

















1710 Canary Ave Bismarck, ND 58501 800-932-8890 www.ndsc.org

The North Dakota Safety Council is a private non-profit organization supported through grants, donations, training and memberships.

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PREVENTING INJURIES and SAVING LIVES.



he NDSC Safety + Health Conference is turning 50! Here at the North Dakota Safety Council, we look at our golden 50th Conference as a badge of honor, and a chance to refresh and reinvigorate our workplaces with best practices.



**Chuck Clairmont** 

Executive Director

North Dakota
Safety Council

In February of 1974, the First Annual Governor's Safety Seminar was held. Then Governor Art Link said the seminar was designed to help employees and supervisors in all industries improve their accident prevention programs.

"I urge you to attend the workshops, thus making North Dakota a better and safer place in which to live," said Link.

Those words remain true and are the clear mission of our Conference. We can't look at the past without also being thankful for the present. Safety continues to improve through technology, data, training and orientation. But unfortunately, injuries and deaths still happen, and it's our job to continue finding real-world safety solutions so everyone can go home safe.

As I visit members in North Dakota, it is evident safety is an important value in so many companies across the region. Employee awareness and openness in sharing their safety concerns seems to be improving in our state. There is more to do, and attending our conference is another positive step in the right direction.

During the 50th Annual Conference, let's all come together to improve our culture of safety. We're exceedingly proud to be reaching this milestone, so please join us this February as we shine the spotlight on safety.

Sincerely,

Chuck Clairmont

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### **MONDAY, FEBRUARY 20**

### Pre-Conference (NDSC Campus)

7:00am - 8:00am .....Pre-Conference Check-in 8:00am - 5:00pm .....Pre-Conference Session

### **TUESDAY, FEBRUARY 21**

### Pre-Conference (NDSC Campus & Bismarck Event Center)

### **WEDNESDAY, FEBRUARY 22**

| •  |  |  |  |  |  |
|--|--|--|--|--|--|
| 6:30am - 7:00amFinal Exhibitor Setup                       |  |  |  |  |  |
| 7:00am - 5:00pmCheck-In & Registration                     |  |  |  |  |  |
| 7:00am - 8:00amExhibitor Networking & Continental Breakfas |  |  |  |  |  |
| 8:00am - 9:45am Opening Session & Keynote - Scott Bloom    |  |  |  |  |  |
| "Laugh. Learn. Connect. The Art of Building                |  |  |  |  |  |
| Powerful Connections that Grow Your Busines.               |  |  |  |  |  |
| 9:45am - 5:00pmExhibit Hall Open                           |  |  |  |  |  |
| 9:45am - 11:00amExhibitor Networking                       |  |  |  |  |  |
| 11:00am - 12:00pmBreakout Sessions                         |  |  |  |  |  |
| 12:00pm - 1:30pmLunch & Exhibitor Networking               |  |  |  |  |  |
| 1:30pm - 2:30pmBreakout Sessions                           |  |  |  |  |  |
| 2:30pm - 3:30pmBreak & Exhibitor Networking                |  |  |  |  |  |
| 3:30pm - 5:00pmBreakout Sessions                           |  |  |  |  |  |
| 5:30pm - 7:30pmEvent Social - Bismarck Hotel               |  |  |  |  |  |
| & Conference Center  |  |  |  |  |  |

# THURSDAY, FEBRUARY 23

| 7:00am - 5:00pmCheck-In & Registration       |
|--|
| 7:00am - 8:00am Exhibitor Networking &       |
| Continental Breakfast                        |
| 7:45am Annual Meeting (public)               |
| 8:00am - 9:15am <b>Keynote - Jim Craig</b>   |
| "Inside the Winning Locker Room"             |
| 9:15am - 1:30pm Exhibit Hall Open            |
| 9:15am - 10:30am Exhibitor Networking        |
| 10:30am - 12:00pm Breakout Sessions          |
| 12:00pm - 1:30pmLunch & Exhibitor Networking |
| 1:30pm Exhibit Hall Closes & Tear down       |
| 1:30pm - 2:30pmBreakout Sessions             |
| 2:30pm - 2:45pmBreak                         |
| 2:45pm - 3:45pmBreakout Sessions             |
| 3:45pm - 4:00pmBreak                         |
| 4:00pm - 5:00pmBreakout Sessions             |
|  |

### FRIDAY, FEBRUARY 24

7.00am = 0.30am

| .Crieck-iii ariu negistratiori    |
|-----------------------------------|
| .Bacon Breakfast                  |
| .Breakout Sessions                |
| .Break                            |
| .Breakout Sessions                |
| .Break                            |
| .Closing Session & Keynote        |
| Lauren Sisler                     |
| "Unlocking the Shackles of Shame" |
|                                   |

Check-In and Registration



NDSC
Fit Testing will
be available at
the Conference.

Special Conference pricing!

# COST & ATTENDANCE The NDSC Annual Safety + Health Conference is an affordable opportunity to network, learn and enjoy! With a variety of registration options, you can take part no matter your budget.

you can take part no matter your budget.



### **Pre-Conference**

Courses priced individually (see pages 9-11 for prices) Choose from a wide array of Pre-Conference courses on Monday, Feb. 20 and Tuesday, Feb. 21. Lunch included!

### **Full Conference**

\$445 (if you qualify for all the discounts)

Receive access to three top-notch keynotes, all breakout sessions Wednesday thru Friday, exhibitor show, breakfast and lunch Wednesday and Thursday, Event Social Wednesday night, bacon breakfast on Friday morning and much more!

### Wednesday or Thursday Only

\$305 (if you qualify for all the discounts)

Access to one keynote, breakout sessions on Wednesday or Thursday, exhibitor show, Event Social Wednesday night and one day of breakfast and lunch.

### **Friday Only**

\$200 (if you qualify for all the discounts)

Access to Friday's breakout sessions, bacon breakfast and closing keynote.

### Virtual Conference

\$375 (if you qualify for all the discounts)

Access to three top-notch keynotes, and your choice of different breakout sessions on Wednesday and Thursday, plus a bonus session on Friday livestreamed to the comfort of your own office or home.

### Tradeshow Attendee

\$70 (if you qualify for all the discounts)

Access to breakfast, exhibits and keynotes on Wednesday and Thursday. Lunch not included.

# **REGISTER NOW AT** NDSC.ORG

All prices based on full discount available.

Cancellation Policy: A refund (minus 3% processing fee) will be issued for cancellations received by Feb. 13, 2023. Refunds will NOT be issued for cancellations made after this date.

Some classes number of students allowed.

# DISCOUNTS AVAILABL

Three ways to save big on your conference registration!

Become a member. Annual membership fees begin at \$305 and your full conference membership discount is \$205. Become a member and save! NDSC.org/membership

Early bird discount through Jan. 27, 2023. Save \$10-\$50 per registration with our early bird discount.

WSI Scholarships. WSI policy holders can save \$100-\$250 per registration.

# OURSE FEATURES Look for these icons throughout the book specific course options and qualifications.

Look for these icons throughout the book to see







# Thank You,

Our purpose is to make North Dakota the safest state in the nation. While that vision inspires us and drives our daily work, it is impossible to achieve without our members, supporters and partners. Thank you for all you do to keep North Dakotans safe and for your support of the North Dakota Safety Council.



Connecting People



North Dakota Workforce Safety & Insurance







# Thank You, SPONSORS

























































































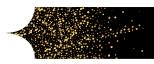






# TOGETHER, WE W











































































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Acme Tools Addison Construction Co. Baymont Inn & Suites **Barr Engineering** Co. Bismarck Hotel and Conference Center Blue Cross Blue Shield of ND Brady, Martz & Associates, P. C. Braun Intertec **Brink Constructors** Inc. **Brock Services LLC** 

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### BILL SPREEMAN

Bill has spent more than 40 years in Environmental, Health and Safety compliance. Bill is dedicated to achieving the elimination or control of hazards and risks that could potentially injure employees. His awardwinning work across multiple industries makes him a must-see speaker.

See Bill's sessions: PC16, A07, A30, B06, B14, C02, C11



### DALE ROBINSON

As an internationally renowned safety and health consultant, Dale Robinson brings motivation to the table. His more than 46 years working in occupational work and safety experience help him create a connection with groups from multiple industries. Dale's passion is educating people on how to stay safe at work.

See Dale's sessions: PC10, A09, A20, A29, B05, B15



### JOHN DREBINGER

John Drebinger, acclaimed international safety speaker and author, has been delivering his dynamic safety presentations worldwide for the past 32 years. John is known for injecting humor and passion to engage audiences to help people work safely. John will help motivate you to take personal responsibility for your safety.

See John's sessions: **B01, B26, C03, C12** 



### SCOTT GADDIS

Scott leads thought leadership and helps build partnerships with clients and other influencers in EHS across the globe. Scott's goals include maintaining the highest quality of standards to prevent time and cost expenditures due to people, process or product loss.

See Scott's sessions: A18, A28, B08, B17



### JOE MELTON

Joe is the Director of Operations for Master Builders of Iowa. As an experienced Director of Consulting Services he's demonstrated a history of working in the management consulting industry.

See Joe's sessions: A01, A15, A25, B06, B14, B27



### DANNY SMITH

Danny has the ability to connect with any audience. Over 25 years of EHS management experience provide him with foundational knowledge that is applicable to all environments. He was among the first safety professionals to ever receive the BCSP Safety Management Specialist (SMS) designation.

