

NORTH DAKOTA SAFETY COUNCIL TRAINING CALENDAR

April • May • June 2024

Your safety training experts

MENTAL HEALTH FIRST AID

Learn how to identify, understand and respond to signs and symptoms of a mental health or substance use challenge.



Find a full list of all our courses and additional course details at

ndsc.org/take-a-course



Distance Learning
Available



Available in
Spanish



Includes Hands-On
Training



Advanced Safety
Certificate



IVES Instructed
course



**FIRST
AID**

FIRST AID/CPR COURSES

CPR/First Aid, Train-the-Trainer

Course Length: 16 hours

NDSC Member: \$595 Non-Member: \$695

Certify your employees to teach the only nationally-recognized CPR/AED/First Aid curriculum that meets all OSHA first aid requirements. *Please call (800) 932-8890 to register or learn how to customize your training.*

Bismarck - 8am - 5pm - April 23-24, June 25-26

Dickinson - 8am - 5pm - May 13-14

Fargo - 8am - 5pm - April 16-17, June 18-19

Minot - 8am - 5pm - May 20-21

CPR/AED, Adult



Course Length: Approximately 2.5 hours

NDSC Member: \$55 Non-Member: \$60

Course meets OSHA First Aid Standard 29 CFR 1910.151, and prepares students to take action in a medical emergency. Participants learn to use an automated external defibrillator (AED) in conjunction with CPR. *Upon completion, receive a 2-year Adult CPR/AED certificate. Spanish courses available upon request.*

Bismarck - 8am - 10:30am - May 11

Bismarck - 12pm - 2:30pm - May 13

Dickinson - 8am - 10:30am - June 3

Williston - 12pm - 2:30pm - May 15

CPR/AED, Adult - Spanish



Course Length: Approximately 2.5 hours

NDSC Member: \$55 Non-Member: \$60

Course meets OSHA First Aid Standard 29 CFR 1910.151, and prepares students to take action in a medical emergency. Participants learn to use an automated external defibrillator (AED) in conjunction with CPR. *Upon completion, receive a 2-year Adult CPR/AED certificate. Spanish courses available upon request.*

Bismarck - 8am - 10:30am - April 22, June 13

Dickinson - 8am - 10:30am - May 6

Fargo - 8am - 10:30am - April 18

CPR/AED/First Aid, Adult



Course Length: Approximately 5 hours

NDSC Member: \$90 Non-Member: \$95

Course meets OSHA First Aid Standard 29 CFR 1910.151, and prepares students to take action in a medical emergency. Participants learn to use an AED in conjunction with CPR. First Aid instruction scenarios include bleeding, burns, poisoning, sudden illness and bone injuries. *Upon completion, receive a 2-year Adult CPR/AED certificate and a 2-year First Aid certificate. Spanish courses available upon request.*

Bismarck - 8am - 1pm - April 23, May 11, June 25

Bismarck - 12pm - 5pm - May 13

Dickinson - 8am - 1pm - May 13, June 3

Fargo - 8am - 1pm - April 16, June 18

Jamestown - 12pm - 5pm - March 27

Minot - 8am - 1pm - April 9, May 20

Williston - 12pm - 5pm - May 15

CPR/AED/First Aid, Adult - Spanish



Course Length: Approximately 5 hours

NDSC Member: \$90 Non-Member: \$95

Course meets OSHA First Aid Standard 29 CFR 1910.151, and prepares students to take action in a medical emergency. Participants learn to use an AED in conjunction with CPR. First Aid instruction scenarios include bleeding, burns, poisoning, sudden illness and bone injuries. *Upon completion, receive a 2-year Adult CPR/AED certificate and a 2-year First Aid certificate. Spanish courses available upon request.*

Bismarck - 8am - 1pm - April 22, June 13

Dickinson - 8am - 1pm - May 6

Fargo - 8am - 1pm - April 18

Fargo - 12pm - 5pm - February 13, March 5

IDENTIFY.

UNDERSTAND.

RESPOND.

Mental Health First Aid

Course Length: 7.5 hours

NDSC Member: \$175 Non-Member: \$195

Mental Health First Aid (MHFA) is skills-based training that teaches people how to identify, understand and respond to signs and symptoms of a mental health or substance use challenge. Similar to physical First Aid and CPR, MHFA helps you assist someone experiencing a mental health or substance use crisis until professional assistance is obtained or the crisis is resolved.

