NORTH DAKOTA SAFETY COUNCIL TRAINING CALENDAR

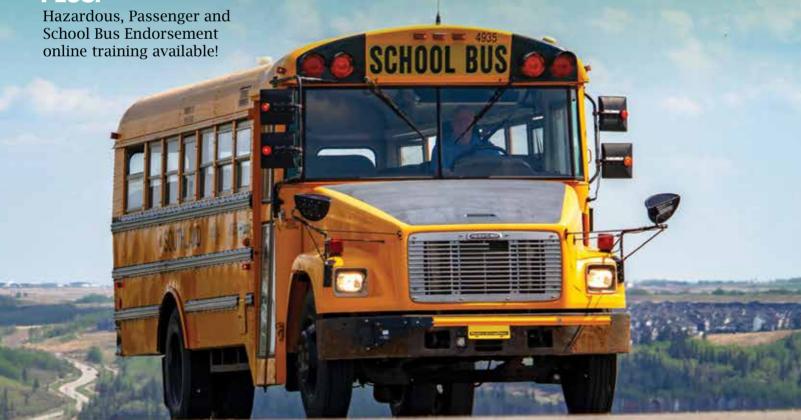
July • August • September 2022

Your safety training experts

CDL COURSES

Entry Level Driver Training available for Class A & B and School Bus Drivers Class B









JULY • AUGUST • SEPTEMBER 2022

Quarterly Training Calendar

COURSES AVAILABLE

Find a full list of all our courses and additional course details at ndsc.org/take-a-course



Learning

Available



in

Spanish







Includes Hands-On **Training**

Advanced Safety Certificate

IVES Instructed course

CDL Entry Level Driver Training - Class A & B

Course Length: 24 hours

NDSC Member: \$895 Non-Member: \$995

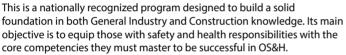
NDSC is committed to putting quality drivers on the road by providing a comprehensive CDL truck driver training program, using curriculum standards that address skills, theory/knowledge, tasks, and duties that are required by entry-level commercial motor vehicle drivers. This theory only program prepares attendees to obtain their Class A & B Commercial Driver's License (CDL).

Bismarck - 8am - 5pm - July 19-21

Certified Occupational Safety Specialist (COSS)

Course Length: 40 hours

NDSC Member: \$1,799 Non-Member: \$2,299



Virtual Instruction - 8am - 5pm - July 25-29, August 8-12, September 12-16

Confined Space Entry Entrant and Attendant

Course Length: 5 hours

NDSC Member: \$185 Non-Member: \$225

Attendees will learn all aspects of confined space entrant and attendant duties. Courses in Bismarck include interactive hazard identification exercises on the NDSC's confined space training tower! Course developed by Roco Rescue, the world's leader in industrial rescue training and an OSHA VPP Site.

Bismarck - 8am - 1pm - July 12, September 19

Confined Space Entry Supervisor

Course Length: 8 hours

NDSC Member: \$295 Non-Member: \$355

A comprehensive overview of the general industry and construction industry standards for Permit Required Confined Space Entry Supervisor Courses in Bismarck include interactive hazard identification exercises on the NDSC's confined space training tower! Course was developed by Roco Rescue, a leader in industrial rescue training.

Bismarck - 8am - 5pm - August 9, September 21

CPR/AED, Adult 🧁 🖼



Course Length: Approximately 2.5 hours NDSC Member: \$55 Non-Member: \$60

Course meets OSHA First Aid Standard 29 CFR 1910.151, and prepares students to take action in a medical emergency. Participants learn to use an automated external defibrillator (AED) in conjunction with CPR. Upon completion, receive a 2-year Adult CPR/AED certificate. Spanish courses available upon request.

Bismarck - 8am - 10:30am - July 16, July 21, August 20, September 24

Bismarck - 12pm - 2:30pm - September 8 Fargo - 12pm - 2:30pm - August 18 Jamestown - 12pm - 2:30pm - July 7 Minot - 8am - 10:30am - August 30

Williston - 8am - 10:30am - July 13, August 10, September 7

CPR/AED/First Aid, Adult





Course Length: Approximately 5 hours NDSC Member: \$90 Non-Member: \$95

Course meets OSHA First Aid Standard 29 CFR 1910.151, and prepares students to take action in a medical emergency. Participants learn to use an AED in conjunction with CPR. First Aid instruction scenarios include bleeding, burns, poisoning, sudden illness and bone injuries. Upon completion, receive a 2-year Adult CPR/AED certificate and a 2-year First Aid certificate. Spanish courses available upon request.

