

NORTH DAKOTA SAFETY COUNCIL TRAINING CALENDAR

January • February • March 2023

Your safety training experts

CONFERENCE PREVIEW

See the complete list of Pre-Conference courses, our keynote speakers and more!

NDSC
NORTH DAKOTA SAFETY COUNCIL
A private non-profit.



Find a full list of all our courses and additional course details at

ndsc.org/take-a-course



Distance Learning Available



Available in Spanish



Includes Hands-On Training



Advanced Safety Certificate



IVES Instructed course



FIRST AID

FIRST AID/CPR COURSES

CPR/AED, Adult



Course Length: Approximately 2.5 hours

NDSC Member: \$55 Non-Member: \$60

Course meets OSHA First Aid Standard 29 CFR 1910.151, and prepares students to take action in a medical emergency. Participants learn to use an automated external defibrillator (AED) in conjunction with CPR. *Upon completion, receive a 2-year Adult CPR/AED certificate. Spanish courses available upon request.*

Bismarck - 8am - 10:30am - January 12, February 4, March 25

Bismarck - 12pm - 2:30pm - March 9

Dickinson - 8am - 10:30am - February 7

Fargo - 12pm - 2:30pm - February 16

Williston - 8am - 10:30am - February 8

CPR/AED/First Aid, Adult



Course Length: Approximately 5 hours

NDSC Member: \$90 Non-Member: \$95

Course meets OSHA First Aid Standard 29 CFR 1910.151, and prepares students to take action in a medical emergency. Participants learn to use an AED in conjunction with CPR. First Aid instruction scenarios include bleeding, burns, poisoning, sudden illness and bone injuries. *Upon completion, receive a 2-year Adult CPR/AED certificate and a 2-year First Aid certificate. Spanish courses available upon request.*

Bismarck - 8am - 1pm - January 12, February 4, February 14, March 25

Bismarck - 12pm - 5pm - March 9

Dickinson - 8am - 1pm - February 7, March 7

Fargo - 8am - 1pm - January 10, March 14

Fargo - 12pm - 5pm - February 16

Minot - 8am - 1pm - January 24, March 21

Williston - 8am - 1pm - February 8

CPR/AED, Pediatric



Course Length: Approximately 2.5 hours

NDSC Member: \$55 Non-Member: \$60

Learn to recognize and respond to breathing and first aid emergencies in children and infants. Video self-instruction and hands-on training are used for choking and CPR/AED practice. Ideal for daycare providers, churches, and anyone working with children younger than age 12. *Upon completion, receive a Pediatric 2-year CPR/AED certificate.*

Bismarck - 8am - 10:30am - February 18

CPR/AED/First Aid, Pediatric



Course Length: Approximately 5 hours

NDSC Member: \$90 Non-Member: \$95

This course teaches students to recognize and respond to breathing and first aid emergencies in children and infants. Video self-instruction and hands-on training are used for various first aid scenarios. Ideal for anyone working with children younger than age 12. *Upon completion, receive 2-year pediatric certificates for CPR/AED and First Aid.*

Bismarck - 8am - 1pm - February 18

CPR/First Aid, Train-the-Trainer

Course Length: 16 hours

NDSC Member: \$595 Non-Member: \$695

Certify your employees to teach the only nationally-recognized CPR/AED/First Aid curriculum that meets all OSHA first aid requirements. *Please call (800) 932-8890 to register or learn how to customize your training.*

Bismarck - 8am - 5pm - February 14-15

Dickinson - 8am - 5pm - March 7-8

Fargo - 8am - 5pm - January 10-11, March 14-15

Minot - 8am - 5pm - January 24-25, March 21-22



About

10,000

occur at work per year in the United States

SUDDEN CARDIAC ARRESTS

Is your staff prepared to react?

Order an AED & supplies at www.ndsc.org/shop





DRIVER SAFETY COURSES

Driving courses qualify for insurance discounts & point reduction!