Bismarck - 8am - 5pm - April 11, May 31, June 18

Fargo - 8am - 5pm - April 4, April 18, May 9, May 30, June 13, June 25

Minot - 8am - 5pm - May 2, June 12

FEATURED COURSE



DRIVER SAFETY COURSES

Driving courses qualify for insurance discounts & point reduction!

Defensive Driving Course - Alive at 25

Course Length: 4.5 hours

Course Fee: \$60 Court/DOT Required: \$85

Alive at 25 focuses on behavior, judgment, decision making and consequences, and provides tools to help young drivers make positive choices.

See ndsc.org as additional dates and locations get added

Distance Learning

NDSC Member/Non Member: \$80

Court/DOT Required: \$95

Virtual Instruction - 5pm - 9:30pm - April 14, June 16

Defensive Driving Course - Attitudinal

Dynamics of Driving

Course Length: 8 hours

NDSC Member: \$125 Non-Member: \$150

Court/DOT Required: \$175

For drivers who have received multiple violations or been involved in traffic collisions. DDC ADD is designed to help participants make a connection between their attitude and their ability to make good decisions.

Bismarck - 8am - 5pm - May 9

Stanley - 8am - 5pm - April 30

See ndsc.org as additional dates and locations get added

Distance Learning

NDSC Member: \$135 Non-Member: \$160

Court/DOT Required: \$185

Virtual Instruction - 8am - 5pm - April 11, May 16

Course also qualifies for WSI's Safe Driver program.

Defensive Driving Course - Basic

Course Length: 4 hours

NDSC Member: \$60 Non-Member: \$65

Court/DOT Required: \$85 Seniors: \$45 (55+)

Additional Family Members: \$40

DDC delivers the highest level of research-driven content, defensive driving strategies, hazard recognition and learner retention exercises.

Bismarck - 6pm - 10pm - May 14

Fargo - 6pm - 10pm - May 7

Grand Forks - 8am - 12pm - June 8

Minot - 6pm - 10pm - April 18, June 20

See ndsc.org as additional dates and locations get added

Distance Learning

NDSC Member: \$75 Non-Member: \$80

Court/DOT Required: \$95 • Seniors \$65 • Addl. Family \$50

Virtual Instruction - 6pm - 10pm - April 15, June 10

See ndsc.org as additional dates and locations get added

DOT Compliance

Course Length: 4 hours

NDSC Member: \$220 Non-Member: \$255

Recently updated, this program provides a detailed overview of the CSA system and FMCSA regulations, and critical training for carrier or fleet safety management.

Bismarck - 8am - 12pm - May 7

Traffic Control For Supervisors

Course Length: 16 hours

NDSC Member: \$495 Non-Member: \$550

Workers who have a need for ANY type of traffic control can benefit from this training. Participants will gain in-depth knowledge of the entire process, including temporary work zones, planning work zones, traffic patterns, and pedestrian patterns. Course attendees will participate in tabletop design activities.

Bismarck - 8am - 5pm - April 16-17, June 18-19

Fargo - 8am - 5pm - May 7-8

Minot - 8am - 5pm - May 21-22



NOW AVAILABLE IN SPANISH!

Your best defense is a Defensive Driving Course.

Learn tips and techniques that will help you avoid crashes, fines and even death.
Plus DDC online is approved for an
INSURANCE DISCOUNT & POINT REDUCTION.

And now you can take DDC online in Spanish Language!

REGISTER NOW





WORKPLACE SAFETY COURSES

2-Day Express Standard Forklift Trainer

Certification  

Course Length: 16 hours

NDSC Member: \$1095 Non-Member: \$1095

Learn how to train and certify standard forklift operators in our fast paced, 2-Day Express Standard Forklift Trainer Certification Program. We will teach your trainer everything they need to know about electric and engine-powered standard (standard warehouse style) forklifts and how to effectively train your operators.