See Danny's sessions: B07, B12, B33, C05, C14 PRE-CONFERENCE

COURSES

MONDAY, FEB. 20 & TUESDAY, FEB. 21



### **Monday Course**



Tuesday Courses

PC01 - ASC Team Safety \$349 NDSC member, \$439 non-member Rick Halldorson, NDSC

8:00am-5:00pm, All Levels

Whether you call them safety committees, workforce committees, or safety teams, this course is designed for safety, health, and management personnel responsible for putting these teams together, but who may lack experience in team building. Learn how to build an effective safety team or get the most from an established team. Course includes a selfassessment and interactive exercises, allowing participants to use newly learned concepts. \*

### PC02 - Slip Simulator Training -**Session 1**

\$25 NDSC member, \$35 non-member John Woutat, NDSC

9:00am-11:00am, All Levels

Since 1999 deaths from falls have increased by 233%. The NDSC's new Slip Simulator training can help reduce slip, trip, and fall incidents by up to 70%. This course goes beyond the classroom to give people a safe environment to learn techniques to improve stability and reduce the risk of falling. With the Slip Simulator, not only do you learn proper slippery surface walking techniques firsthand, but you have a fun and engaging learning experience that ensures you remember it. This course is useful for all age groups and can mimic real-life conditions from the workplace to home. Before participating be advised there are several health issues that could be exacerbated by using this simulator. \*

### PC03 - Slip Simulator Training -**Session 2**

\$25 NDSC member, \$35 non-member Mike Adams, NDSC

1:00pm-3:00pm, All Levels

Since 1999 deaths from falls have increased by 233%. The NDSC's new Slip Simulator training can help reduce slip, trip, and fall incidents by up to 70%. This course goes beyond the classroom to give people a safe environment to learn techniques to improve stability and reduce the risk of falling. With the Slip Simulator, not only do you learn proper slippery surface walking techniques firsthand, but you have a fun and engaging learning experience that ensures you remember it. This course is useful for all age groups and can mimic real-life conditions from the workplace to home. Before participating be advised there are several health issues that could be exacerbated by using this simulator. \*

### **PC04 - Compliance** Rescue Refresher<sup>T</sup>

\$370 NDSC member. \$470 non-member Chris Carlsen/Brad Warr.

ROCO Rescue

8:00am-5:00pm, Intermediate A real emergency demands rescue proficiency. To maintain proficiency, refresher training and regular practice drills are vital. OSHA 1910.146 requires that rescue team members practice making permit space rescues at least once every 12 months from actual or representative confined spaces. NFPA 1670 states that teams must undergo an annual performance evaluation, and NFPA 1006 says individuals shall demonstrate competency on an annual basis. Roco's Compliance Rescue Refresher™ course includes hands-on practice as well as problem-solving confined space and elevated scenarios to keep your team updated and prepared for response. Course Max: 20

### **PC05 - Workplace Violence Prevention**

\$125 NDSC member, \$150 non-member Don Moseman, NDSC

8:00am-12:00pm, Basic

Supervisors and employees will learn how to increase their company's level of safety and preparedness in the event of an emergency or violent act. Learn the history of mass shootings, lessons learned from each event, and if your place of work is at risk for violence. Topics include highrisk employment considerations, the importance of developing an Emergency Response Plan, predator recognition and observation techniques, staff preparedness suggestions, and identification of potentially dangerous employees. Course has been reviewed and approved by the U.S. Department of Homeland Security.

### PC06 - H2S Certification and **Respiratory Protection Training**

\$185 NDSC member, \$185 non-member Mike Adams, NDSC

8:00am-12:00pm, All Levels

This class meets revised ANSI/ASSE Z390.1-2017 standard in mitigating risks associated with H2S exposure industry wide. Learn what Hydrogen Sulfide is, where you can find it, properties, how it can harm, signs and symptoms of exposure, methods to detect, how to control it, and emergency procedures to follow.



\$55 NDSC member, \$65 non-member Mike Hutchens/John Young, NDSC 9:00am-5:00pm, All Levels

Statistics show that incidents tend to increase during April and May when many mining operations begin producing again, often with new employees who are unaware of the hazards of mining. Spring Thaw is designed to increase awareness of hazards for both surface coal and sand and gravel mines and improve mine safety and health. During this educational event, safety professionals from mining companies, the NDSC and government will share information and experiences in dealing with a range of mining dangers and provide an annual update covering new initiatives. See website for full agenda.

### **PC08 - ASC Incident Investigation** & Root Cause Analysis

\$349 NDSC member, \$439 non-member Rick Halldorson, NDSC

8:00am-5:00pm, All Levels

Learn how to uncover the who, what, why, when, and how of each workplace incident. This oneday class focuses on techniques for gathering complete, accurate and objective incident data so you can establish root causes, report findings, and determine the best corrective action to prevent future incidents from happening. You will learn how to initiate rapid and reliable incident reporting techniques; use modern data analysis to identify root causes; and implement hazard control measures and follow-up. This course qualifies for 0.65 CEUS toward the NSC Advanced Safety Certificate.



# PRE-CONFERENCE COURSES



### **PC09 - HAZWOPER 8-Hour Refresher** \$225 NDSC member, \$255 non-member Jay Skarphol, NDSC

8:00am-5:00pm, Intermediate

This refresher course fulfills the requirements of the HAZWOPER Standard for Construction and General Industry and includes updates and an overview of HAZWOPER requirements with a hands-on approach. Focus will be placed on identification, evaluation and control of a hazmat scene or incident. Course will also cover respiratory protection, DOT ERG, NIOSH pocket guide, and other topics. Hands-on elements will include donning and doffing SCBA units, PPE tape up exercises, air monitoring equipment, as well as a special exercise utilizing the components of HAZWOPER.

### PC10 - OSHA 7300 Understanding **OSHA Permit-Required Confined Space Standards**

\$175 NDSC member & non-member Dale Robinson, HR Safety Consulting, LLC 8:00am-5:00pm, All Levels

This course covers the requirements of the OSHA Permit-Required Confined Space Standard. Course topics include safety and health hazards associated with confined space entry, and the evaluation, prevention, and abatement of these hazards. The course covers OSHA requirements; it does not feature workshops (instrumentation, control methods and testing). This course is designed for small employers or a designated representative (line supervisor or manager) with the responsibility to develop a permit-required confined space program. Upon course completion, students will have a basic understanding of confined space hazards, evaluating and abatement of the hazards, and determining when a confined space shall be classified as a permit-required confined space.

### **PC11 - Arc Flash NFPA70E Standard** and Your Electrical Maintenance: **Are You Prepared?**

\$220 NDSC member, \$255 non-member Joe Schommer, RESA Power

8:00am-12:00pm, Basic-Intermediate The world of electrical hazards, protection and accident prevention can be a confusing place. Hundreds of deaths and thousands of injuries can be avoided each year by following the NFPA 70E: Standard for Electrical Safety in the Workplace. Be prepared by arming yourself with the knowledge of the types of electrical hazards and the effects of electrical shock and flash. This session will

identify the need for electrical safety as well as electrical maintenance and safety programs. Attendees will learn about arc flash hazard risk assessment, personal protective equipment (PPE) and shock and arc flash approach boundaries. Reduce your liability concerns while establishing a culture of safe work practices among employees after attending this session.

### **PC12 - DOT Compliance**

\$220 NDSC member, \$255 non-member Edon Willis, NDSC

8:00am-12:00pm, All Levels

Personnel responsible for managing commercial vehicles and drivers, such as fleet safety managers, driver managers, safety supervisors, HR professionals and administrative support personnel, can benefit from this course. This course includes a detailed overview of the Compliance, Safety & Accountability system, and training that is critical for carrier or fleet safety management including: driver qualifications records (Driver File template included in course); requirements to administer a DOT drug and alcohol program; hours of service requirements; reasonable suspicion programs and training requirements; vehicle inspection requirements; and identification of out-of-service violations on Commercial Motor Vehicles. Attendees will receive in-depth training on the FMCSA regulations including: commercial vehicle seatbelt and texting laws; DOT recordkeeping requirements; CDL disqualifiers, including nontraffic violations; employer requirements for trip planning; driver harassment protocols; CMV crash reporting requirements and more. \*

### **PC13 - Strategies to Improve Motor Carrier Safety and CSA Scores**

\$220 NDSC member, \$255 non-member John Sova, Joshua Anderson, NDHP 1:00pm-5:00pm, Basic-Intermediate Members of the North Dakota Highway Patrol Motor Carrier Operations division will take an in-depth look at FMCSA's Compliance, Safety and Accountability (CSA) program. Troopers will begin by reviewing how CSA scores are calculated and when alerts appear on a motor carrier profile. After creating a baseline understanding of scores, the training will then break down the use of the Safety Management Cycle to assist carriers in identifying strategies to improve and maintain their safety program. The session will end by reviewing and demonstrating quality Pre/Post trip inspections to positively impact the Vehicle Maintenance.

# **CALL FOR NOMINATIONS!**

Know someone who goes above and beyond for safety?

Deadline to submit nominations for the NDSC's **Duane Kuehn** Outstanding Safety Professional Award is January 20, 2023.

Find the application online at ndsc.org/awards

# PRE-CONFERENCE COURSES

### **PC14 - Road Construction Traffic Control, What All Construction Employers Need to Know**

\$220 NDSC member, \$255 non-member Dennis Snodgrass, NDSC

1:00pm-5:00pm, Intermediate

This course is for any supervisors or workers involved in street and highway work who are expected to provide a safe Temporary Traffic Control Zone. Workers who have a need for ANY type of traffic control can benefit from this training, including those in utilities, rail, road construction, maintenance, and city/ county/state employees. Participants will gain critical knowledge of the designing, installing, maintaining, and monitoring work zone traffic control. It will include temporary work zones, traffic patterns, and pedestrian patterns. This session provides attendees with an opportunity to understand the federal standards for maintaining traffic through a work zone. Students will receive specific sections from the Manual on Uniform Traffic Control Devices (MUTCD) and walk away with a working knowledge of the most important aspects. It is recommended for supervisors to take a traffic control refresher course every five years.