Defensive Driving Course - Alive at 25

Course Length: 4.5 hours

Course Fee: \$55 Court/DOT Required: \$85

Alive at 25 focuses on behavior, judgment, decision making and consequences, and provides tools to help young drivers make positive choices.

Bismarck - 3pm - 7:30pm - January 29

Fargo - 3:30pm - 8pm - January 22

Grand Forks - 1pm - 5:30pm - February 5

See ndsc.org for additional dates and locations

Distance Learning

NDSC Member/Non Member: \$65

Court/DOT Required: \$95

Virtual Instruction - 5pm - 9pm - February 19

Defensive Driving Course - Attitudinal

Dynamics of Driving

Course Length: 8 hours

NDSC Member: \$125 Non-Member: \$150

Court/DOT Required: \$175

For drivers who have received multiple violations or been involved in traffic collisions. DDC ADD is designed to help participants make a connection between their attitude and their ability to make good decisions.

Bismarck - 8am - 5pm - February 16

Distance Learning

NDSC Member: \$135 Non-Member: \$160

Court/DOT Required: \$185

Virtual Instruction - 8am - 5pm - January 28, March 4

Course also qualifies for WSI's Safe Driver program.

Defensive Driving Course - Basic

Course Length: 4 hours

NDSC Member: \$60 Non-Member: \$65

Court/DOT Required: \$85 Seniors: \$40 (55+)

Additional Family Members: \$30

DDC delivers the highest level of research-driven content, defensive driving strategies, hazard recognition and learner retention exercises.

Bismarck - 6pm - 10pm - March 6

Fargo - 6pm - 10pm - January 24

Grand Forks - 9am - 1pm - February 11

Minot - 6pm - 10pm - March 13

See ndsc.org for additional dates and locations

DOT Compliance

Course Length: 4 hours

NDSC Member: \$220 Non-Member: \$255

Recently updated, this program provides a detailed overview of the CSA system and FMCSA regulations, and critical training for carrier or fleet safety management.

Fargo - 8am - 12pm - January 10

Williston - 12pm - 4pm - February 13

Traffic Control For Supervisors

Course Length: 16 hours

NDSC Member: \$450 Non-Member: \$550

Workers who have a need for ANY type of traffic control can benefit from this training. Participants will gain in-depth knowledge of the entire process, including temporary work zones, planning work zones, traffic patterns, and pedestrian patterns. Course attendees will participate in tabletop design activities.

Bismarck - 8am - 5pm - January 18-19, February 8-9, March 22-23

Fargo - 8am - 5pm - March 8-9

Williston - 8am - 5pm - March 28-29

DON'T BE A STATISTIC THIS WINTER

Every year, nearly

900 PEOPLE ARE KILLED

and nearly **76,000 PEOPLE ARE INJURED**

in vehicle crashes during snowfall or sleet

Register for a North Dakota Safety Council driving course today, and get the tips and training you need to stay safe while driving during North Dakota's winter season.

Source: ops.fhwa.dot.gov



WORKPLACE SAFETY COURSES

Fundamentals of Industrial Hygiene



Course Length: 32 hours • ASC CEUs: 2.6

NDSC Member: \$1,395 Non-Member: \$1,750

This course develops your understanding of industrial hygiene terminology, principles and practices by examining four key processes in an effective industrial hygiene effort – anticipation, recognition, evaluation, and control. *Earn your Advanced Safety Certificate by taking this and other ASC courses.*

Bismarck - 8am - 5pm - MARCH 27-30

HAZWOPER 8-Hour Refresher



Course Length: 8 hours

NDSC Member: \$220 Non-Member: \$250

This refresher course fulfills the requirements of the HAZWOPER Standard for Construction and General Industry and includes updates on and an overview of HAZWOPER requirements with a hands-on approach. Focus will be placed on identification, evaluation and control of a hazmat scene or incident.