Bismarck – 8am - 5pm – June 3-4

Certified Occupational Safety Specialist (COSS)

Course Length: 40 hours

NDSC Member: \$1,799 Non-Member: \$2,299

This is a nationally recognized program designed to build a solid foundation in both General Industry and Construction knowledge. Its main objective is to equip those with safety and health responsibilities with the core competencies they must master to be successful in OS&H.

Bismarck - 8am - 5pm - March 29-April 2

Distance Learning 

Virtual Instruction - 8am - 5pm - April 8-12, April 22-26, May 20-24, June 3-7, June 17-21

ECSS 8-Hour Refresher

Course Length: 8 hours

NDSC Member: \$185 Non-Member: \$235

Prerequisites required. Course teaches recognition, avoidance, abatement and prevention of safety and health hazards in workplaces, covering fall protection, personal protective equipment, electrical safety and hazard communication. *Private courses may be customized to fit your needs.*

Bismarck – 8am - 5pm – April 4, May 8, June 10

Effective Safety Management Practices I

Course Length: 2 days

NDSC Member: \$875 Non-Member: \$1,035

Designed for safety leaders, this course addresses safety management systems, the roles and responsibilities of safety professionals, leading safety management processes, safety performance measures and more.

Bismarck – 8am - 5pm – June 10-11

Distance Learning 

Virtual Instruction - 8am - 5pm - May 6-7

Effective Safety Management Practices II

Course Length: 2 days

NDSC Member: \$875 Non-Member: \$1,035

This course provides the advanced knowledge required to implement a successful safety management system. It covers human and organizational performance, serious injury and fatality prevention, risk assessments, safety observation programs and more.

Bismarck – 8am - 5pm – June 17-18

Distance Learning 

Virtual Instruction - 8am - 5pm - May 20-21

Ergonomics, Managing for Results

Course Length: 8 hours • ASC CEUs: 0.65

NDSC Member: \$325 Non-Member: \$425

Learn the basic concepts relating to ergonomics in the workplace, gain skills to recognize ergonomic risk factors, learn how to conduct an ergonomic worksite analysis, and more. Attendees will be able to identify steps to implement a successful ergonomics program at their workplace. *Earn your Advanced Safety Certificate by taking this and other ASC courses.*

Bismarck – 8am - 5pm – April 30

Excavator Trainer Upgrade

Course Length: 8 hours

NDSC Member: \$695 Non-Member: \$695

This course is exclusively for IVES Certified Trainers who wish to acquire the technical knowledge needed to train operators on mini/compact excavators. This is a fast-paced program that will get you ready to train your excavator operators.

Bismarck – 8am - 5pm – May 3

Fall Protection Awareness - Construction

Course Length: 4 hours

NDSC Member: \$150 Non-Member: \$175

An overview of the fall protection requirements for the construction industry, steel erection and equipment used to elevate personnel.

Dickinson – 1pm - 5pm – May 8

Fargo - 1pm - 5pm - May 29

HAVE YOU CHECKED OUT OUR PODCAST?

Catch up on past episodes
and see what you've missed.

Listen Now!





WORKPLACE SAFETY COURSES

Fall Protection Awareness - General Industry

Course Length: 4 hours

NDSC Member: \$150 Non-Member: \$175

Falls are among the most common causes of serious work-related injuries and deaths. Knowing when fall protection is necessary, and when it's not, is important. This awareness course will help workers and employers better understand OSHA's requirements and the reasons behind them.

Bismarck - 8am - 12pm - May 7

Fargo - 1pm - 5pm - May 8

Fundamentals of Industrial Hygiene



Course Length: 32 hours • ASC CEUs: 2.6

NDSC Member: \$1,560 Non-Member: \$1,750

This course develops your understanding of industrial hygiene terminology, principles and practices by examining four key processes in an effective industrial hygiene effort -- anticipation, recognition, evaluation, and control. *Earn your Advanced Safety Certificate by taking this and other ASC courses.*

Bismarck - 8am - 5pm - April 15-18

H2S Clear for Energy

Course Length: 4 hours

NDSC Member: \$155 Non-Member: \$185

This course arms workers with crucial knowledge of the dangers of H2S (the "silent killer") and the precautions, tools, and necessary actions for working around rigs, pipelines, refineries, storage tanks, tankers and terminals.