### **PC15 - Active Shooter Response Training**

\$100 NDSC member, \$125 non-member Don Moseman, NDSC

### 1:00pm-3:00pm, All Levels

We now average 16.4 large scale events per year in workplaces and schools. During this session, we'll teach your employees what they need to know about active shooter events. They'll learn the basic history of these events and where the greatest risks are identified. Attendees will learn national best practices from the U.S. Department of Homeland Security, considerations for emergency planning, and how to prepare for response to an active shooter event. This course focuses solely on the response to an active shooter event.

### PC16 - What's Hurting People Today?

\$220 NDSC member, \$255 non-member Bill Spreeman, Columbia Grain International 1:00pm-5:00pm, All Levels

There are many sources of Safety injury and accident information along with tools available for an organization to identify the greatest risks to their employees. This session will discuss the most recent/current information related to workplace injuries and what specific actions can be taken to reduce your risk to employees.

### PC17 - CPR/AED/First Aid

\$90 NDSC member, \$95 non-member Ashley Schaper, NDSC

12:30pm-5:30pm, All Levels

Do you know how to respond if your colleague collapsed on the job site? This course teaches students to take action in a medical emergency and prepares them to respond to choking, breathing and cardiac emergencies. Participants will learn how to use an automated external defibrillator (AED) in conjunction with CPR. First

Aid is taught using a combination of instructorled lecture, "watch-then-practice" videos, and hands-on training. Topics such as bleeding, burns, poisoning, and sudden illness are covered. Course content is applicable for industrial, office, and home settings. Upon completion, receive an Adult 2-year CPR/AED and 2-year First Aid certificate.

### PC18 - Those First Steps: Industrial Hygiene Sampling

\$220 NDSC member, \$255 non-member John Woutat/John Young, NDSC, Dylan Staack, REPSS

### 1:00pm-5:00pm, All Levels

This course will focus on how to create your industrial hygiene sampling plan for chemical and physical exposures; this includes noise, gas detection, silica, and respirable dust. This will include sampling techniques and methodology, reporting, and proper tools for exposure control using the hierarchy of controls as the backbone of the decision-making process. The course will also include a review of the ventilation concepts that will help the safety professional understand the differences between point of use ventilation and systemic dilution ventilation. Using models,

such as the well mixed box model, the safety professional will learn how to assess an exposure and use ventilation as an effective control in their system. \*

### **PC19 - Reasonable Suspicion** for Supervisors

\$125 NDSC member, \$150 non-member Edon Willis, NDSC

### 1:00pm-5:00pm, All Levels

This classroom course will give supervisors from all industries valuable training on the management of drug and alcohol abuse in the workplace. Supervisors will learn what to look for, and actions to take if someone seems unfit for duty. In addition to learning how to perform reasonable suspicion/cause testing, they will also learn WHY it is important to do so. Other topics include: important elements of a comprehensive substance abuse policy, and the greatest risk categories for drug and alcohol abuse among worker populations. This information will help reduce overall risk in the workplace by assisting supervisors in maintaining a proactive approach to drug and alcohol use among employees.

# TO REGISTER FOR PRE-CONFRENCE

Click "yes" to add on Pre-Conference courses during your registration.

### PRE-CONFRENCE MEMBER DISCOUNT

NDSC Members receive discounts on Pre-Conference courses. Just enter MEMBER2023 in the discount column at the beginning of registration.



Photo provided by Northern Improvement Company



# Wednesday Keynote Speaker

# SCOTT BLOOM

"Laugh. Learn. Connect. The Art of Building Powerful Connections that Grow Your Business"

WEDNESDAY, FEB. 22 • 8:30 am - 9:45 am, All Levels



Scott draws from his professional and personal world to deliver a hilarious and insightful talk that illustrates the importance of connecting with colleagues, co-workers and customers that goes beyond the ordinary courtesies. And in today's world where deeply personal and productive connections have been disrupted and diluted by a double whammy of rising digital interactions and a pandemic, this is especially significant.

Scott illustrates how the power of keeping it light AND personal can foster healthy, sustainable connections that can grow your business. He leans heavily into his core comedic strength and purposefully deploys laughter as the tonic for maximizing these lessons and the experience. \*

# **A01 • VA01 - Building a Safety Coach**Joe Melton, CSSI

11:00am-12:00pm, Intermediate Who is responsible for Safety? A corporate cliché would be "Safety is everyone's responsibility." A goal without a strategy is a wish or hope. If safety is everyone's responsibility all the time, what are Senior Leaders providing to employees to ensure they have what they need to be successful? Toolbox talks? PPE? A professional Safety Director/Staff? A Safety Committee? We can go on and on, but what we do know is all industries struggle with front-line leaders and middle management development with soft skills. This session will focus on how organizations can establish their "Minor League" development for their future leaders. We will focus on what skills we have found from our experience that Safety Champions typically possess.

A02 - Suspended Worker Rescue Chris Carlsen/Brad Warr, ROCO Rescue 11:00am-5:00pm, Intermediate

"ANSI Z359 as well as OSHA 1926.502(d)(20) require employers to provide the prompt rescue of employees in the event of a fall or assure that employees are able to perform self-rescue." Roco's Suspended Worker Rescue training is designed for safety and simplicity while minimizing exposure to the rescuers. The course includes hands-on techniques for rescuing a co-worker who is suspended from a personal fall arrest system (PFAS). Team rescue operations will be presented in order to prevent or minimize suspension trauma hazards for fallen workers. Safe, simple techniques will be used along with some of the latest and most

effective equipment. General fall protection requirements and the hazards of suspension trauma will be discussed. Pros and cons of the various systems will be thoroughly covered. *Course Max: 20* 

### **A03 - Ladder Inspection/Training**

Matt Patterson, Werner Co.

11:00am-12:00pm, All Levels

It's important to inspect every ladder before every use, and remember to tag it and throw it out when in doubt. Werner Climbing Pro, a series designed to promote ladder safety through education, will cover how to choose your ladder, safety before the first step, and safety when climbing a ladder. \*

### A04 - OSHA Update

Scott Overson, OSHA

11:00am-12:00pm, All Levels

This presentation will give an overview of key rulemaking activities currently affecting business and industry.

# A05 - Making the Most of Our Time in the Field and on the Floor

Eric Svendsen, Safety Culture 11:00am-12:00pm, All Levels

Safety cultures are significantly impacted by the degree to which leadership is "present" in the day-to-day activities of the workforce and the extent to which they make a point to observe the work practices of their teams. This is best accomplished through regularly scheduled safety-leadership walkthroughs. This presentation explores the common causes of missed opportunities during safety walkthroughs, calls attention to the

importance of the kinds of questions we ask in our conversations with employees and lays out a strategy for maximizing our time on the floor and in the field.

# A06 - Viewing Stop Work Authority Through a Human Factors Lens

Peter Batrowny, SafeStart

11:00am-12:00pm, Intermediate

This session will explore how organizations can create a climate to develop and support a program designed for people to look out for each other and speak up related to individual safety performance and decisions. We will discuss how the HFF can be a valuable tool to examine the SWA value. We will also discuss individual HF that may prevent people from exercising SWA and how the organization can support the sustainability of an SWA program.\*

### **A07 - Collaboration vs Confrontation**

Bill Spreeman/Casey Spreeman, Columbia Grain International/Black Diamond 11:00am-12:00pm, All Levels

The two approaches to resolving compliance issues can both be effective, however companies should be fully aware of the effect their approach will have on employee perception, retention, public perception, brand impacts, future compliance issues (potential), TRUST and leadership. Bill and Casey will share their experiences with resolving compliance issues related to significant employee injuries and fatalities. These are very impactful on the workplace and relationships with all stakeholders. Companies should be prepared for the situation where they may be faced with the unthinkable.

\* See full course description at ndsc.org

### A08 • VA08 - The Power of One Message

Erica MacDiarmid, ENM Consulting 11:00am-12:00pm, All Levels

We all know safety is important, most of us live and breathe safety, and we understand the importance of following procedures. But we also have a job to do and sometimes those safety policies or procedures just "get in the way." Have you ever been in a situation where you know what needs to be done but lack the support of the company? In this session, you will learn how one person, for better or worse, changed a company. And how in those worstcase scenarios, jobs could have been saved, companies folded, and how to prevent sending yourself and others to the unemployment line. Walk away from this session with a better understanding of how you can help your work environment by being proactive and communicating positive changes.

### **A09 - Winning the Fight Against Fatigue**

Dale Robinson, HR Safety Consulting, LLC 11:00am-12:00pm, All Levels

Fatigue refers to mental or physical exhaustion that stops a person from being able to function normally. It is more than simply feeling tired or drowsy. Fatigue is caused by prolonged periods of physical and/or mental exertion without enough time to rest and recover. A Fatigue Management System is a data-driven and scientifically based process that allows for continuous monitoring and management of safety risks associated with fatique-related error. Many industries are dealing with employee fatigue. Results of fatigue have led to worker injuries, illness and even death. Operational and personnel wise, fatigue can lead to financial hardship as well. \*

### A10 - WSI's Ergonomic Grant **Program...How Can It Help Your Company?**

Randy Wegge, WSI 11:00am-12:00pm, Basic

This session will give an overview of WSI's ergonomic grant program. Some of the topics that will be discussed include program eligibility, key components of the program, grant levels, and Q & A. Attendees will gain a better understanding of the program process and the benefits of participating.

