck Operator, Train-the-Trainer

**Course Length: 16 hours**

**NDSC Member: \$825 Non-Member: \$975**

Meet OSHA requirements and learn how to develop and deliver complete in-house training programs, design exercises for staff evaluations, and instruct non-operators to work safely around lift trucks. Trainer kit included.

**Fargo • 8am - 5pm - April 27-2**

## Loader Group Trainer Certification

**Course Length: 4 days (32 hours)**

**NDSC Member/Non-Member: \$1,850**

This course addresses front-end, backhoe and skid steer loader in a comprehensive 5-day course. The training covers concepts common to all types of loaders including Bobcat, CAT, John Deere, Komatsu, JCB, Volvo, Kubota and TCM. Trainees will receive in-depth instruction on each type of loader, as well as extensive instruction on how to effectively train operators. *Course offered through IVES and hosted by the NDSC.*

**Bismarck - 8am - 5pm - May 11-14**

## Mobile Elevated Work Platform

### Trainer Certification

**Course Length: 24 hours**

**NDSC Member/Non-Member: \$1,495**

Learn how to train and qualify aerial boomlift and scissor lift operators during this train-the-trainer program.

**Bismarck - 8am - 5pm - June 8-10**

## MSHA New Miner Part 48 - Surface Coal

**Course Length: 24 hours**

**NDSC Member: \$375 Non-Member: \$425**

This course is required for all new and inexperienced surface coal miners. Federal law requires all miners receive basic and annual refresher training; all mine operators maintain an effective training plan; and that each new miner complete no less than 24 hours of training.

*Upon successful completion, students will receive a National Safety Council 2-year Adult CPR/AED certificate and 2-year First Aid certificate and North Dakota Safety Council Slip Simulator Training certificate and Fire Extinguisher Training certificate.*

**Bismarck • 8am - 5pm - April 13-15, May 4-6, June 8-10**

## HAVE YOU CHECKED OUT OUR PODCAST?

Catch up on past episodes  
and see what you've missed.

*Listen Now!*





# WORKPLACE SAFETY COURSES

## MSHA Refresher Part 48 - Surface Coal

**Course Length: 8 hours**

**NDSC Member: \$120 Non-Member: \$150**

This course is required for all experienced surface coal miners. Course content applies to coal mines, underground metal and non-metal mines, surface metal mines, and certain surface non-metal mines such as gold.

**Bismarck • 8am - 5pm - April 6, April 20, May 18, May 26,**

**June 1, June 15, June 29**

**Fargo • 8am - 5pm - April 9**

## ONE BASIN - One Way! Standardized Contractor Safety Orientation

**Course Length: 4 hours**

Orientations scheduled weekly in the following locations, and are subject to change:

**Bismarck: As Needed**

**Dickinson: Monday, Friday**

**Minot: Wednesday**

**Tioga: Thursday**

**Watford City: Tuesday**

Course also offered in Spanish. See website for details.

**Distance Learning: Available on a weekly basis from NDSC trainers. See ProCertX for up-to-date schedule.**

Did you know you can select your OBOW training provider? Simply look for the classes in ProCertX tagged with "NDSC"!

Register at [onebasinoneway.com](http://onebasinoneway.com)



## ONE BASIN - One Way! H2S Certification and Respiratory Protection Training

**Course Length: 4 hours**

This class meets revised ANSI/ASSE Z390.1-2017 standard in mitigating risks associated with H2S exposure industry wide. Learn what Hydrogen Sulfide is, where you can find it, properties, how it can harm, signs and symptoms of exposure, methods to detect, how to control it, and emergency procedures to follow.

Orientations scheduled weekly in the following locations, and are subject to change:

**Bismarck: As Needed, Dickinson: Monday, Friday**

**Minot: Wednesday, Tioga: Thursday, Watford City: Tuesday**

Course also offered in Spanish. See website for details.

Register at [ndsc.org/h2s-certification-and-respiratory-protection-training/](http://ndsc.org/h2s-certification-and-respiratory-protection-training/)



## OSHA 10-Hour Construction Course (ECCS)

**Course Length: 10 hours**

**NDSC Member: \$205 Non-Member: \$260**

The OSHA 10-hour Construction training program provides entry level construction workers information about their rights, employer responsibilities, and instructions to file a complaint; and how to identify, abate, avoid and prevent job related hazards on a construction site. Training emphasizes hazard identification, avoidance, control and prevention, not OSHA standards.

**Courses run 8am to 5pm day one, and 8am to 12pm day two.**

**Fargo • May 21-22**

## OSHA 10-Hour General Industry

**Course Length: 10 hours**

**NDSC Member: \$205 Non-Member: \$260**

The OSHA 10-hour training program provides entry level general industry workers information about their rights, employer responsibilities, instructions to file a complaint and how to identify, abate, avoid and prevent job related hazards on a job site. Training emphasizes hazard identification, avoidance, control and prevention, not OSHA standards.