Dickinson - 8am - 12pm - April 10, May 1, June 12

Minot - 8am - 12pm - April 2, April 16, May 1, May 15, June 11, June 25

Distance Learning



Virtual Instruction - 8am - 12pm - April 8, May 20, June 10

HAZWOPER 8-Hour Refresher



Course Length: 8 hours

NDSC Member: \$225 Non-Member: \$255

This refresher course fulfills the requirements of the HAZWOPER Standard for Construction and General Industry and includes updates on and an overview of HAZWOPER requirements with a hands-on approach. Focus will be placed on identification, evaluation and control of a hazmat scene or incident.

Bismarck - 8am - 5pm - April 15, June 6

HAZWOPER 24-Hour Hazardous



Materials Technician Training

Course Length: 24 hours

NDSC Member: \$575 Non-Member: \$650

Hazardous materials technicians shall have received at least 24 hours of training equal to the first responder operations level, and this course curriculum meets those OSHA 1910.120 training requirements. After successful completion, participants will gain the skill set required to become a hazardous materials technician.

Bismarck - 8am - 5pm - May 13-15

Incident Investigation & Root Cause Analysis



Course Length: 8 hours ASC CEUs: 0.65

NDSC Member: \$350 Non-Member: \$450

Whether you're on the path to earning your ASC or you're trying to improve your safety program, this course is worth your time and investment. This nationally recognized course focuses on techniques for gathering complete, accurate and objective incident data, establishing root causes, reporting findings and determining corrective action.

Bismarck - 8am - 5pm - May 30

Job Safety Analysis



Course Length: 8 hours ASC CEUs: 0.65

NDSC Member: \$350 Non-Member: \$450

Learn to develop and manage a JSA program and gain a better understanding of your role in making it effective. You'll learn how to dissect processes in your operation; eliminate or reduce hazards and how to enlist participation from frontline employees, supervisors and upper management.

Distance Learning



Virtual Instruction - 8am - 5pm - April 15

Lift Truck Operator Training

Course Length: 8 hours

NDSC Member: \$175 Non-Member: \$225

Course modules include OSHA regulations; lift truck design and operating principles; inspections and maintenance; and picking up and delivering a load. *Our training supports OSHA standards but does not result in a certified forklift operator.*

Bismarck - 8am - 5pm - April 22, May 29, June 24

Dickinson - 8am - 5pm - April 22, June 24

Fargo - 8am - 5pm - April 9, May 14, June 11

Lift Truck Operator, Train-the-Trainer

Course Length: 16 hours

NDSC Member: \$825 Non-Member: \$975

Meet OSHA requirements and learn how to develop and deliver complete in-house training programs, design exercises for staff evaluations, and instruct non-operators to work safely around lift trucks. Trainer kit included.

Bismarck - 8am - 5pm - April 22-23, May 29-30, June 24-25

Dickinson - 8am - 5pm - April 22-23, June 24-25

Fargo - 8am - 5pm - April 9-10, May 14-15, June 11-12

Loader Group Trainer Certification



Course Length: 4 days (32 hours)

NDSC Member: \$1,795 Non-Member: \$1,795

This course addresses front-end, backhoe and skid steer loader in a comprehensive 5-day course. The training covers concepts common to all types of loaders including Bobcat, CAT, John Deere, Komatsu, JCB, Volvo, Kubota and TCM. Trainees will receive in-depth instruction on each type of loader, as well as extensive instruction on how to effectively train operators. *Course offered through IVES and hosted by the NDSC.*

Bismarck - 8am - 5pm - April 29-May 2



WORKPLACE SAFETY COURSES

Mobile Elevated Work Platform

Trainer Certification

Course Length: 24 hours

NDSC Member/Non-Member: \$1,495

Learn how to train and qualify aerial boom lift and scissor lift operators during this train-the-trainer program.