### **A11 - Benzene Regulations** Dylan Staack, REPSS

11:00am-12:00pm, Intermediate An assessment of the current and upcoming

benzene standards. This discussion will outline the current standards and will discuss how the changes in the new standards will affect regulatory compliance. We will also discuss best practices for monitoring and personal exposure reduction and will introduce the tools available to accurately determine exposure.

### A12 • VA12 - OSHA Panel Discussion

Jennifer Rous/Scott Overson, Art Thompson & Bill Spreeman 1:30pm-2:30pm, All Levels

Don't miss this panel discussion with top OSHA personnel and expert safety consultants. They deep dive into prevalent safety issues here in North Dakota and our region and compare OSHA top 10 violations with WSI injury statistics. From trenching to industrial hygiene and all topics in between. Plus, they will address key OSHA definitions like "Competent Persons" that can have a major impact at your workplace, and how to properly interpret them.

### A13 - Trauma Post Suspension: A Patient Care Scenario

SIM ND

1:30pm-2:30pm, Basic

Participants in this interactive hands-on session will use patient simulators to practice assessing and providing first aid to a patient following a fall and suspension. Techniques on management of injuries related to suspension shock trauma with a focus on hemodynamic factors will be covered. Course Max: 30

### A14 - Ladder Fall Protection -**Core Training**

Matt Patterson, Werner Co. 1:30pm-2:30pm, All Levels

This Course presents an overview of the fundamentals of ladder fall protection. It also provides an in-depth look at the A, B, C, D, E and F's of fall protection, the products, and their features. This fall protection course will also cover inspection of harnesses, labels and different products used in the field, what harness, anchor point or body connecting device to choose for each application, how to wear the harness and ways to properly adjust the harness for each user and new ANSI update for SRLs.

### A15 - Not Another Safety Training

Joe Melton, CSSI

1:30pm-2:30pm, Intermediate

We've all sat through an educational or training session during which it was painful to pay attention and stay awake. During this session, we'll share some techniques and tools available to help spice up your trainings. The speaker will discuss and display techniques/tools he has used during the several hundred trainings he has conducted. He'll also cover tips for building effective PowerPoints and keys when developing handouts. This course will focus on simple rules and techniques for when to use pictures and videos. We'll discuss inexpensive games and interactive materials that can be used to make your trainings more hands-on for the learner. The speaker will discuss group interactive tools to engage and gauge your attendees' knowledge.

### A16 - Lead it, Don't Read it! Improving the Quality of Our Safety Talks

Eric Svendsen, Safety Culture 1:30pm-2:30pm, All Levels We've all seen it before – or maybe even done it ourselves! A pre-shift meeting or safety talk that's uninspired, boring, and looks a lot more like an exercise in going through the motions - out of obligation to a policy - than it does an opportunity to get their heads in the game to work safely because it's the right thing to do! This presentation explores best practices for engaging employees in safety meetings, safety talks, pre-job meetings, general production meetings, and other venues for safety communication.

### A17 - Beyond the Buzzword; **What Being Proactive in Safety Really Means**

Peter Batrowny, SafeStart 1:30pm-2:30pm, Intermediate We talk about being proactive but are our actions and metrics truly proactive? Learn how Visual Literacy enables us to be proactive in our safety leadership.

# A18 - Walking-Working Surface, Keeping Your Workers on Their Feet

Scott Gaddis, Intelex Technologies 1:30pm-2:30pm, All Levels

This session will improve your understanding of slips, trips and falls (STF) and how workers navigate their walking-working environment. Areas discussed will be recognizing the risks and identifying what controls are warranted to provide better safety. The session will also explore how slips, trips and falls occur, how to employ advanced inspection techniques and the STF controls hierarchy. Participants will also discuss a case study detailing proper risk analysis to build out full program understanding. A technical whitepaper will be offered to all attendees.

### A19 • VA19 - Passing Through the Storm - Michelle's Story

Dennis Snodarass, NDSC 1:30pm-2:30pm, Basic

Tropical storm Tammy offered no mercy. The wind and rain were fierce that dreary afternoon. The funeral was over. The family was meeting for an early dinner to mourn the loss of Michelle's fiance. She told everyone that she would meet them there, she just wanted to run and grab some things and have a minute alone. While her mother spoke with Michelle on the phone she heard a brief, "Oh no," and then silence. They had lost her. This presentation is about the dangers of distracted driving. No family is ever untouched by tragedy, and it is common to feel disconnected from others that have similar heartbreak. Some cope better than others, but it is important to learn from our experiences and never let any incident go to waste. There is hope and healing when passing through the storm.



### A20 - Extreme Temperatures "How to Survive"

Dale Robinson, HR Safety Consulting, LLC 1:30pm-2:30pm, All Levels

Temperature extremes require special measures, particularly if accompanied by extremes of humidity. Knowing how to recognize the causes of illness from extreme temperatures and how to prevent them is vital. Hypothermia, frostbite, heat exhaustion and heat stroke can all lead to serious or life-threatening situations. Prevention is the key measure. Can we control exposure (Eliminate, substitute, engineer, administrative or the use of PPE)? Learn the basics of how to recognize and prevent illnesses brought on by extreme temperatures.

### A21 - They Don't Understand! How to **Bridge the Gap Between HR & Safety** Erica MacDiarmid, ENM Consulting 1:30pm-2:30pm, All Levels

There was an incident resulting in an injured employee. Now what? What does the company need to know and why? What rights does the employee have and how do they work with HR? In many cases, there is a disconnect between the company, HR, and safety. Between trying to do what is best for all parties involved, the infighting can be relentless and cost the company hundreds or thousands of dollars in lost time, employee wages, and increased insurance. This interactive session will provide awareness and suggestions on how to bridge the gap for the best possible outcome. Join us to learn how to save your company time and money. And most importantly, maintain your sanity as you navigate through WSI, HR, and company policies. This class is geared toward anyone in a leadership or supervisory role, HR and HSE personnel.

### **A22 - Quantitative vs Qualitative Fit Testing: Identifying the Gaps in your Respiratory Protection Program** Dylan Staack, REPSS

1:30pm-2:30pm, Basic

An in-depth look at the various methods for fit testing. This comparison of methods will outline all available practices on the market, and will discuss proper execution of the practice. This discussion will ultimately identify the gaps in the current methodologies, and will help the EHS professional make decisions for fit testing best practices.

### A23 • VA23 - Priority or Value? What Do We Really Think and **Believe About Safety?**

Eric Svendsen, Safety Culture 3:30pm-5:00pm, All Levels

Safety culture starts with the way we think and believe about safety. Culture is about people and relationships, not about compliance to regulations. Safety must be taken out of the category of "highest priority," and placed in the category of "core value" before it can become a culture. Core values are identified and connected to personal safety, as are the differences between priorities and values. Participants work in small groups to define the differences between following and enforcing safety as a compliance regulation, and leading safety as a culture.

### A24 - Trench Collapse with Traumatic Asphyxiation: A Patient Care Scenario

SIM ND

3:30pm-5:00pm, Basic

Participants in this interactive hands-on session will use patient simulators to practice assessing and providing first aid to a patient who was recently rescued from a trench collapse. Topics will include scene safety, EMS activation, traumatic asphyxiation, spinal stabilization, fractures, crush syndrome, hypothermia, teamwork, and communication in an emergency environment. Course Max: 30

### A25 - Influencing Up

Joe Melton, CSSI

3:30pm-5:00pm, Advanced

Influential leadership is the key attribute that separates individuals who can manage a team versus those who can influence without authority. Influencing subordinates or providing direction is a practice that has been targeted as critical soft skill development for a few decades now; the gap in many of these developmental programs is targeting our ability to influence those we do not have authority over, as well as influencing those up the chain of command. In this session, we will dive into the four domains of effective influential leadership; we follow the guide provided by the US Army Rangers that all Rangers are a leader. We will develop individual leadership profiles while working through the four domains, identifying which areas individuals are more robust in while identifying which

areas could use some development. These development plans will directly correlate to enhancing the attendee's ability to influence in their careers, communities, and personal lives. \*

### A26 - Drugs - Signs & Symptoms in the Workplace

Travis Jacobson, Minnkota Power 3:30pm-5:00pm, All Levels

The use of drugs can do some interesting things to the human body, a lot of which, cannot be controlled by the person using the drugs. These signs and symptoms are used by individuals to determine the use of drugs. There are several things a person can look at to help determine if someone is under the influence. This presentation will provide some tools to help supervisors, etc. determine if someone is under the influence of drugs.

### A27 - Strategic and Tactical **Implications of SIF Programs**

Peter Batrowny, SafeStart

3:30pm-5:00pm, Intermediate

This session will explore the new thoughts in SIF precursors. We will discuss the strategic and tactical implications of developing, implementing, and continuously improving a SIF program. This session is appropriate for organizations that have a SIF program or desire to develop and implement a program.\*

### **A28 - Going from Good to Great: Transforming Safety Performance** with Technology

Scott Gaddis/Justin McElhattan, Intelex Technologies

3:30pm-5:00pm, All Levels

Safety professionals have access to more safety technologies than ever before. However, many organizations are still working on paper and spreadsheets within siloed data systems - unable to achieve great performance. This session will cover technology solutions and key applications that will transform safety programs for the better. You'll learn about new technologies for safety, core safety applications that build a better safety management system, technologies that will improve training and communication, using big data and prescriptive analytics to improve performance, and how to improve safety from your mobile device.



### A29 • VA29 - Jump Start your **Safety Committees**

Dale Robinson, HR Safety Consulting, LLC 3:30pm-5:00pm, All Levels

If a Safety Committee checkup is not performed periodically then the effectiveness will lose its worth. This session will also introduce ideas to revitalize, or jump start your Safety Committee and look at lessons learned from other safety committees in industry. It will address issues that are most common within an established Safety Committee and will allow for discussion amongst peers to see what has worked and is not working in their committee.