Bismarck - 8am - 1pm - July 16, July 21, August 16, August 20, September 24

Bismarck - 12pm - 5pm - September 8 Dickinson - 8am - 1pm - August 10 Fargo - 8am - 1pm - July 19, September 13

Fargo - 12pm - 5pm - August 18 Jamestown - 12pm - 5pm - July 7

Minot - 8am - 1pm - July 26, August 30, September 20 Williston - 8am - 1pm - July 13, August 10, September 7

CPR/AED, Pediatric 🧺



Course Length: Approximately 2.5 hours NDSC Member: \$55 Non-Member: \$60

Learn to recognize and respond to breathing and first aid emergencies in children and infants. Video self-instruction and hands-on training are used for choking and CPR/AED practice. Ideal for daycare providers, churches, and anyone working with children younger than age 12. Upon completion, receive a Pediatric 2-year CPR/AED certificate.

Bismarck - 8am - 10:30am - August 13

CPR/AED/First Aid, Pediatric 📾



Course Length: Approximately 5 hours NDSC Member: \$90 Non-Member: \$95

This course teaches students to recognize and respond to breathing and first aid emergencies in children and infants. Video self-instruction and hands-on training are used for various first aid scenarios. Ideal for anyone working with children younger than age 12. Upon completion, receive 2-year pediatric certificates for CPR/AED and First Aid.

Bismarck - 8am - 1pm - August 13

CPR/First Aid, Train-the-Trainer

Course Length: 16 hours

NDSC Member: \$395 Non-Member: \$495

Certify your employees to teach the only nationally-recognized CPR/AED/ First Aid curriculum that meets all OSHA first aid requirements. Please call (800) 932-8890 to register or learn how to customize your training.

Bismarck - 8am - 5pm - August 16-17 Dickinson - 8am - 5pm - August 10-11

Fargo - 8am - 5pm - July 19-20, September 13-14 Minot - 8am - 5pm - July 26-27, September 20-21

Register online at ndsc.org/take-a-course

Driving courses qualify for insurance discounts & point reduction!

Defensive Driving Course - Alive at 25

Course Length: 4.5 hours

Course Fee: \$55 Court/DOT Required: \$85

Alive at 25 focuses on behavior, judgment, decision making and consequences, and provides tools to help young drivers make positive choices.

Bismarck - 3pm - 7:30pm - August 14 Grand Forks - 1pm - 5:30pm - July 31 Williston-1pm-5:30pm-August 21 See ndsc.org for additional dates and locations

Distance Learning (4)

NDSC Member/Non Member: \$65

Court/DOT Required: \$95 Virtual Instruction - 9am - 1pm - July 14 Virtual Instruction - 5pm - 9pm - August 21

Defensive Driving Course - Attitudinal

Dynamics of Driving

Course Length: 8 hours

NDSC Member: \$125 Non-Member: \$150

Court/DOT Required: \$175

For drivers who have received multiple violations or been involved in traffic collisions. DDC ADD is designed to help participants make a connection between their attitude and their ability to make good decisions.

Distance Learning (4)

NDSC Member: \$135 Non-Member: \$160

Court/DOT Required: \$185 Virtual Instruction - 8am - 5pm - July 9

Course also qualifies for WSI's Safe Driver program.

Defensive Driving Course - Basic

Course Length: 4 hours

NDSC Member: \$60 Non-Member: \$65 Court/DOT Required: \$85 Seniors: \$40 (55+)

Additional Family Members: \$30

DDC delivers the highest level of research-driven content, defensive driving strategies, hazard recognition and learner retention exercises.

Bismarck - 6pm - 10pm - September 19

Fargo - 6pm - 10pm - July 26 Grand Forks - 6pm - 10pm - July 25 Minot - 6pm - 10pm - July 18 Williston - 8am - 12pm - August 20

Distance Learning (4)



NDSC Member: \$70 Non-Member: \$75

Court/DOT Required: \$95 • Seniors \$50 • Addl. Family \$40

Virtual Instruction - 6pm - 10pm - July 19, September 20

See ndsc.org for additional dates and locations

DOT Compliance

Course Length: 4 hours

NDSC Member: \$220 Non-Member: \$255

Recently updated, this program provides a detailed overview of the CSA system and FMCSA regulations, and critical training for carrier or fleet safety management.