Bismarck - 7:30am - 4:30pm - June 5-7

MSHA New Miner 46 (Nonmetal) & 48 (Coal/Nonmetal & Construction)

Course Length: 24 hours

NDSC Member: \$325 Non-Member: \$375

Attendees need to have their company provide their training plan to the NDSC. See ndsc.org for requirements. This course is required for all new and inexperienced sand and gravel and surface coal miners. Content covers the aggregate industry, including granite, sand, gravel, lime, and cement operations. Federal law requires all miners receive basic and annual refresher training; all mine operators maintain an effective training plan; and that each new miner must complete no less than 24 hours of training. *Students earn NSC CPR & First Aid Certification!*

Bismarck - 8am - 5pm - April 15-17, May 15-17, June 17-19

MSHA Refresher New Miner 46 (Nonmetal) & 48 (Coal/Nonmetal & Construction)

Course Length: 8 hours

NDSC Member: \$120 Non-Member: \$150

Attendees need to have their company provide their training plan to the NDSC and provide proof of completing a New Miner course. See ndsc.org for requirements. This course is required for all experienced sand and gravel miners and surface coal miners. This course covers underground metal and non-metal mines, surface metal mines, and certain non-metal mines such as gold. It also includes the aggregate industry. Federal law requires all miners receive basic and annual refresher training; all mine operators maintain an effective training plan; and that each miner must have no less than 8 hours of annual refresher training.

Bismarck - 8am - 5pm - April 2, April 8, April 22, May 6, May 27, June 10, June 24

ONE BASIN - One Way! Standardized Contractor Safety Orientation

Course Length: 4 hours

Orientations scheduled weekly in the following locations, and are subject to change:

Bismarck: As Needed

Dickinson: Monday, Friday

Minot: Wednesday

Tioga: Thursday

Watford City: Tuesday

Course also offered in Spanish. See website for details.

Distance Learning: Available on a weekly basis from NDSC trainers. See ProCertX for up-to-date schedule.

Did you know you can select your OBOW training provider? Simply look for the classes in ProCertX tagged with "NDSC"!

Register at onebasinoneway.com



ONE BASIN - One Way! H2S Certification and Respiratory Protection Training

Course Length: 4 hours

This class meets revised ANSI/ASSE Z390.1-2017 standard in mitigating risks associated with H2S exposure industry wide. Learn what Hydrogen Sulfide is, where you can find it, properties, how it can harm, signs and symptoms of exposure, methods to detect, how to control it, and emergency procedures to follow.

Orientations scheduled weekly in the following locations, and are subject to change:

Bismarck: As Needed, Dickinson: Monday, Friday

Minot: Wednesday, Tioga: Thursday, Watford City: Tuesday

Course also offered in Spanish. See website for details.

Register at ndsc.org/h2s-certification-and-respiratory-protection-training/



OSHA 10-Hour Construction Course (ECCS)

Course Length: 10 hours

NDSC Member: \$205 Non-Member: \$260

The OSHA 10-hour Construction training program provides entry level construction workers information about their rights, employer responsibilities, and instructions to file a complaint; and how to identify, abate, avoid and prevent job related hazards on a construction site. Training emphasizes hazard identification, avoidance, control and prevention, not OSHA standards.

Courses run 8am to 5pm day one, and 8am to 12pm day two.

Bismarck - May 28-29

Dickinson - April 3-4, June 5-6

**We are
SOCIAL!**

Connect with us on Facebook,
LinkedIn and YouTube!





WORKPLACE SAFETY COURSES

OSHA 10-Hour General Industry

Course Length: 10 hours

NDSC Member: \$205 Non-Member: \$260

The OSHA 10-hour training program provides entry level general industry workers information about their rights, employer responsibilities, instructions to file a complaint and how to identify, abate, avoid and prevent job related hazards on a job site. Training emphasizes hazard identification, avoidance, control and prevention, not OSHA standards.

Courses run 8am to 5pm day one, and 8am to 12pm day two.

Bismarck - May 30-31

Dickinson - April 17-18, June 19-20

OSHA 10-Hour General Industry - Spanish

Course Length: 10 hours

NDSC Member: \$205 Non-Member: \$260

The OSHA 10-hour training program provides entry level general industry workers information about their rights, employer responsibilities, instructions to file a complaint and how to identify, abate, avoid and prevent job related hazards on a job site. Training emphasizes hazard identification, avoidance, control and prevention, not OSHA standards.

Courses run 8am to 5pm day one, and 8am to 12pm day two.