### A30 - Safety Benchmarking, Staying in Touch with Your Employees. **Perception vs Reality**

Bill Spreeman, Columbia Grain International 3:30pm-5:00pm, All Levels

There are many ways to measure and determine the effectiveness of your safety systems and cultural effectiveness. Focusing on traditional leading and lagging metrics can be misleading and allow the commitment to culture to be left to chance. Using perception metrics is an important option that all companies should consider. Prior to selection and use of benchmarking tools there are some considerations that will be presented and discussed.

### A31 - myWSI - New and Improved **Employer Dashboard**

Nicole Spoor/Stephanie Maher, WSI 3:30pm-5:00pm, All Levels

Serving employers beyond standard business hours has been a priority for Workforce Safety & Insurance over the past several years. While we have offered employers online services for many years, in 2017 we took a big step with the myWSI portal, connecting employers to their WSI account. In the summer of 2022, we gave employers a new experience and additional functionality. The updated experience includes a customized dashboard based on the user's access, improved navigation to applications, enhanced tools for managing users, and overall new look. In addition, the Designated Medical Provider application was updated and is now accessed through myWSI. This session will provide an overview of the myWSI portal and how to navigate the new and improved employer dashboard.

### A32 - I've just been Voluntold to Lead the Team - Now What?

Erica MacDiarmid, ENM Consulting 3:30pm-5:00pm, Basic

You have just been told that you are now the person in charge. Your peers now report to you. Yay - you've been promoted! Now what - you didn't ask for this opportunity. How do you transition from peer to manager? In this session, you'll learn about the characteristics and attributes of a good manager and the difference between a leader and a manager. Learn new ways to communicate information to your former peers to help them make the mental transition from friend/colleague to manager. Walk away from this session with tools to help you manage a team, have those difficult conversations, and ways to excel in your new management position.



# **HURSDAY COURSES**



# Thursday Keynote Speaker

1980 U.S. Men's Hockey Olympic Gold Medalist; CEO, Gold Medal Strategies; Author, 'Gold Medal Strategies' and 'We Win!'

"Inside the Winning Locker Room"

THURSDAY, FEB. 23 • 8:00 am - 9:15 am, All Levels



When Coach Herb Brooks began building the 1980 U.S. Olympic Hockey Team, he said, "I'm not looking for the best players – I'm looking for the right ones." Herb understood the importance of recruiting over hiring, and invested the appropriate time, research and energy into ensuring he had the right players on his roster. Herb's meticulous recruiting paid off, as is evidenced by the inspiring victory by one of the greatest underdog teams in Olympic history. Through this session, learn best practices from the 'Miracle' team's goalie himself on how to carefully qualify everyone you attach to your business, to recruit only the type of players who will best serve your team, and how to uncover your captain and team leader as you create the future for your teams and thereby your companies. Jim will share how his team was able to overcome unanticipated obstacles and provide you a framework to develop yourself and your own teams. Anything is possible if you Believe!

### **B01 • VB01 - Safety for Effective Leaders-Empowering People to** Work Safely!



John will help you celebrate your safety successes and teach you effective communication and motivational skills to empower your people to work safely. You will leave this session inspired with new tools, passion, and energy to work safely and continue to help your people build a stronger safety culture that prevents injuries, because it's the right way to work! \*

### **B02 - Patient Care and Packaging** for Confined Space and **High Angle Environments**

Chris Carlsen/Brad Warr, ROCO Rescue 10:30am-5:00pm, Intermediate Safely moving a person who has been injured or has suffered a medical emergency can be challenging enough when working at ground level. What if that person is inside of a confined space or working on an elevated platform/structure? We will look at some of the most popular patient packaging devices used by rescue teams to safely transport a person to the ground where they can receive definitive medical care. Participants will have the opportunity to apply and ride inside of these various devices in a number of different configurations to fit the given environment.

### **B03 - Fall from Height Head Injury: A Patient Care Scenario**

SIM ND

Course Max: 20 \*

10:30am-12:00pm, Basic

Using high-tech patient simulators, attendees will practice assessing and providing first aid to a patient with a head injury following a fall from height. Topics will include scene safety, spinal stabilization, signs and symptoms of traumatic brain injury, and teamwork and communication in an emergency environment. Course Max: 30

### **B04 - Building Employee** Engagement for a Stronger Safety Culture

Eric Svendsen, Safety Culture 10:30am-12:00pm, All Levels

There is a proven correlation between higher levels of employee engagement and a stronger commitment to safe-work behaviors. Engaged employees are five times less likely to have an accident, seven times less likely to have a losstime injury, and they cost the organization onesixth the cost of unengaged employees. They are natural owners of their environment, are actively looking for opportunities to contribute, and are natural champions of leading a safety culture-if we just let them lead! This presentation explores the "how-to's" and advantages of building employee engagement and ownership in our employees. Participants work in small groups to apply the drivers of engagement specifically to their own environment.

### **B05 - Traffic Control Around** Open Excavation (Employee and Public Safety)

Dale Robinson, HR Safety Consulting, LLC 10:30am-12:00pm, All Levels

Did you know that many workers have been struck and killed while working around open excavations and even public traffic have entered work zones that were not properly marked. OSHA references the MUTCD for sign, signals and barricades in work zones and around excavations to protect employees and the public. This session will cover elements

of controlling traffic and properly marking hazardous work zones.

### **B06 - Policy to Passion**

Joe Melton/Bill Spreeman, CSSI 10:30am-12:00pm, Basic-Intermediate

This seminar explores the evolution from a traditional safety culture to an engaged culture owned and driven by an empowered and impassioned workforce. Traditional (lagging indicators) and innovative (leading indicators) performance metrics will be reviewed. This information is intended for experienced safety and operations leaders seeking to accomplish world-class performance levels sustained by an engaged workforce. We will explore how incorporating a passion for safety can change an organization and provide a motivating case study. This seminar is an excellent opportunity for organizations who desire to be top in class in all things they do, especially safety.

### **B07 - New to Safety**

Danny Smith, SafeStart 10:30am-12:00pm, All Levels

Given today's business climate, many managers find themselves with safety as "another hat to wear" in addition to their regular duties. This may be especially true with individuals in small to medium sized companies where down-sizing, reductions in force, and the overall drive to "do more with less" have occurred. This session focuses on the major concerns safety managers have and explore ways to gain support from all levels of the organization. \*

# **REGISTER NOW AT**

# THURSDAY COURSES

### **B08 • VB08 - Going from Good** to Great: Transforming Safety Performance with Technology -**REPEAT**

Scott Gaddis/Justin McElhattan, Intelex Technologies

### 10:30am-12:00pm, All Levels

Safety professionals have access to more safety technologies than ever before. However, most organizations are still working on paper and spreadsheets within siloed data systems - unable to achieve great performance. This session will cover technology solutions and key applications that will transform safety programs for the better. You'll learn about new technologies for safety, core safety applications that build a better safety management system, technologies that will improve training and communication, using big data and prescriptive analytics to improve performance, and how to improve safety from your mobile device.

### **B09 - Reasonable Suspicion of Drugs** Travis Jacobson, Minnkota Power 10:30am-12:00pm, All Levels

In order for employers to keep a safe working environment for their employees, it is important to have a reasonable suspicion program in place. This presentation will touch on some signs and symptoms that employers can use to formulate reasonable suspicion and potentially lead to drug testing the employee. I will help boost the confidence of Supervisors, etc. to act on signs and symptoms that an employee exhibits and feel confident that they should go to the next level to report reasonable suspicion of drugs on the job. The presentation will talk about what steps to take after you have formulated reasonable suspicion (e.g. "The Meeting," documentation, process, testing, employee assistance program, etc.).

### **B10 - Selling Safety - 3 Key Elements** Safety Pros Need to Close the Deal Joel Ferguson/Sam Gubler, Grainger

10:30am-12:00pm, Intermediate Most safety professionals did not pursue the safety profession to be salespeople. However, salespeople have superior influential skills that are critical to our role as safety professionals and our ability to protect people, property, and the environment. As safety professionals develop, much focus is placed on technical skills, the ability to interpret codes, standards, and best practices and implement them into system design and policy development. Safety, however, does not happen without the element of people, and the buy-in of all people within the organization can make or break the implementation of safety initiatives and the development of safety culture. Safety professionals must add to their core competencies the skills common among salespeople to have influential conversations, demonstrate safety's value, and align this value to the organization.

### **B11 - Noise Regulations: Insight on** the OSHA Hearing Conservation Standard and the Tools to **Appropriately Monitor Your Worker** Dylan Staack, REPSS

10:30am-12:00pm, Intermediate-Advanced An in depth look at the hearing conservation standard. We will address when to use the OSHA PEL standard, when to use the OSHA HC standard and how the two OSHA standards differ from one another and the ACGIH standard. Having a better understanding of the standards, the presentation will shift focus to accurate measurements and exposure predictions.

### B12 • VB12 - You Can't Bubble Wrap the World

Danny Smith, SafeStart 1:30pm-2:30pm, All Levels

In industrial safety, the hierarchy of controls is very effective in reducing injuries. However, statistically most worker injuries occur outside of the workplace – where industrial controls are not applicable. While we can't bubble wrap the world, we can teach employees personal safety skills they can use 24/7.