Bismarck - 8am - 5pm - January 25, March 29

Lift Truck Operator Training

Course Length: 8 hours

NDSC Member: \$175 Non-Member: \$220

Course modules include OSHA regulations; lift truck design and operating principles; inspections and maintenance; and picking up and delivering a load. *Our training supports OSHA standards but does not result in a certified forklift operator.*

Bismarck - 8am - 5pm - January 30, March 2

Fargo - 8am - 5pm - January 17, January 30, March 29

Lift Truck Operator, Train-the-Trainer

Course Length: 16 hours

NDSC Member: \$700 Non-Member: \$900

Meet OSHA requirements and learn how to develop and deliver complete in-house training programs, design exercises for staff evaluations, and instruct non-operators to work safely around lift trucks. Trainer kit included.

Bismarck - 8am - 5pm - January 30-31, March 2-3

Fargo - 8am - 5pm - January 17-18, January 30-31, March 29-30

MSHA New Miner 46 (Nonmetal) & 48 (Coal/Nonmetal & Construction)

Course Length: 24 hours

NDSC Member: \$305 Non-Member: \$355

Attendees need to have their company provide their training plan to the NDSC. See ndsc.org for requirements. This course is required for all new and inexperienced sand and gravel and surface coal miners. Content covers the aggregate industry, including granite, sand, gravel, lime, and cement operations. Federal law requires all miners receive basic and annual refresher training; all mine operators maintain an effective training plan; and that each new miner must complete no less than 24 hours of training. *Students earn NSC CPR & First Aid Certification!*

Bismarck - 8am - 5pm - January 16-18, February 13-15, March 13-15

MSHA Refresher New Miner 46 (Nonmetal) & 48 (Coal/Nonmetal & Construction)

Course Length: 8 hours

NDSC Member: \$105 Non-Member: \$130

Attendees need to have their company provide their training plan to the NDSC and provide proof of completing a New Miner course. See ndsc.org for requirements. This course is required for all experienced sand and gravel miners and surface coal miners. This course covers underground metal and non-metal mines, surface metal mines, and certain non-metal mines such as gold. It also includes the aggregate industry. Federal law requires all miners receive basic and annual refresher training; all mine operators maintain an effective training plan; and that each miner must have no less than 8 hours of annual refresher training.

Bismarck - 8am - 5pm - January 4, January 23, February 27, March 20

ONE BASIN - One Way! Standardized Contractor Safety Orientation

Course Length: 4 hours

Orientations scheduled weekly in the following locations, and are subject to change:

Bismarck: As Needed

Dickinson: Monday, Friday

Minot: Wednesday

Tioga: Thursday

Watford City: Tuesday

Spanish language courses offered every other Friday in Watford City.

Distance Learning: Available on a weekly basis from NDSC trainers. See ProCertX for up-to-date schedule.

Did you know you can select your OBOW training provider? Simply look for the classes in ProCertX tagged with "NDSC"!

Register at onebasinoneway.com



ONE BASIN - One Way! H2S Certification and Respiratory Protection Training

Course Length: 4 hours

This class meets revised ANSI/ASSE Z390.1-2017 standard in mitigating risks associated with H2S exposure industry wide. Learn what Hydrogen Sulfide is, where you can find it, properties, how it can harm, signs and symptoms of exposure, methods to detect, how to control it, and emergency procedures to follow.

Orientations scheduled weekly in the following locations, and are subject to change:

Bismarck: As Needed, Dickinson: Monday, Friday

Minot: Wednesday, Tioga: Thursday, Watford City: Tuesday

Register at ndsc.org/h2s-certification-and-respiratory-protection-training/





WORKPLACE SAFETY COURSES

Premium Combo Trainer Certification



Course Length: 40 hours

NDSC Member: \$2,250 Non-Member: \$2,250

This course certifies instructors to train counterbalanced forklift, rough terrain telehandler forklift, boomlift and scissor lift operators.