Dickinson - April 29-30

OSHA 30-Hour Construction (ECCS)

Course Length: 30 hours

NDSC Member: \$725 Non-Member: \$925

The OSHA 30-hour Construction Training Program provides training to workers with some safety responsibility, learn to file a complaint as well as how to identify, abate, avoid, and prevent hazards on a job site. Training emphasizes hazard identification, avoidance, control, and prevention, not OSHA standards.

Bismarck - 8am - 5pm - April 9-12

OSHA 30-Hour General Industry

Course Length: 30 hours

NDSC Member: \$725 Non-Member: \$925

This course is a comprehensive safety program designed for anyone involved in general industry. Specifically devised for safety directors, foremen and field supervisors; the program provides complete information on OSHA compliance issues.

Bismarck - 8am - 5pm - April 2-5

OSHA 500 Trainer Course in OSHA Standards for Construction

Course Length: 32 hours

NDSC Member: \$795 Non-Member: \$795

See prerequisites at [ndsc.org/osha-occupational-safety](https://www.ndsc.org/osha-occupational-safety). Students who successfully complete this course will be able to conduct both 10-hour and 30-hour construction courses and issue cards to participants verifying course completion. Using OSHA standards as a guide, course participants are briefed on effective instructional approaches and effective use of visual aids and handouts. 2.6 CEUs; 4.0 CMs.

Bismarck - 8am - 5pm - June 24-27

OSHA 501 Trainer Course in OSHA Standards for General Industry

Course Length: 32 hours

NDSC Member: \$795 Non-Member: \$795

Prerequisites required. Go to www.ndsc.org to view. This course allows students to become a trainer in the Outreach Program, conduct 10- and 30-hour general industry courses, and issue cards to participants. Special emphasis is placed on topics required in the 10- and 30-hour programs as well as on those that are most hazardous, using OSHA standards as a guide. Effective instruction techniques and use of visual aids will also be covered. 2.6 CEUs; 4.0 CMs.

Bismarck - 8am - 5pm - June 3-6

OSHA 502 Update for Construction Industry Outreach Trainers

Course Length: 18 hours

NDSC Member: \$705 Non-Member: \$705

Designed for personnel in the private sector who have completed the OSHA 500 Trainer Course and are active trainers in the outreach program. It provides an update on OSHA construction standards, policies, and regulations. Outreach trainers are required to attend this course every four years to maintain trainer status. 1.8 CEUs; 3.0 CMs.

Bismarck - 8am - 5pm - May 1-3

OSHA 511 Occupational Safety & Health Standards for General Industry

Course Length: 32 hours

NDSC Member: \$795 Non-Member: \$795

This course covers OSHA policies, procedures and standards, as well as general industry safety and health principles. Topics include scope and application of OSHA general industry standards with special emphasis on those areas most hazardous, using OSHA standards as a guide. 2.6 CEUs. Course is a prerequisite to the OSHA 501.

Bismarck - 8am - 5pm - April 8-11

OSHA Recordkeeping

Course Length: 4 hours

NDSC Member: \$150 Non-Member: \$175

Learn what a recordable injury is and keep non-recordables off your logs. Participants will learn how to figure incidence rates, average employment, and hours worked, as well as new recordkeeping procedures and interpretations.

Bismarck - 8am - 12pm - April 9, June 11

Fargo - 8am - 12pm - June 24

Distance Learning

Virtual Instruction - 8am - 12pm - April 15, June 18

Register online at
[ndsc.org/take-a-course](https://www.ndsc.org/take-a-course)



WORKPLACE SAFETY COURSES

Principles of Occupational Safety & Health



Course Length: 32 hours • ASC CEUs: 2.6
NDSC Member: \$1,560 Non-Member: \$1,750

This program provides a solid understanding of the fundamentals of workplace safety and health and best practices for initiating and managing a safety program. You'll cover 19 key safety, health and OSHA compliance topics – all during one comprehensive course! *Pursing your Advanced Safety Certificate? POSH is required to earn your certificate!*

Bismarck - 8am - 5pm - May 13-16

Qualified Rigging & Signalperson Training

Course Length: 8 hours
NDSC Member: \$295 Non-Member: \$365

Meets the requirements for Riggers and Signalpersons to be qualified under the new rule, 29 CFR 1926, Subpart CC, this course addresses safe rigging practices and procedures, methods to calculate sling loading, ASME hand and voice signals, ASME responsibilities of signalpersons, and more.