Fargo - 8am - 12pm - July 12

ECCS 8-Hour Refresher

Course Length: 8 hours

NDSC Member: \$180 Non-Member: \$230

Prerequisites required. Course teaches recognition, avoidance, abatement and prevention of safety and health hazards in workplaces, covering fall protection, personal protective equipment, electrical safety and hazard communication. Private courses may be customized to fit your needs.

Bismarck - 8am - 5pm - July 26, September 13

Ergonomics, Managing for Results 🙈



Course Length: 8 hours • ASC CEUs: 0.65 NDSC Member: \$325 Non-Member: \$425

Learn the basic concepts relating to ergonomics in the workplace, gain skills to recognize ergonomic risk factors, learn how to conduct an ergonomic worksite analysis, and more. Attendees will be able to identify steps to implement a successful ergonomics program at their workplace. Earn your Advanced Safety Certificate by taking this and other ASC courses.

Bismarck - 8am - 5pm - September 12

Excavator Trainer Upgrade 😝 🚾





Course Length: 8 hours

NDSC Member: \$545 Non-Member: \$545

This course is exclusively for IVES Certified Trainers who wish to acquire the technical knowledge needed to train operators on mini/compact excavators. This is a fast-paced program that will get you ready to train your excavator operators.

Bismarck - 8am - 5pm - July 22

Fall Protection Awareness - General Industry

Course Length: 4 hours

NDSC Member: \$130 Non-Member: \$160

Falls are among the most common causes of serious work-related injuries and deaths. Knowing when fall protection is necessary, and when it's not, is important. This awareness course will help workers and employers better understand OSHA's requirements and the reasons behind them.

Bismarck - 1pm - 5pm - July 6, September 15

H2S Clear for Energy

Course Length: 4 hours

NDSC Member: \$130 Non-Member: \$160

Arms workers with crucial knowledge of the dangers of H2S, the "silent killer", and the precautions, tools, and necessary actions for working around rigs, pipelines, refineries, storage tanks, tankers and terminals. Dickinson - 1pm - 5pm - July 11, August 8, August 29, September 19

Minot - 1pm - 5pm - July 6, July 27, August 17, September 7,

September 28

HAZWOPER 24-Hour Hazardous 🧺



Materials Technician Training

Course Length: 24 hours

NDSC Member: \$720 Non-Member: \$875

Hazardous materials technicians shall have received at least 24 hours of training equal to the first responder operations level, and this course curriculum meets those OSHA 1910.120 training requirements. After successful completion, participants will gain the skill set required to become a hazardous materials technician.

Bismarck - 8am - 5pm - September 27-29

Job Safety Analysis 📾



Course Length: 8 hours ASC CEUs: 0.65 NDSC Member: \$349 Non-Member: \$439

Learn to develop and manage a JSA program and gain a better understanding of your role in making it effective. You'll learn how to dissect processes in your operation; eliminate or reduce hazards and how to enlist participation from frontline employees, supervisors and upper management.

Fargo - 8am - 5pm - September 5

Lift Truck Operator Training

Course Length: 8 hours

NDSC Member: \$175 Non-Member: \$220

Course modules include OSHA regulations; lift truck design and operating principles; inspections and maintenance; and picking up and delivering a load. Our training supports OSHA standards but does not result in a certified forklift operator.

Bismarck - 8am - 5pm - July 27, August 29

Dickinson - 8am - 5pm - July 6, August 17, September 14 Fargo - 8am - 5pm - July 11, August 15, September 21

Lift Truck Operator, Train-the-Trainer

Course Length: 16 hours

NDSC Member: \$700 Non-Member: \$900

Meet OSHA requirements and learn how to develop and deliver complete in-house training programs, design exercises for staff evaluations, and instruct non-operators to work safely around lift trucks. Trainer kit included.

Bismarck - 8am - 5pm - July 27-28, August 29-30

Dickinson- 8am - 5pm - July 6-7, August 17-18, September 14-15 Fargo - 8am - 5pm - July 11-12, August 15-16, September 21-22

Loader Group Trainer Certification Ves

Course Length: 32 hours

NDSC Member: \$1,750 Non-Member: \$1,750

This course addresses front-end, backhoe and skid steer loader in a comprehensive 4-day course. The training covers concepts common to all types of loaders including Bobcat, CAT, John Deere, Komatsu, JCB, Volvo, Kubota and TCM. Trainees will receive in-depth instruction on each type of loader, as well as extensive instruction on how to effectively train operators. Course offered through IVES and hosted by the NDSC.