### B13 - "What's Wrong with Fred?" A Patient Care Scenario

SIM ND

1:30pm-3:45pm, Basic

Using high-fidelity simulators, purposeful debriefing, and deliberate practice techniques learners will have a hands-on opportunity to manage 3 different kinds of patients. Learners will be confident recognizing signs of a stroke, managing an opioid overdose, and using a team-based approach to CPR with an AED. Course Max: 30

### **B14 - Grain Handling Safety**

Joe Melton/Bill Spreeman, CSSI 1:30pm-2:30pm, Basic-Intermediate

In this session we will cover the most cited OSHA 1910.272 standards, while discussing solutions and techniques for compliance with these

standards. We will cover common exposures in the Grain Industry and recent events for Workshop learning moments. The presenter has 15 years' experience in grain handling operations and grain safety. This experience will lead to an interactive question and answer session. The presenter has performed over 300 mock OSHA audits on grain handling and processing facilities. Attendees are encouraged to come ready with questions and mindset for learning.

### **B15 - The Lone Worker!**

Dale Robinson, HR Safety Consulting LLC 1:30pm-2:30pm, All Levels

Lone workers are found in a wide range of situations and are those who work by themselves without direct supervision. OSHA does not have a specific requirement to develop and implement a work alone policy in the USA. But failure to have a policy could be considered a General Duty OSHA requirement and has been cited by OSHA in the past under the General Duty Clause. This session will discuss and introduce ways to protect, communicate and monitor the lone worker.

### **B16 - Believe in Safety**

Brandon Schroeder, Believe in Safety 1:30pm-2:30pm, All Levels

Brandon Schroeder was an active tradesman for 15 years before one day changed his perspective on safety forever. August 24, 2011 should have been listed as Brandon's date of death, but it was instead his catalyst for change. Brandon was involved in an arc flash accident that shook a building over a block away from the accident site. He was lucky enough to survive, not without a fight, and chose to tell his story to thousands worldwide to affect change in how employees view safety. Listen to Brandon as he recounts the events of the tragic day that nearly took his life, outlays the contributing factors, and informs your employees regarding retrospective avoidance techniques. Brandon brings safety into real world application, so your employees walk away with techniques on how to make safety a priority in their daily lives.



Photo provided by Consolidated Construction

# THURSDAY COURSES

### **B17 - Unleashing Safety Culture** through Control of Process Variability

Scott Gaddis, Intelex Technologies

1:30pm-2:30pm, Intermediate-Advanced There's no magic bullet for an easy and quick fix when it comes to building a safety culture. Every organization is unique and dynamic in nature, and each has its own personality. This presentation will explore safety management systems regarding the right focus areas, key program elements, finding and prioritizing gaps, and how best to mitigate such risks with practical programming. An event case study will be covered and how to identify the right risks in your management system, root cause understanding, and how new technologies will threaten or help your safety performance. Understanding adaptable safety process models, and how best to leverage system growth and robustness through new human factor approaches is the goal of this session.

### B18 • VB18 - Return to Work **Services Overview**



Osten Richter, WSI

### 1:30pm-2:30pm, Basic

This session is an overview of the services provided by Return to Work of Workforce Safety & Insurance. Return to Work supports the Claims Department to facilitate a safe and efficient return to work for injured employees. The team's purpose is to educate, assist, and coordinate while working collaboratively to provide support for injured employees.

### **B19 - Coaching Safety-Leadership** Performance and Behaviors

Eric Svendsen, Safety Culture 1:30pm-3:45pm, All Levels

Safety leadership must be reinforced through coaching, and coaching must be done in a way that transfers ownership for performance and behavioral changes to the person who is being coached. Our coaching method starts with communicating a concrete goal against which current levels of performance and behaviors are measured. Participants learn established coaching principles, how to generate options for improvements with the person they are coaching, and how to transfer ownership for those improvements and gain a solid commitment for improvements from the person who is being coached.

### **B20 - Competent Person for Trenching and Excavating**

Scott Overson, OSHA

### 1:30pm-2:30pm, All Levels

During this one-hour presentation, OSHA will define and explain the responsibilities of the competent person in trenching and excavating. This will include an in-depth review of the requirements of the competent person to classify soil, define the protective systems and plan for emergency response.

### **B21 - Using the Right Metrics to Evolve your Safety Program**

Joel Ferguson/Sam Gubler, Grainger 1:30pm-2:30pm, Basic

What information are we missing? How do we get the right metrics? What do we do with them? As safety leaders, these questions are common when wrestling different injury logs, LOTO audits, etc. We are going to look at the identification of metrics that should be captured in a safety program, recognition of how leading and lagging indicators affect approach to safety, and finally the measurement methods to improve safety culture and performance. Join us as we look at what we have, what we need, how to get it, and how to use it!

### B22 • VB22 - Using Human and **Organizational Performance (HOP)** to **Enhance Workplace Safety** Lori Guasta, NSC



### 2:45pm-3:45pm, All Levels

**Human and Organizational Performance** (HOP) is an operating philosophy combining human factors engineering with organizational psychology. The goal of HOP is to create more efficient, more resilient, and safer workplaces where employees and leaders are both engaged and valued by each other and the organization. This session will provide an overview of the six key HOP principles to enhance workplace safety.\*

### **B23 - Why Training Fails - Lessons** in the Field

John Young, NDSC

### 2:45pm-5:00pm, Intermediate

You have spent hundreds if not thousands of dollars on training. You have a written safety and health program. However, during your accident investigation you determine that training was a root cause contributor to this accident. During this class, John Young will discuss and identify the most common training failures he observed during his 20 years of conducting investigations and provide suggestion to reduce or mitigate training failures.

### **B24 - Windshield Time: Managing** Safety with your Drivers and Fleet

Jason Uhlir, Minnkota

### 2:45pm-3:45pm, Basic

We will cover strategies that can be used to reduce risk related to company vehicles and employee miles driven. Driving being one of the most dangerous things employees do daily, this session will provide many options to help companies improve the safety performance of both their drivers and their fleet.

### **B25 - Four Components of** OSHA 1910.147

Bill Belongia, Master Lock

### 2:45pm-3:45pm, Intermediate

This session will focus on a critical breakdown of 1910.147 and allow attendees to understand the requirements and best practices within four components of Lockout Compliance. As they are built, efficient work practices are created to produce satisfactory results. \*

### **B26 - Would You Watch Out For** Mv Safetv

John Drebinger, John Drebinger Presentations 2:45pm-3:45pm, All Levels

Learn how to be your brother's keeper in a positive and comfortable way. John gives people the "why" and "how" of working safely and the benefits of bringing that same safety mindset home with them. He shares proven techniques to make people feel empowered to approach others in a safe and comfortable way, when conveying their safety concerns. You will leave this session with new tools, passion, and energy to help your people work safely at work and bring that same safety mindset home with them. \*

### B27 • VB27 - First and Goal



Joe Melton, CSSI

### 2:45pm-3:45pm, Basic-Intermediate

In this session, Joe will review the safety climate and the steps that it takes to move from good to great. He will focus on developing a world-class, top of your industry safety organization and share dashboard ideas on how to get there.

### **B28 - Capabilities and Limitations of Real-Time Personal Exposure Monitors**

Brian Liddell, USDOL/OSHA Health Response Team

### 2:45pm-3:45pm, Intermediate

OSHA's Health Response Team has investigated many accidents and fatalities related to chemical exposures in the oil and gas industry. In many of these cases, improper selection, maintenance or use of gas detection meters by employers and workers was a contributing factor to the accident or fatality. This presentation will discuss example cases to illustrate the importance of employers and workers understanding the capabilities and limitations of gas detection meters.

### **B29 - Safety Technology Pilot &** Implementation Roadmap: Making **Innovation Accessible**

Dylan Staack, REPSS

### 2:45pm-3:45pm, Basic

An overview of the instrumentation available to assist the EHS professional accurately monitor their exposures. The session will look at various tools for monitoring, and will be a guideline for the EHS professional when choosing those instruments. The session will include instruments for hands on display and demo following the delivered material.

### **B30 - 101s of NFPA 70E and Key Changes Over the Past Years**

Kam Alipour, Cintas

### 2:45pm-3:45pm, Basic-Intermediate

During this session, you will learn the key basics of staying in compliance with NFPA 70e when it comes to protecting your electrical workers. Learn about Arc Flash Assessments, proper PPE standards, why not all FR is the same and much more. This will help you build out a proper program or help fill in any gaps you are missing in your current program.

# THURSDAY COURSES

# B31 • VB31 - OSHA Update - REPEAT



Scott Overson, OSHA 4:00pm-5:00pm, All Levels

This presentation will give an overview of key rulemaking activities currently affecting business and industry.

### B32 - Improve Accountability and Efficiency in your Lockout Management System

Bill Belongia, Master Lock 4:00pm-5:00pm, Basic

We will dissect how 1910.147(c)(5) applies selection criteria to identify your program's optimal safety padlocks and drive efficiency in your facility. Learn how decisions on lock features and methods of deployment impact accountability, efficiency, and compliance. Learn how to choose the optimal safety padlock for your facility and/or program based on the type of lockout being performed and who is performing it. You will also learn strategies to set up your lock and key management system to comply with OSHA 1910.147(c)(5).

# B33 - 29.CRF.1910 Blah, Blah, Blah: What Comes Next Makes All the Difference

Danny Smith, SafeStart 4:00pm-5:00pm, All Levels

Compliance training is obviously required, but does it go far enough? If your safety program is only meeting minimal requirements, then it's likely that it's not keeping your workers as safe as possible. Moving from basics to best practices that address human factors can produce more reliable and predictable outcomes. Attendees will learn how to: distinguish the differences between technical and people systems, evaluate the effectiveness of their existing training programs in addressing the human factors that impact outcome reliability, and identify key areas where their company's safety processes could be improved by utilizing a holistic approach to move beyond compliance.