Bismarck - 8am - 5pm - April 24, May 22, June 19

Dickinson - 8am - 5pm - May 15

Safeland USA Basic Orientation

Course Length: 8 hours
NDSC Member: \$215 Non-Member: \$235

This one-day safety orientation is accredited by SafeGulf and SafeLandUSA, and provides general safety information workers need to know before entering a company facility and while performing their assigned work duties.

Bismarck - 8am - 5pm - April 16, May 21, June 18

Dickinson - 8am - 5pm - April 24, May 29, June 26

Minot - 8am - 5pm - April 10, May 16, June 13

Distance Learning



Virtual Instruction - 8am - 5pm - April 17, May 22, June 5

Safety Inspections



Course Length: 8 hours • ASC CEUs: 0.65
NDSC Member: \$350 Non-Member: \$450

This class provides an overview of the safety and health inspection process and covers techniques to improve the process.

Distance Learning



Virtual Instruction - 8am - 5pm - June 13

Safety Management Techniques



Course Length: 32 hours • ASC CEUs: 2.6
NDSC Member: \$1,560 Non-Member: \$1,750

Learn fundamental principles of safety management as well as how to: identify leadership strategies that contribute to success as a manager; recognize strategies and steps to create organizational and individual change; prepare a successful safety management audit; establish a business case for a safety management system, and more!

Bismarck - 8am - 5pm - January 8-11

Team Safety



Course Length: 8 hours • ASC CEUs: 0.65
NDSC Member: \$350 Non-Member: \$450

Learn how to build an effective safety team, or get the most from an established team. Topics covered include: team safety concepts and techniques; how to plan for and create an effective safety team and how to identify training and development needs of team members. *Earn your Advanced Safety Certificate by taking this and other ASC courses.*

Bismarck - 8am - 5pm - June 19

Distance Learning



NDSC Member: \$350 Non-Member: \$450
8am - 5pm - April 4

COME PLAY IN THE DIRT!

Real world hands-on training in our dirt arena, or at your site.

With NDSC equipment training, each and every operator will be evaluated by highly skilled trainers, and you'll learn all about the speed, power, maneuverability and techniques to operate equipment safely and effectively on a work site.





COMMUNITY SAFETY COURSES

Reasonable Suspicion for Supervisors

Course Length: 4 hours

NDSC Member: \$125 Non-Member: \$150

Learn what to look for and actions to take if someone seems unfit for duty, and how to perform reasonable suspicion/cause testing. *Course meets US DOT training requirements.*

In-Person

Bismarck - 1pm - 5pm - May 7

Distance Learning



NDSC Member: \$150 Non-Member: \$175
8am - 12pm - June 4

DE-ESCALATION *Training*

Some professions require people to come in contact with people in stressful situations. De-Escalation Training is a method to prevent potential violence. Individuals are shown how to use purposeful actions, verbal communications, and body language to calm a potentially dangerous situation. Your safety and the safety of others is the highest priority. Attendees will learn both verbal and non-verbal clues and techniques to reduce the risk of violence.

To learn more or schedule private training, contact our Community Safety Manager at
701-751-6105
or kathyz@ndsc.org

REGISTRATION

Register at ndsc.org/take-a-course or call (800) 932-8890. Watch for an email confirmation with your course location.

NDSC TRAINING LOCATIONS

20+ locations across the state. Go to ndsc.org/take-a-course/training-locations for course locations and addresses.

NDSC is dedicated to

**PREVENTING INJURIES
and SAVING LIVES.**

Register online at

ndsc.org/take-a-course

PAYMENT, TRAINING AND CANCELLATION POLICY

Pre-registration and pre-payment is required for NDSC trainings. If you are unable to attend a training course, you must cancel at least three business days before the course for a full refund. Late registrations or no-shows are non-refundable. NDSC reserves the right to cancel any class not meeting the minimum attendance requirements. See complete policy at ndsc.org. For the One Basin, One Way cancellation policy, visit onebasinoneway.com.



NOMINATIONS NOW OPEN!

The NDSC's awards program honors member companies with outstanding safety programs, employees and instructors who make safety a top priority, and those who have gone above and beyond to improve safety in their workplaces and the communities they serve.

