

NORTH DAKOTA SAFETY COUNCIL

FIRST AID & CPR

COMMUNITY

As North Dakota's training experts, the NDSC's mission is to prevent injuries and save lives. Few things more directly impact that mission than First Aid, AED and CPR training.

**LEARN HOW
TO SAVE A LIFE**

Your colleague, your neighbor, your child...

Imagine being able to react confidently when a sudden choking, drowning or heart attack situation arises.

70%
of Americans
feel helpless to act in an
emergency.

If a bystander treats
a victim with CPR or
an AED before EMS
arrives, survival rates
**DOUBLE
or TRIPLE**

Less than
10%
of cardiac arrest victims
survive.

Trained today, ready to help tomorrow

Public CPR/First Aid courses offered regularly in Bismarck, Minot, Fargo, Grand Forks, Dickinson and Williston. Or call to schedule a private course for your business or organizations. Spanish language courses also available.



See back for our course offerings



Learn more:

ndsc.org/first-aid-cs

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NORTH DAKOTA SAFETY COUNCIL
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ADULT COURSES

Be ready when a choking, drowning, heart attack or mental health crisis occurs.

Our hands-on courses and expert trainers will make you ready to act in an emergency.

- General First Aid
- Adult CPR/AED/First Aid* (in-person or online)
- Mental Health First Aid
- Adult CPR/AED*
- Advanced First Aid, CPR/AED

**Spanish language version also available*

PEDIATRIC COURSES

Imagine if a child in your care stopped breathing. Would you know what to do?

Two of the most common causes of death in children – choking and drowning – are preventable with CPR/AED/First Aid training. The NDSC offers pediatric-focused CPR/AED/First Aid courses for childcare providers, early childhood educators, students, parents, youth organizations or anyone interested in learning how to save a child's life.

- Pediatric CPR/AED
- Pediatric CPR/AED/First Aid

NDSC OFFERS AED SALES, TRAINING, SERVICE

AEDs are life-saving devices, but they're useless if the battery is dead.

The effectiveness of an AED is determined by much more than simply having the device. The NDSC offers free, comprehensive AED checkups to make sure your AED is functioning and your plan is on track.

We also can help you find the AED that best suits your organization. You order it from us, and we'll set it up, service it and train you to use it.



Call (800) 932-8890 for a free consultation or visit

ndsc.org/shop

With NDSC First Aid training, you'll know how to help when help is needed. Enroll in a class today!

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