**Courses run 8am to 5pm day one, and 8am to 12pm day two.**

**Fargo • June 11-12**

## OSHA 30-Hour Construction (ECCS)

**Course Length: 30 hours**

**NDSC Member: \$725 Non-Member: \$925**

The OSHA 30-hour Construction Training Program provides training to workers with some safety responsibility, learn to file a complaint as well as how to identify, abate, avoid, and prevent hazards on a job site. Training emphasizes hazard identification, avoidance, control, and prevention, not OSHA standards.

**Fargo • 8am - 5pm - May 26-29**

## OSHA 30-Hour General Industry

**Course Length: 30 hours**

**NDSC Member: \$725 Non-Member: \$925**

This course is a comprehensive safety program designed for anyone involved in general industry. Specifically devised for safety directors, foremen and field supervisors; the program provides complete information on OSHA compliance issues.

**Fargo • 8am - 5pm - June 2-5**

## OSHA Recordkeeping

**Course Length: 4 hours**

**NDSC Member: \$150 Non-Member: \$175**

Learn what a recordable injury is and keep non-recordables off your logs. Participants will learn how to figure incidence rates, average employment, and hours worked, as well as new recordkeeping procedures and interpretations.

**Fargo • 8am - 12pm - June 22**

## Distance Learning

**Virtual Instruction • 8am - 12pm - May 11**

Register online at [ndsc.org/take-a-course](http://ndsc.org/take-a-course)



# WORKPLACE SAFETY COURSES

## Premium Combo Trainer Certification



**Course Length: 40 hours**

**NDSC Member/Non-Member: \$2,365**

This course certifies instructors to train counterbalanced forklift, rough terrain telehandler forklift, boomlift and scissor lift operators.

**Bismarck - 8am - 5pm - April 27 - May 1**

## Principles of Occupational Safety & Health



**Course Length: 32 hours • ASC CEUs: 2.6**

**NDSC Member: \$1,560 Non-Member: \$1,750**

This program provides a solid understanding of the fundamentals of workplace safety and health and best practices for initiating and managing a safety program. You'll cover 19 key safety, health and OSHA compliance topics – all during one comprehensive course! *Pursing your Advanced Safety Certificate? POSH is required to earn your certificate!*

**Bismarck - 8am - 5pm - April 6-9**

**Minot - 8am - 5pm - June 15-18**

## Qualified Rigging & Signalperson Training

**Course Length: 8 hours**

**NDSC Member: \$295 Non-Member: \$365**

Meets the requirements for Riggers and Signalpersons to be qualified under the new rule, 29 CFR 1926, Subpart CC, this course addresses safe rigging practices and procedures, methods to calculate sling loading, ASME hand and voice signals, ASME responsibilities of signalpersons, and more.

**Bismarck • 8am - 5pm - April 22, May 28, June 8, June 25**

**Fargo • 8am - 5pm - April 6**

## Safeland USA Basic Orientation

**Course Length: 8 hours**

**NDSC Member: \$215 Non-Member: \$235**

This one-day safety orientation is accredited by SafeGulf and SafeLandUSA, and provides general safety information workers need to know before entering a company facility and while performing their assigned work duties.

**Minot • 8am - 5pm - April 7, June 2**

## Distance Learning



**Virtual Instruction • 8am - 5pm - May 5, June 22**

## Safety Inspections



**Course Length: 8 hours • ASC CEUs: 0.65**

**NDSC Member: \$350 Non-Member: \$450**

This class provides an overview of the safety and health inspection process and covers techniques to improve the process.

## Distance Learning



**Virtual Instruction - 8am - 5pm - June 15**

# NOMINATIONS NOW OPEN!

The NDSC's awards program honors member companies with outstanding safety programs, employees and instructors who make safety a top priority, and those who have gone above and beyond to improve safety in their workplaces and the communities they serve.

- Community Advancement Award
- Emerging Safety Champion Award
- Milestone Award
- Safe Driver Award
- Safety Improvement Award
- Safety Management Excellence Award
- Star Driver Award
- Outstanding Safety Instructor
- Workplace Safety Merit Award

**The deadline to apply is Sunday, March 22**

Make your nominations now at  
**[ndsc.org/awards](https://ndsc.org/awards)**

**NDSC**  
NORTH DAKOTA SAFETY COUNCIL  
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# ARE YOU NEW TO SAFETY?



We have classes tailored just for you!

If you're new to a safety role, or safety just landed on your desk...you're not alone. That's exactly why the North Dakota Safety Council created a clear, supportive starting point for new safety professionals.

## Your Safety Journey Starts Here

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### New Safety Professional 101

Safety basics, responsibilities, and where to start

### New Safety Professional 102

Hazard recognition, compliance fundamentals, documentation and building programs

### New Safety Professional 103

OSHA recordkeeping basics, engaging employees, and strengthening culture

## Essential Compliance Courses You'll Use Every Day

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### OSHA Recordkeeping

Understand OSHA 300, 300A, and 301 with confidence

### POSH

#### (Principles of Occupational Safety & Health)

A broad, practical introduction to workplace safety

### DOT Compliance

Navigate DOT rules, driver qualifications, and regulatory requirements

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## Guidance From Experts - Not Just Classes

Training is only part of the equation. What sets NDSC apart is access to real safety experts who understand your industries, your regulations, and your challenges.