Choose from the following categories:

- Community Advancement Award
- Emerging Safety Champion Award
- Lifesaver Award
- Milestone Award
- Safe Driver Award
- Safety Improvement Award
- Safety Management Excellence Award
- Star Driver Award
- Outstanding Safety Instructor
- Workplace Safety Merit Award

The deadline to apply is Friday, March 22

**MAKE YOUR
NOMINATIONS NOW!**

ND+SC
NORTH DAKOTA SAFETY COUNCIL®
A private non-profit.

NDSC SAFETY SERVICES

Complement the region's best safety training with our lineup of safety services. NDSC has the latest technology and a team of highly qualified safety consultants who understand what you need to accomplish your company's safety goals and standards.



AIR SAMPLING

NDSC offers air quality sampling as part of our Industrial Hygiene Services. The NDSC deploys the latest technology of air pumps to sample and analyze your workplace. Sampling for air contaminants includes; gasses, dust, vapors, fumes and molds. These chemical and biological hazards can have a major impact on your team and their safety. The NDSC provides the equipment, data analysis and a written assessment report.



NOISE ASSESSMENT

The CDC estimates 22 million workers are exposed to damaging noise each year. We offer noise assessments using state-of-the-art sound level meters and dosimeters. An occupational noise assessment includes a consultation and a written assessment report. OSHA requires employers to prove the existence and non-existence of physical and chemical hazards in the workplace, the NDSC can help you identify concerning exposure, and make a plan to be in compliance with OSHA's Noise Standard.



MOCK OSHA INSPECTION

NDSC Safety Consultant John Young has more than 20 years of experience working in OSHA and can help you prepare for the potential of OSHA showing up on your doorstep. Young will help to evaluate the hazards in your workplace and will provide OJT training as he conducts a Mock OSHA Audit on what your company may expect during an inspection.



FIT TESTING

Proper fit testing makes the difference between safe and at-risk exposure. We can fit your team fast and get them back on the job safely. NDSC's fit testing can be combined with other training and make your OSHA annual requirement more efficient. The NDSC is offering quantitative testing that measures the amount of face seal leakage, which eliminates the risk and uncertainty when it comes to your team's safety.

We also offer custom safety plans, consulting, AED checkups and more.

Schedule yours or see more at

ndsc.org/safety-services

NDSC
NORTH DAKOTA SAFETY COUNCIL
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Meet the NDSC TRAINING TEAM



Michael Adams

Michael is an industrial O&G professional with training credentials varying from ONE BASIN-One Way, trenching and silica, to First Aid/CPR and Defensive Driving.



Erika Erb

Erika has 17 years of combined general industry and construction field experience. She has created safety programs and policies, developed and implemented safety committees, managed work comp and return-to-work programs, and much more.



Rick Halldorson

Rick's 28 years of industrial work experience positions him to train on topics ranging from OSHA 500's to Industrial Rail Yard Safety.



Andy Heidrich

Andy has been working in the construction/trucking/mining industry since 2002, including working as a heavy equipment operator, certified propane technician, and a trucking foreman.



Peter Juarez

Peter is a bilingual instructor with ten years of experience in the oil and gas industry. From spill response to safety management, Peter uses his O&G knowledge to enhance his instruction of courses like ONE BASIN-One Way.



Don Moseman

Don is the NDSC's Training Director. His experience in the U.S. Air Force and Colorado State Patrol positions him as a high-level trainer and on-staff expert for our violence prevention, traffic safety, and supervisor-level safety programs.



Dennis Snodgrass

Dennis has extensive experience in the safety and oil industry. He has served as a manager/director for a number of safety companies where he provided training, policy creation, incident investigation, safety audits and much more.



Daniel Wells

Daniel is highly respected in the safety community, and has more than 5 years of construction and industrial safety leadership experience in multiple construction industry disciplines and oil & gas.

*Experienced and professional, NDSC trainers earn rave reviews on their **engaging style and deep knowledge.***

PART-TIME TRAINERS



Greg Dehne



Steven Mayer



Aglae L. Young



John Young

Learn more about our trainers and read student reviews at **ndsc.org**

Private training available for most courses.

Available for in-person and distance-learning training

Call 800-932-8890 or 701-223-6372 for more information.

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