Bismarck - 8am - 5pm - March 27-31

Safety Inspections



Course Length: 8 hours • ASC CEUs: 0.65

This class provides an overview of the safety and health inspection process and covers techniques to improve the process.

Distance Learning



NDSC Member: \$350 Non-Member: \$450

8am - 5pm - March 20

Team Safety



Course Length: 8 hours • ASC CEUs: 0.65

Learn how to build an effective safety team, or get the most from an established team. Topics covered include: team safety concepts and techniques; how to plan for and create an effective safety team and how to identify training and development needs of team members. *Earn your Advanced Safety Certificate by taking this and other ASC courses.*

Distance Learning



NDSC Member: \$350 Non-Member: \$450

8am - 5pm - January 23



NEW SERVICE!

OCCUPATIONAL NOISE ASSESSMENT

NDSC has expanded our Industrial Hygiene program, and we are now offering **Occupational Noise Assessment**.

Contact Alex Redmann
for more information
alexr@ndsc.org or
701-751-6109

NDSC
NORTH DAKOTA SAFETY COUNCIL



DID YOU KNOW?

YOU CAN RENT THE NDSC TRAINING TOWER!

Rent the tower and utilize your own trainers, or bring your team and we will provide the training experts from Roco Rescue, the world's leader in industrial training.

To inquire about renting the NDSC Training Tower, call
701-223-6372



COMMUNITY SAFETY COURSES

SLIP SIMULATOR™ TRAINING

Since 1999, deaths from falls have increased by **233%**



The NDSC's new Slip Simulator training can help reduce slip, trip, and fall incidents by up to 70%. This course goes beyond the classroom to give people a safe environment to learn techniques to improve stability and reduce the risk of falling. With the Slip Simulator not only do you learn proper slippery surface walking technique firsthand, but you have a fun and engaging learning experience that ensures you remember it. This course is useful for all age groups and can mimic real-life conditions from the workplace to home.

Stat source: CDC



To learn more about our Slip Simulator™ and schedule private training, contact our Community Safety Manager at
701-751-6105
or kathy@ndsc.org

Reasonable Suspicion for Supervisors

Course Length: 4 hours

NDSC Member: \$125 Non-Member: \$150

Learn what to look for and actions to take if someone seems unfit for duty, and how to perform reasonable suspicion/cause testing. *Course meets US DOT training requirements. Each attendee receives a copy of the most current Drug Identification Guide.*

Fargo - 1pm - 5pm - January 10

Bismarck - 1pm - 5pm - February 21 (Pre-Conference public course...see page 9 for more info)

Distance Learning

NDSC Member: \$150 Non-Member: \$175

8am - 12pm - March 13

IS YOUR WORKPLACE PREPARED FOR ANY EMERGENCY?

Whether it be a **natural event**, **unintentional incident** or **intentional acts of violence**, NDSC can help prepare you and your employees in three easy steps.

- 1 **ASSESS**
- 2 **PLAN**
- 3 **TRAIN**

FIND OUT MORE

NDSC
NORTH DAKOTA SAFETY COUNCIL



REGISTRATION

Register at ndsc.org/take-a-course or call (800) 932-8890. Watch for an email confirmation with your course location.

NDSC TRAINING LOCATIONS

20+ locations across the state. Go to ndsc.org/take-a-course/training-locations for course locations and addresses.

NDSC is dedicated to

PREVENTING INJURIES
and SAVING LIVES.

Register online at

ndsc.org/take-a-course

PAYMENT, TRAINING AND CANCELLATION POLICY

Pre-registration and pre-payment is required for NDSC trainings. If you are unable to attend a training course, you must cancel at least three business days before the course for a full refund. Late registrations or no-shows are non-refundable. NDSC reserves the right to cancel any class not meeting the minimum attendance requirements. See complete policy at ndsc.org. For the One Basin, One Way cancellation policy, visit onebasinoneway.com.

CELEBRATING 50 YEARS!