Bismarck - 8am - 5pm - July 18-21

MSHA New Miner 46 (Nonmetal) & 48 (Coal/ Nonmetal & Construction)

Course Length: 24 hours

NDSC Member: \$305 Non-Member: \$355

Attendees need to have their company provide their training plan to the NDSC. See ndsc.org for requirements. This course is required for all new and inexperienced sand and gravel and surface coal miners. Content covers the aggregate industry, including granite, sand, gravel, lime, and cement operations. Federal law requires all miners receive basic and annual refresher training; all mine operators maintain an effective training plan; and that each new miner must complete no less than 24 hours of training. Students earn NSC CPR & First Aid Certification!

Bismarck - 8am - 5pm - July 19-21, August 15-17, September 6-8

MSHA Refresher New Miner 46 (Nonmetal) & 48 (Coal/Nonmetal & Construction)

Course Length: 8 hours

NDSC Member: \$105 Non-Member: \$130

Attendees need to have their company provide their training plan to the NDSC and provide proof of completing a New Miner course. See ndsc.org for requirements. This course is required for all experienced sand and gravel miners and surface coal miners. This course covers underground metal and non-metal mines, surface metal mines, and certain non-metal mines such as gold. It also includes the aggregate industry. Federal law requires all miners receive basic and annual refresher training; all mine operators maintain an effective training plan; and that each miner must have no less than 8 hours of annual refresher training.

Bismarck - 8am - 5pm - July 11, July 25, August 8, August 22,

September 12, September 29

ONE BASIN - *One Way!* Standardized Contractor Safety Orientation

Course Length: 4 hours

Orientations scheduled weekly in the following locations, and are subject to change:

Bismarck: As Needed Dickinson: Monday, Friday Minot: Wednesday Tioga: Thursday

Tioga: Thursday
Watford City: Tuesday

Spanish language courses offered every other Friday in Watford City.

Distance Learning: Available on a weekly basis from NDSC trainers. See ProCertX for up-to-date schedule.

Did you know you can select your OBOW training provider? Simply look for the classes in ProCertX tagged with "NDSC"!

Register at onebasinoneway.com

OSHA 10-Hour Construction Course (ECCS)

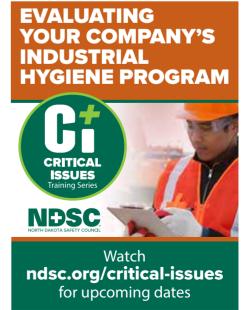
Course Length: 10 hours

NDSC Member: \$200 Non-Member: \$255

This program provides entry level construction workers information about their rights, employer responsibilities, and instructions to file a complaint; and how to identify, abate, avoid and prevent job related hazards on a construction site. Training emphasizes hazard identification, avoidance, control and prevention, not OSHA standards.

Courses run 1pm to 5pm day one, and 8am to 5pm day two: Bismarck - August 1-2





OSHA 10-Hour General Industry



Course Length: 10 hours

NDSC Member: \$205 Non-Member: \$260

This program provides entry level general industry workers information about their rights, employer responsibilities, instructions to file a complaint and how to identify, abate, avoid and prevent job related hazards on a job site. Training emphasizes hazard identification, avoidance, control and prevention, not OSHA standards.

Courses run 1pm to 5pm day one, and 8am to 5pm day two:

Bismarck - July 5-6, September 14-15

OSHA 500 Trainer Course in OSHA Standards for Construction

Course Length: 32 hours

NDSC Member: \$795 Non-Member: \$795

See prerequisites at ndsc.org/osha-occupational-safety. Students who successfully complete this course will be able to conduct both 10-hour and 30-hour construction courses and issue cards to participants verifying course completion. Using OSHA standards as a guide, course participants are briefed on effective instructional approaches and effective use of visual aids and handouts. 2.6 CEUs; 4.0 CMs. The NDSC is not an OTI Education Center, but serves as a host training organization

Bismarck - 8am - 5pm - August 22-25

OSHA 510 Occupational Safety & Health Standards for Construction

for Mountain West OSHA Education Center. See more information online.

Course Length: 32 hours

NDSC Member: \$795 Non-Member: \$795

This course covers OSHA policies, procedures and standards, as well as construction safety and health principles. Topics include scope and application of OSHA construction standards. Special emphasis is placed on those areas that are most hazardous, using OSHA standards as a guide. 2.6 CEUs; 4.0 CMs. The NDSC is not an OTI Education Center, but serves as a host training organization for Mountain West OSHA Education Center. See more information online.