### B34 • VB34 - Safety vs. Risk Management: The Balancing Act Jason Uhlir, Minnkota



Safety and Risk Management are two important topics for businesses that commonly get confused. Even more challenging is the fact that often the two topics are "hats" worn by the same manager. This session is intended to cover the basic principles of "safety" and "risk management" and focus on the times these two topics don't exactly align. Participants will leave with a better understanding of each topic, and strategies that can be used to help limit liability to themselves or their companies.

# B35 - Workplace Violence: Using Technology to Reduce Risk

Kenna Carlsen, NSC

4:00pm-5:00pm, All Levels

Unfortunately, none of us can say, "This won't happen where I work." Workplace violence

is a chronic threat across all industries and occupations, but technology solutions exist today to better protect your workforce. Join us as we dive into the new Workplace Violence: Using Technology to Reduce Risk report and playbook from the Work to Zero initiative at the National Safety Council. This resource equips organizations with information and solutions, and examines key steps employers can take. \*

### B36 - Real-Time Exposure Monitoring Provides More than a Warning of Unsafe Conditions

Jedd Hill, USDOL/OSHA Salt Lake Technical Center

4:00pm-5:00pm, Intermediate

Real-time monitors are an essential resource to notify workers of potentially hazardous conditions. Yet these monitors are more than just an alarm, they often collect and provide essential data that can be used to assess exposures where high concentrations and/or IDLH conditions are possible. This presentation will discuss potential strategies and opportunities to utilize data from personal monitors to better protect worker health and safety.

# **B37 - Introduction to Workers Compensation - Claims 101**

Reyne Richter, WSI

4:00pm-5:00pm, Basic

When someone is injured at work, do you know what to do? Claims 101 will focus on the claims process and philosophies. We will focus on the importance of having a claims management philosophy, the importance of injury reporting timeliness, and developing a return-to-work program. Managing a claim is a team effort, so we will discuss the team players.

### B38 - Combining Electrical Maintenance and Your Electrical Safety Program. Are You Prepared? Joe Schommer, RESA Power

4:00pm-5:00pm, All Levels

The world of electrical maintenance, electrical hazard protection and accident prevention can be a confusing place. Learn best practices in regard to ensuring that your Electrical Maintenance Program and your Electrical Safety Programs are working in concert with each other. Be prepared by arming yourself with the knowledge of the types of Preventive and Predictive Maintenance being implemented within the electrical power distribution systems throughout our industries.

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# FRIDAY COURSES



# Friday Keynote Speaker

# JREN SI

"Unlocking the Shackles of Shame"

FRIDAY, FEB. 24 • 10:45 am - 12:15 pm, All Levels



As a freshman at Rutgers University, Lauren Sisler unexpectedly lost both of her parents within hours of each other to their concealed battle with prescription drug addiction. She had a choice to make, hide the story and suffer alone, or use her struggles to help someone walk out of the shadows. It was only when Lauren started working as a reporter for ESPN, more than a decade after the death of both her parents that she started to truly undo the shackles of shame. "In my job, I find the truth in athletes' stories and report on how their personal lives shaped who they are. And yet the shame I inherited stopped me from telling the truth about my own story. By facing my trauma, I discovered hope amidst the pain I felt from my parents' addiction. It has shaped me into who I am." Lauren is an avid addiction prevention advocate, dedicated to breaking stigmas and eliminating the shame associated with substance abuse and mental health disorders. Lauren takes audiences behind the scenes of her extraordinary journey, and how tragedy ignited purpose and gratitude in her life.\*

### **C01 • VC01 - Defined by Defeat:** The Real Champion's Story



Lauren Sisler

### 8:00am-9:15am, All Levels

Life rarely goes according to script. As an 18-yearold at Rutgers University, Lauren Sisler's reality was shattered when - within hours of each other - she lost both parents to their concealed battle with prescription drug addiction. In the weeks and months to follow, Lauren was catapulted into a new, painful reality, one in which the pictureperfect life as she knew it was overshadowed by grief and shame. Despite unfathomable adversity, she pursued her passions and rose in the ranks in the uber competitive field of sports broadcasting. Lauren is now a two-time national and regional Emmy award-winning sports broadcaster with ESPN and SEC Network. She shares invaluable insight into the secrets of successfully overcoming adversity and the fundamentals of resilience that are now written into the chapters of her story.\*

### **C02 - Meaningful Safety Metrics**

Bill Spreeman/Casey Spreeman, Columbia Grain International/Black Diamond 8:00am-9:15am, All Levels

Throughout their careers Bill and Casey have developed and implemented safety performance metrics. They wish they could say they have all been GREAT, but reality is there are effective and "not so" effective safety performance metrics. Examples and effectiveness of several safety performance metrics will be shared and discussed along with a metric selection tool for participants.

### **C03 - Safety for Effective Leaders-Empowering People to Work** Safely! - REPEAT

John Drebinger, John Drebinger Presentations 8:00am-9:15am, All Levels John Drebinger will help you celebrate your

safety successes and teach you effective communication and motivational skills to empower your people to work safely. You will leave this session inspired with new tools, passion, and energy to work safely and continue to help your people build a stronger safety culture that prevents injuries, because it's the right way to work! \*

### CO4 - Passing Through the Storm -Michelle's Story - REPEAT

Dennis Snodgrass, NDSC 8:00am-9:15am, Basic

Tropical storm Tammy offered no mercy. The wind and rain were fierce that dreary afternoon. The funeral was over. The family was meeting for an early dinner to mourn the loss of Michelle's fiance. She told everyone that she would meet them there, she just wanted to run and grab some things and have a minute alone. While her mother spoke with Michelle on the phone she heard a brief, "Oh no," and then silence. They had lost her. This presentation is about the dangers of distracted driving. No family is ever untouched by tragedy, and it is common to feel disconnected from others that have similar heartbreak. Some cope better than others, but it is important to learn from our experiences and never let any incident go to waste. There is hope and healing when passing through the storm.

### C05 - Safety's Flux Capacitor: Shaping the Future of your Organization

Danny Smith, SafeStart 8:00am-9:15am, All Levels

If you had a workplace time machine, what insights would your future-self provide? Most leaders would want to use this opportunity to improve the outcome reliability in common problem areas like safety, performance, employee engagement and culture. The

great news is reliable outcomes don't require seeing the future. A human factors framework model can provide a prescriptive approach to addressing deficiencies in organizations. Participants will learn the common challenges associated with human factors—within both individuals and organizations. \*

### **C06 - Making Innovation Accessible for Fatality Prevention** in the Workplace

Lori Guasta/Kenna Carlsen, NSC 8:00am-9:15am, All Levels

Since 1913, the National Safety Council has used data, expertise, and innovation to solve tough workplace safety problems. With thousands of workers still dying each year, NSC is working to change that through its Work to Zero initiative, designed to eliminate non-roadway workplace fatalities using technology. This session will present the most common hazardous situations contributing to workplace fatalities, as well as promising safety technologies for fatality prevention. Resources will also be shared to help make innovation more accessible for employers.

### **C07 - Confined Space Entry** a Team Sport

Chris Carlsen/Brad Warr, ROCO Rescue 8:00am-9:15am, Intermediate

Confined Space entries are a regular occurrence across industries, but entering a confined space is not as easy as identifying the Entrant, Attendant, and Entry Supervisor. So much more goes into entering a confined space; it takes a team to ensure it is done safely. We will look at regulatory and consensus standards to define who should be on your team and what it takes to be a member.

# FRIDAY COURSES

### C08 - Silica Sampling Techniques and Strategies for Dynamic Sampling Environments

Dylan Staack, REPSS

8:00am-9:15am, Advanced

A comparative discussion on the various techniques for silica sampling in various environments. Factors such as duration of exposure, temperature, RH and personal decisions all influence the workers exposure. We will discuss ways to create sampling programs that help account for multiple variables.

# C09 - Addiction Epidemic and its Impact on ND

Dr. Melissa Henke, Heartview Foundation 8:00am-9:15am, All Levels

The addiction epidemic is continuing to impact the entire state of North Dakota. This session will address not only how this epidemic started but also how it has continued and the role that we can all have in saving lives. Discussion will cover stigma and how that prevents people from getting the help that is needed. We will discuss the fentanyl epidemic and the specific tools that are available to help save the lives of people struggling with this deadly disease. Everyone can play a part in ending this deadly epidemic.

### **C10 - Contractor Pitfalls**

Sara Cote, WSI

8:00am-9:15am, Basic

If you are a contractor, this class is for you! The one-hour session explains North Dakota workers' compensation law and how it relates to both contractors and subcontractors. The discussion includes a review of information you should be requesting from every contractor and an understanding of how that documentation can protect your business.

# C11 - How To Prepare Your Company / Locations for Compliance Inspections

Bill Spreeman/Casey Spreeman, Columbia Grain International/Black Diamond 9:30am-10:30am, All Levels Throughout their careers, Bill and Casey's companies have experienced many compliance inspections from different compliance agencies and experience has shown the outcomes can vary greatly depending on preparation and the type of inspection. The tools and preparations that can be in place will be shared and discussed along with actual results of corrective actions resulting from different types of inspections shared.

### C12 - Ensure Your Safety-Helping People Take Personal Responsibility for Their Own Safety

John Drebinger, John Drebinger Presentations 9:30am-10:30am, All Levels

In a fun and engaging magical message, international safety speaker John Drebinger will show you how to get your employees and contractors to take personal responsibility for working safely at work and at home. The key to John's insightful approach is the premise that safety must be a personal value and that values don't change when conditions change, even in tough times. \*

### C13 - Avoiding Shocking Experiences: Electrical Safety for Non-Electricians

Jason Uhlir, Minnkota

9:30am-10:30am, Basic

This session will focus on the hazards of both common120/240-volt electricity, as well as high voltage electricity found in electrical distribution and transmission lines. The objective of the session is to familiarize the attendees with hazards, and provide them the knowledge to keep themselves, their families, and their employees safe from accidental contacts with electricity.