February 20-24, 2023 • Bismarck

***Don't miss our incredible
keynote speaker lineup!***

JIM CRAIG

"Miracle on Ice" gold medalist

LAUREN SISLER

ESPN Sportscaster

SCOTT BLOOM

Comedian & TV host

***Plus over 100 sessions, interactive
games and so much more!***



Attendee registration opens in late November.
Find out more at

ndsc.org/annualconference

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NORTH DAKOTA SAFETY COUNCIL
A private non-profit.

2023 NDSC SAFETY & HEALTH CONFERENCE PRE-CONFERENCE COURSES

Monday Course Tuesday Courses

PC01 - ASC Team Safety

\$349 NDSC member, \$439 non-member

Rick Halldorson, NDSC

8:00am-5:00pm, All Levels

Whether you call them safety committees, workforce committees, or safety teams, this course is designed for safety, health, and management personnel responsible for putting these teams together, but who may lack experience in team building. Learn how to build an effective safety team or get the most from an established team. Course includes a self-assessment and interactive exercises, allowing participants to use newly learned concepts.



PC02 - Slip Simulator Training - Session 1

\$25 NDSC member, \$35 non-member

John Woutat, NDSC

9:00am-11:00am, All Levels

Since 1999 deaths from falls have increased by 233%. The NDSC's new Slip Simulator training can help reduce slip, trip, and fall incidents by up to 70%. This course goes beyond the classroom to give people a safe environment to learn techniques to improve stability and reduce the risk of falling. With the Slip Simulator, not only do you learn proper slippery surface walking techniques firsthand, but you have a fun and engaging learning experience that ensures you remember it. This course is useful for all age groups and can mimic real-life conditions from the workplace to home. Before participating be advised there are several health issues that could be exacerbated by using this simulator.



PC03 - Slip Simulator Training - Session 2

\$25 NDSC member, \$35 non-member

Mike Adams, NDSC

1:00pm-3:00pm, All Levels

Since 1999 deaths from falls have increased by 233%. The NDSC's new Slip Simulator training can help reduce slip, trip, and fall incidents by up to 70%. This course goes beyond the classroom to give people a safe environment to learn techniques to improve stability and reduce the risk of falling. With the Slip Simulator, not only do you learn proper slippery surface walking techniques firsthand, but you have a fun and engaging learning experience that ensures you remember it. This course is useful for all age groups and can mimic real-life conditions from the workplace to home. Before participating be advised there are several health issues that could be exacerbated by using this simulator.



PC04 - Compliance Rescue Refresher™

\$370 NDSC member, \$470 non-member

Chris Carlsen/Brad Warr, ROCO Rescue

8:00am-5:00pm, Intermediate

A real emergency demands rescue proficiency. To maintain proficiency, refresher training and regular practice drills are vital. OSHA 1910.146 requires that

rescue team members practice making permit space rescues at least once every 12 months from actual or representative confined spaces. NFPA 1670 states that teams must undergo an annual performance evaluation, and NFPA 1006 says individuals shall demonstrate competency on an annual basis. Roco's Compliance Rescue Refresher™ course includes hands-on practice as well as problem-solving confined space and elevated scenarios to keep your team updated and prepared for response. **Course Max: 20**

PC05 - Workplace Violence Prevention

\$125 NDSC member, \$150 non-member

Don Moseman, NDSC

8:00am-12:00pm, Basic

Supervisors and employees will learn how to increase their company's level of safety and preparedness in the event of an emergency or violent act. Learn the history of mass shootings, lessons learned from each event, and if your place of work is at risk for violence. Topics include high-risk employment considerations, the importance of developing an Emergency Response Plan, predator recognition and observation techniques, staff preparedness suggestions, and identification of potentially dangerous employees. Course has been reviewed and approved by the U.S. Department of Homeland Security.