## Why NDSC?

For decades, NDSC has helped businesses and communities. Safety isn't about knowing everything. It's about knowing where to start and who to trust.

Learn more about our New Safety Professional program and register for a course

[ndsc.org/new-to-safety](https://ndsc.org/new-to-safety)

**ND+SC**  
NORTH DAKOTA SAFETY COUNCIL  
A private non-profit.



# COMMUNITY SAFETY COURSES

## Reasonable Suspicion for Supervisors

**Course Length: 4 hours**

**NDSC Member: \$175 Non-Member: \$225**

Learn what to look for and actions to take if someone seems unfit for duty, and how to perform reasonable suspicion/cause testing. *Course meets US DOT training requirements.*

## In-Person

**Bismarck • 1pm - 5pm - May 18**

**Fargo • 1pm - 5pm - April 7**

## Distance Learning



**NDSC Member: \$225 Non-Member: \$275**

**8am - 12pm - June 16**

## The **CONFIDENCE** to **PROTECT YOURSELF**

### **Personal Violence Prevention**

Learn techniques to escape an attacker. The instructor will arm attendees with the knowledge to recognize, avoid and handle stalkers and predators. You will also learn tips for keeping children and other family members safe. Then, attendees will receive 2 hours of hands-on training where you will learn techniques to escape an attacker. These escape tactics are simple and can be easily used by people of any size or strength, making it the perfect substitute for your traditional self-defense course.



**Learn more about the course**

To learn more or schedule private training, contact our Community Safety Manager at **701-751-6105** or [kathyz@ndsc.org](mailto:kathyz@ndsc.org)



## **REGISTRATION**

Register at [ndsc.org/take-a-course](https://ndsc.org/take-a-course) or call (800) 932-8890. Watch for an email confirmation with your course location.

## **NDSC TRAINING LOCATIONS**

20+ locations across the state. Go to [ndsc.org/take-a-course/training-locations](https://ndsc.org/take-a-course/training-locations) for course locations and addresses.

**NDSC is dedicated to**

**PREVENTING INJURIES  
and SAVING LIVES.**

**Register online at**

**[ndsc.org/take-a-course](https://ndsc.org/take-a-course)**

## **PAYMENT, TRAINING AND CANCELLATION POLICY**

Pre-registration and pre-payment is required for NDSC trainings. If you are unable to attend a training course, you must cancel at least three business days before the course for a full refund. Late registrations or no-shows are non-refundable. NDSC reserves the right to cancel any class not meeting the minimum attendance requirements. See complete policy at [ndsc.org](https://ndsc.org). For the One Basin, One Way cancellation policy, visit [onebasinoneway.com](https://onebasinoneway.com).

# Meet the NDSC TRAINING TEAM



**Don Moseman**

Don is the NDSC's Training Director. His experience in the U.S. Air Force and Colorado State Patrol positions him as a high-level trainer and on-staff expert for our violence prevention, traffic safety, and supervisor-level safety programs.



**Dennis Snodgrass**

Dennis has extensive experience in the safety and oil industry. He has served as a manager/director for a number of safety companies where he provided training, policy creation, incident investigation, safety audits and much more.



**Andrea Jensen**

Andrea has over 15 years' experience in safety in the transportation, manufacturing and construction industries, and has an MS in Occupational Health and Safety and an MBA from American Military University.



**Kacy Kirby**

Kacy has worked primarily as a safety specialist and manager in the manufacturing industry. During his time in safety, he has been certified to teach PEC Safeland, First Aid/CPR, Reasonable Suspicion, Forklift, as well as others.



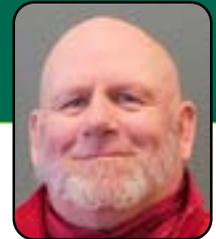
**Tim Hall**

Tim has almost 30 years of experience working in the mining industry. He has done extensive work in engineering, environmental, training, safety, maintenance, and production. Tim is a certified MSHA instructor and surface coal foreman.



**Stacey Fick**

Stacey has been in safety training since 2013. She has taught many classes including OSHA 10&30, Safeland, Core Compliance, FA/CPR/AED, LOTO and Confined Space. She uses innovative training methods and instills a culture of continuous improvement.



**Jesse Johnson**

Jesse has spent the last 25 years working as a Safety Coordinator and consultant in the oil and gas industry. He has done pipelining all over the US, and worked for Roustabout and other service companies in the oil and gas industry.

## PART-TIME TRAINERS



**Greg Dehne**



**Steven Mayer**



**John Woutat**



**Aglae L. Young**

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