### C14 - How Soon We Forget

Danny Smith, SafeStart

9:30am-10:30am, All Levels

How many important things have you forgotten? That's a great set-up to the punchline, "I don't know – I forgot!" But what if it's a critical new skillset that mitigates specific risks like those experienced during a pandemic?

How do we avoid Complacency Drift's trap and develop skills which become habitual? At the conclusion of the session, participants will be able to: recognize and describe the process in which people lose focus on the utilization of skills and techniques, understand, and be prepared to discuss how this pattern can inadvertently increase exposure, and create a plan which actively addresses all these issues, starting at the personal level, but also with the intention of incorporating this plan into overall EH&S training strategies.

### C15 - Developing Meaningful Ergonomic Training for Employees

Andrea Jensen, Trail King

9:30am-10:30am, All Levels

Strains and sprains are the leading cause of workers compensation injuries. Yet many companies spend minimal amount of time teaching employees about ergonomics. One of the reasons is that ergonomics training can be technical and hard for employees to engage with. In this session you will learn some key elements of ergonomic training, and how to make it fun and engaging for employees.

# C16 - Utilizing Drones and Sensor Technology in the Energy Industry

Matt Dunlevy, SkySkopes

9:30am-10:30am, All Levels

Drones and sensor technology have brought effective new ways to perform inspections for the energy industry. Drones have proven the ability to attach multiple sensor payloads for a variety of use cases. Utilizing a wide range of sensors such as, visual cameras, infrared cameras, LiDAR sensors, OGI and methane detection sensors, can provide operators with a more efficient and safe means of completing projects. Drones can be put to use in different environments, both internally and externally, that would historically be challenging or unsafe for workers. When it comes to utility, oil & gas, and renewable assets, the ability to utilize drones and sensor technology will continue to have a positive impact on the safety and reliability for years to come.



7:00 am - 8:00 am Friday, February 24

Forget continental breakfast – bacon lovers rejoice! Join us for a hot breakfast Friday morning, featuring delicious Cloverdale bacon.



# FRIDAY COURSES

### C17 - Business Excellence -The Roadmap to Success in 2023 and Beyond

Gordon Čourt, Impact Dakota 9:30am-10:30am, All Levels

In these times of tight workforce conditions and economic instability, manufacturers often understand their challenges and what is not working. But they don't have the tools to diagnose or troubleshoot their company's problems. This leads to firefighting and loss of efficiency. This course helps identify the specific pain points, drills down to the root cause and determines the impact on company performance. Learn how to develop a plan that will improve and optimize business.

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### C18 - The ND Professional Health Program and its Role in Protecting the People of ND

Dr. Melissa Henke, Heartview Foundation 9:30am-10:30am, All Levels

Medical providers are impacted by mental illness and substance use disorders at the same rate as the general population. The North Dakota Professional Health Program was created by North Dakota Century Code to provide monitoring and support for physicians, physician assistants and medical students who struggle with mental illness and substance use disorders. This session will cover the importance of having a professional monitoring program and its role in protecting the public.

# C19 - Improving Lockout/Tagout and Machine Guarding, They Go Hand in Hand.

Diane Johnson/David Kraft, WSI 9:30am-10:30am, All Levels With busy schedules and high employee turnover, now is the time to review your lockout/tagout and machine guarding programs to mitigate injuries and keep your place of employment safe! Learn from WSI safety consultants that have had prior industry experience to help improve your programs. You will learn about safety issues noticed as a consultant along with some best practices to help with employee safety and compliance.

### C20 - How Leveraging Your Gas Detector's Data Can Lead to "Intelligent" Safety Management

Andy Spiedel, MSA - The Safety Company 9:30am-10:30am, Basic-Intermediate
Access to data is essential for maintaining gas detection safety programs. And there's a good chance that you already have plenty of details about incidents in your workplace. But are you using this information to your advantage? Learn ways to capture this data and turn it into actionable insights.

# 2023 CONFERENCE ATTENDEE FEES

|   | Pre-<br>Conference | Full<br>Conference | Wednesday<br>Only | Thursday<br>Only | Friday<br>Only | Tradeshow<br>Attendee | VIRTUAL<br>Conference |
|---|--------------------|--------------------|-------------------|------------------|----------------|-----------------------|-----------------------|
| <b>ADMISSION TYPE</b>                       | PC                 | FC                 | WO                | TO               | FO             | TA                    | VC                    |
| Base Rate                                   | Varies             | \$950              | \$600             | \$600            | \$400          | \$100                 | \$775                 |
| DISCOUNTS                                   |                    |                    |                   |                  |                |                       |                       |
| Early Bird (by Jan. 27)                     | N/A                | -\$50              | -\$30             | -\$30            | -\$20          | -\$10                 | -\$50                 |
| NDSC Member                                 | Varies             | -\$205             | -\$105            | -\$105           | -\$80          | -\$20                 | -\$150                |
| WSI Scholarship                             | N/A                | -\$250             | -\$160            | -\$160           | -\$100         | N/A                   | -\$200                |
| Your Price If you qualify for all discounts | Varies             | \$445              | \$30 <b>5</b>     | \$305            | \$ <b>200</b>  | <sup>\$</sup> 70      | <sup>\$</sup> 375     |

# **CEUs AVAILABLE**







All our Conference sessions are being reviewed for CEUs to meet the criteria for:

- Board of Certified Safety Professionals
- Society for Human Resource Management
- American Board of Industrial Hygiene
- American Board for Occupational Health Nurses
- Alliance of Hazardous Materials Professionals

Select sessions are also being reviewed for CEUs for EMS and law enforcement. Visit **ndsc.org** or watch your inbox for full details.



# VIRTUAL SAFETY CONFERENCE



Attend our Virtual Safety Conference from the comfort of your own home or office! Choose from 19 virtual sessions below that will be livestreamed to wherever you are.

If you qualify for all discounts, the Virtual Conference is only \$375!

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# **WEDNESDAY, FEBRUARY 22**

### **INCLUDED!**

### WEDNESDAY MORNING KEYNOTE

8:30am - 10am Scott Bloom

VAKN Keynote - Laugh. Learn. Connect. The Art of Building Powerful Connections that Grow Your Business

### **WEDNESDAY AM BREAKOUT SESSION OPTIONS**

11am - 12pm Joe Melton

VA01 - Building a Safety Coach

OR

11am - 12pm Erica MacDiarmid VA08 - The Power of One Message

### **WEDNESDAY PM BREAKOUT SESSION OPTIONS - BLOCK 1**

1:30pm - 2:30pm

Jennifer Rous and others

VA12 - OSHA Panel Discussion

OR

1:30pm - 2:30pm Dennis Snodgrass

VA19 - Passing Through the Storm -Michelle's Story

### **WEDNESDAY PM BREAKOUT SESSION OPTIONS - BLOCK 2**

3:30pm - 5pm Eric Svendsen

VA23 - Priority or Value? What Do We Really Think and Believe About Safety?

OR

3:30pm - 5pm Dale Robinson

VA29 - Jump Start your Safety Committees

# **THURSDAY, FEBRUARY 23**

### **INCLUDED!**

### THURSDAY MORNING KEYNOTE

8am - 9:15am Jim Craig

VBKN Keynote - Inside the Winning Locker Room

### THURSDAY AM BREAKOUT SESSION OPTIONS

10:30am - 12pm John Drebinger

VB01 - Safety for Effective Leaders-**Empowering People to Work Safely!** 

OR

10:30am - 12pm Scott Gaddis/ Justin McElhattan

VB08 - Going from Good to Great: Transforming Safety Performance with Technology - REPEAT

### **THURSDAY PM BREAKOUT SESSION OPTIONS - BLOCK 1**

1:30pm - 2:30pm Danny Smith

VB12 - You Can't Bubble Wrap the World

OR

1:30pm - 2:30pm Osten Richter

VB18 - Return to Work Services Overview

### **THURSDAY PM BREAKOUT SESSION OPTIONS - BLOCK 2**

2:45pm - 3:45pm Lori Guasta

VB22 - Using Human and Organizational Performance (HOP) to Enhance Workplace Safety

OR

2:45pm - 3:45pm Joe Melton

VB27 - First and Goal

### THURSDAY PM BREAKOUT SESSION OPTIONS - BLOCK 3

4pm - 5pm Scott Overson VB31 - OSHA Update - REPEAT

OR

4pm - 5pm Jason Uhlir

VB34 - Safety vs. Risk Management: The Balancing Act

### FRIDAY, FEBRUARY 24

8am - 9:15am Lauren Sisler

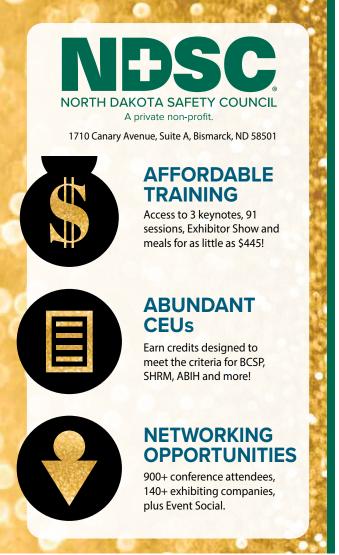
VC01 - Defined by Defeat: The Real Champion's Story

### **INCLUDED!**

### FRIDAY MORNING KEYNOTE

10:45am -12:15pm Lauren Sisler

VCKN Keynote - Unlocking the Shackles of Shame



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