PC06 - H2S Certification and Respiratory Protection Training

\$185 NDSC member, \$185 non-member

Mike Adams, NDSC

8:00am-12:00pm, All Levels

This class meets revised ANSI/ASSE Z390.1-2017 standard in mitigating risks associated with H2S exposure industry wide. Learn what Hydrogen Sulfide is, where you can find it, properties, how it can harm, signs and symptoms of exposure, methods to detect, how to control it, and emergency procedures to follow.

PC07 - Spring Thaw

\$55 NDSC member, \$65 non-member

Mike Hutchens/John Young, NDSC

9:00am-5:00pm, All Levels

Statistics show that incidents tend to increase during April and May when many mining operations begin producing again, often with new employees who are unaware of the hazards of mining. Spring Thaw is designed to increase awareness of hazards for both surface coal and sand and gravel mines and improve mine safety and health. During this educational event, safety professionals from mining companies, the NDSC and government will share information and experiences in dealing with a range of mining dangers and provide an annual update covering new initiatives. See website for full agenda.

PC08 - ASC Incident Investigation & Root Cause Analysis

\$349 NDSC member, \$439 non-member

Rick Halldorson, NDSC

8:00am-5:00pm, All Levels

Learn how to uncover the who, what, why, when,

and how of each workplace incident. This one-day class focuses on techniques for gathering complete, accurate and objective incident data so you can establish root causes, report findings, and determine the best corrective action to prevent future incidents from happening. You will learn how to initiate rapid and reliable incident reporting techniques; use modern data analysis to identify root causes; and implement hazard control measures and follow-up. This course qualifies for 0.65 CEUS toward the NSC Advanced Safety Certificate.

PC09 - HAZWOPER 8-Hour Refresher

\$225 NDSC member, \$255 non-member

Jay Skarphol, NDSC

8:00am-5:00pm, Intermediate

This refresher course fulfills the requirements of the HAZWOPER Standard for Construction and General Industry and includes updates and an overview of HAZWOPER requirements with a hands-on approach. Focus will be placed on identification, evaluation and control of a hazmat scene or incident. Course will also cover respiratory protection, DOT ERG, NIOSH pocket guide, and other topics. Hands-on elements will include donning and doffing SCBA units, PPE tape up exercises, air monitoring equipment, as well as a special exercise utilizing the components of HAZWOPER.

PC10 - OSHA 7300 Understanding OSHA Permit-Required Confined Space Standards

\$175 NDSC member & non-member

Dale Robinson, HR Safety Consulting, LLC

8:00am-5:00pm, All Levels

This course covers the requirements of the OSHA Permit-Required Confined Space Standard. Course topics include safety and health hazards associated with confined space entry, and the evaluation, prevention, and abatement of these hazards. The course covers OSHA requirements; it does not feature workshops (instrumentation, control methods and testing). This course is designed for small employers or a designated representative (line supervisor or manager) with the responsibility to develop a permit-required confined space program. Upon course completion, students will have a basic understanding of confined space hazards, evaluating and abatement of the hazards, and determining when a confined space shall be classified as a permit-required confined space.

PC11 - Arc Flash NFPA70E Standard and Your Electrical Maintenance: Are You Prepared?

\$220 NDSC member, \$255 non-member

Joe Schommer, RESA Power

8:00am-12:00pm, Basic-Intermediate

The world of electrical hazards, protection and accident prevention can be a confusing place. Hundreds of deaths and thousands of injuries can be avoided each year by following the NFPA 70E: Standard for Electrical Safety in the Workplace. Be prepared by arming yourself with the knowledge of the types of electrical hazards and the effects of

Take advantage of these unique training opportunities taking place before the NDSC's Annual Safety & Health Conference! **MONDAY, FEB. 20 & TUESDAY, FEB. 21**

electrical shock and flash. This session will identify the need for electrical safety as well as electrical maintenance and safety programs. Attendees will learn about arc flash hazard risk assessment, personal protective equipment (PPE) and shock and arc flash approach boundaries. Reduce your liability concerns while establishing a culture of safe work practices among employees after attending this session.

PC12 - DOT Compliance

\$220 NDSC member, \$255 non-member

Edon Willis, NDSC

8:00am-12:00pm, All Levels

Personnel responsible for managing commercial vehicles and drivers, such as fleet safety managers, driver managers, safety supervisors, HR professionals and administrative support personnel, can benefit from this course. This course includes a detailed overview of the Compliance, Safety & Accountability system, and training that is critical for carrier or fleet safety management including: driver qualifications records (Driver File template included in course); requirements to administer a DOT drug and alcohol program; hours of service requirements; reasonable suspicion programs and training requirements; vehicle inspection requirements; and identification of out-of-service violations on Commercial Motor Vehicles. Attendees will receive in-depth training on the FMCSA regulations including: commercial vehicle seatbelt and texting laws; DOT recordkeeping requirements; CDL disqualifiers, including non-traffic violations; employer requirements for trip planning; driver harassment protocols; CMV crash reporting requirements and more. *

PC13 - Strategies to Improve Motor Carrier Safety and CSA Scores

\$220 NDSC member, \$255 non-member

John Sova, NDHP

1:00pm-5:00pm, Basic-Intermediate

Members of the North Dakota Highway Patrol Motor Carrier Operations division will take an in-depth look at FMCSA's Compliance, Safety and Accountability (CSA) program. Troopers will begin by reviewing how CSA scores are calculated and when alerts appear on a motor carrier profile. After creating a baseline understanding of scores, the training will then break down the use of the Safety Management Cycle to assist carriers in identifying strategies to improve and maintain their safety program. The session will end by reviewing and demonstrating quality Pre/Post trip inspections to positively impact the Vehicle Maintenance.

PC14 - Road Construction Traffic Control, What All Construction Employers Need to Know

\$220 NDSC member, \$255 non-member

Dennis Snodgrass, NDSC

1:00pm-5:00pm, Intermediate

This course is for any supervisors or workers involved in street and highway work who are expected to provide a safe Temporary Traffic Control Zone. Workers who have a need for ANY type of traffic

control can benefit from this training, including those in utilities, rail, road construction, maintenance, and city/county/state employees. Participants will gain critical knowledge of the designing, installing, maintaining, and monitoring work zone traffic control. It will include temporary work zones, traffic patterns, and pedestrian patterns. This session provides attendees with an opportunity to understand the federal standards for maintaining traffic through a work zone. Students will receive specific sections from the Manual on Uniform Traffic Control Devices (MUTCD) and walk away with a working knowledge of the most important aspects. It is recommended for supervisors to take a traffic control refresher course every five years.

PC15 - Active Shooter Response Training

\$100 NDSC member, \$125 non-member

Don Moseman, NDSC

1:00pm-3:00pm, All Levels

We now average 16.4 large scale events per year in workplaces and schools. During this session, we'll teach your employees what they need to know about active shooter events. They'll learn the basic history of these events and where the greatest risks are identified. Attendees will learn national best practices from the U.S. Department of Homeland Security, considerations for emergency planning, and how to prepare for response to an active shooter event. This course focuses solely on the response to an active shooter event.

PC16 - What's Hurting People Today?

\$220 NDSC member, \$255 non-member

Bill Spreeman, Columbia Grain International

1:00pm-5:00pm, All Levels

There are many sources of Safety injury and accident information along with tools available for an organization to identify the greatest risks to their employees. This session will discuss the most recent/current information related to workplace injuries and what specific actions can be taken to reduce your risk to employees.

PC17 - CPR/AED/First Aid

\$90 NDSC member, \$95 non-member

Ashley Schaper, NDSC

12:30pm-5:30pm, All Levels

Do you know how to respond if your colleague collapsed on the job site? This course teaches students to take action in a medical emergency and prepares them to respond to choking, breathing and cardiac emergencies. Participants will learn how to use an automated external defibrillator (AED) in conjunction with CPR. First Aid is taught using a combination of instructor-led lecture, "watch-then-practice" videos, and hands-on training. Topics such as bleeding, burns, poisoning, and sudden illness are covered. Course content is applicable for industrial, office, and home settings. Upon completion, receive an Adult 2-year CPR/AED and 2-year First Aid certificate.

PC18 - Those First Steps: Industrial Hygiene Sampling

\$220 NDSC member, \$255 non-member

John Woutat/John Young, NDSC,

Dylan Staack, REPSS

1:00pm-5:00pm, All Levels

This course will focus on how to create your industrial hygiene sampling plan for chemical and physical exposures; this includes noise, gas detection, silica, and respirable dust. This will include sampling techniques and methodology, reporting, and proper tools for exposure control using the hierarchy of controls as the backbone of the decision-making process. The course will also include a review of the ventilation concepts that will help the safety professional understand the differences between point of use ventilation and systemic dilution ventilation. Using models, such as the well mixed box model, the safety professional will learn how to assess an exposure and use ventilation as an effective control in their system. *

PC19 - Reasonable Suspicion for Supervisors

\$125 NDSC member, \$150 non-member

Edon Willis, NDSC

1:00pm-5:00pm, All Levels

This classroom course will give supervisors from all industries valuable training on the management of drug and alcohol abuse in the workplace. Supervisors will learn what to look for, and actions to take if someone seems unfit for duty. In addition to learning how to perform reasonable suspicion/cause testing, they will also learn WHY it is important to do so. Other topics include: important elements of a comprehensive substance abuse policy, and the greatest risk categories for drug and alcohol abuse among worker populations. This information will help reduce overall risk in the workplace by assisting supervisors in maintaining a proactive approach to drug and alcohol use among employees.



NORTH DAKOTA SAFETY COUNCIL

SAFETY+HEALTH

CONFERENCE 50th Anniversary

Registration opens in late November!

Watch for updates in
your inbox and online at

ndsc.org

Courses priced at individual
rates. Lunch included with all
Pre-Conference courses.

Meet the NDSC TRAINING TEAM



Michael Adams

Michael is an industrial O&G professional with training credentials varying from ONE BASIN-One Way, trenching and silica, to First Aid/CPR and Defensive Driving.



Rick Halldorson

Rick's 28 years of industrial work experience positions him to train on topics ranging from OSHA 500's to Industrial Rail Yard Safety.



Michael Hutchens

Mike has more than 30 years of industrial safety experience and is the lead instructor for the MSHA program as well as an OSHA instructor.



Peter Juarez

Peter is a bilingual instructor with ten years of experience in the oil and gas industry. From spill response to safety management, Peter uses his O&G knowledge to enhance his instruction of courses like ONE BASIN-One Way.



Don Moseman

Don is the NDSC's Training Director. His experience in the U.S. Air Force and Colorado State Patrol positions him as a high-level trainer and on-staff expert for our violence prevention, driver safety, and supervisor-level safety programs.



Ashley Schaper

Ashley has vast knowledge of the oil and gas industry, and has worked in that field since 2008. She currently teaches ONE BASIN-One Way, First Aid/CPR and Alive at 25 Defensive Driving for NDSC.



Dennis Snodgrass

Dennis has extensive experience in the safety and oil industry. He has served as a manager/director for a number of safety companies where he provided training, policy creation, incident investigation, safety audits and much more.



Edon Willis

Edon served for 18 years in the U.S. Marines and specialized in security, safety and equipment training. Edon is a certified NSC defensive driving and First Aid/CPR instructor.



John Woutat

John is a former EMS training coordinator, firefighter and EMS responder with 20+ years of experience in training and emergency response. As the NDSC's EMS expert, John teaches first aid, CPR, trauma & triage, and more.

*Experienced and professional, NDSC trainers earn rave reviews on their **engaging style and deep knowledge**.*

PART-TIME TRAINERS



Greg Dehne



Brenden Dockter



Jay Skarphol



Aglae L. Young



John Young

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