Bismarck - 8am - 5pm - July 25-28, September 26-29

OSHA Recordkeeping

Course Length: 4 hours

NDSC Member: \$135 Non-Member: \$165

Learn what a recordable injury is and keep non-recordables off your logs. Participants will learn how to figure incidence rates, average employment, and hours worked, as well as new recordkeeping procedures and interpretations.

Bismarck - 1pm - 5pm - September 28



Premium Combo Trainer Certification



Course Length: 40 hours

NDSC Member: \$2,250 Non-Member: \$2,250

This course certifies instructors to train counterbalanced forklift, rough terrain telehandler forklift, boomlift and scissor lift operators.

Bismarck - 8am - 5pm - August 22-26

Reasonable Suspicion for Supervisors

Course Length: 4 hours

NDSC Member: \$105 Non-Member: \$125

Learn what to look for and actions to take if someone seems unfit for duty, and how to perform reasonable suspicion/cause testing. Course meets US DOT training requirements. Each attendee receives a copy of the most current Drug Identification Guide.

Bismarck - 1pm - 5pm - August 8 Fargo - 1pm - 5pm - July 12

Distance Learning



NDSC Member: \$125 Non-Member: \$145

8am - 12pm - September 8

Safeland USA 2021 Basic Orientation

Course Length: 8 hours

NDSC Member: \$190 Non-Member: \$215

This one-day safety orientation is accredited by SafeGulf and SafeLandUSA, and provides general safety information workers need to know before entering a company facility and while performing their assigned work duties.

Dickinson - 8am - 5pm - July 13, August 9, August 31, September 20 Minot - 8am - 5pm - July 26, August 16, September 6, September 27

Team Safety



Course Length: 8 hours • ASC CEUs: 0.65 NDSC Member: \$325 Non-Member: \$425

Learn how to build an effective safety team, or get the most from an established team. Topics covered include: team safety concepts and techniques; how to plan for and create an effective safety team and how to identify training and development needs of team members. Earn your Advanced Safety Certificate by taking this and other ASC courses.

Bismarck - 8am - 5pm - August 29

Trenching & Excavation Awareness - 4 Hour

Course Length: 4 hours

NDSC Member: \$130 Non-Member: \$160

This awareness course describes OSHA's Standard - Subpart P - Excavations. Course includes the definitions to this subpart along with specific excavation requirements, requirements for protective systems, soil classifications, sloping and benching, timber shoring for trenches, aluminum hydraulic shoring, alternatives, and the selection of protective systems.

Bismarck - 8am - 12pm - September 26 Bismarck - 1pm - 5pm - August 2

Register online at ndsc.org/take-a-course

PAYMENT, TRAINING AND CANCELLATION POLICY

Pre-registration and pre-payment is required for NDSC trainings. If you are unable to attend a training course, you must cancel at least three business days before the course for a full refund. Late registrations or no-shows are non-refundable. NDSC reserves the right to cancel any class not meeting the minimum attendance requirements. See complete policy at ndsc.org. For the One Basin, One Way cancellation policy, visit onebasinoneway.com.

NDSC COVID-19 PRECAUTIONS

NDSC has COVID-19 precautions in place to keep you safe. Go to ndsc.org/covid-19-precautions to learn more.

How safe is your

How safe is your

SCHOOL? WORKPLACE?





Since 1970, there have been

2,030 school shooting incidents



656 people have died

people have been injured in school shootings

Source: chds.us

of schools report weapons being brought to school more than 5 times per year



of schools reported they have a very good emergency plan

Source: ND Dept. of Public Instruction school safety survey, 2017-2018 school year.

Assault is the

cause of workplace deaths

Source: nsc.org

In 2020, assaults resulted in

Source: nsc.org

Of victims who died from workplace violence,

were aged

Source: cdc.gov

In 2020, there were

active shooter incidents



Source: fbi.gov

EMERGENCY OPERATIONS PLANNING...

let NDSC help with yours!

Contact our Community Safety Manager at 701-751-6105 or kathyz@ndsc.org





Read more at ndsc.org/community-safety

Meet the NDSC TRAING TEAM



Michael Adams

Michael is an industrial O&G professional with training credentials varying from ONE BASIN-One Way, trenching and silica, to First Aid/CPR and Defensive Driving.



Rick Halldorson

Rick's 28 years of industrial work experience positions him to train on topics ranging from OSHA 500's to Industrial Rail Yard Safety.



Michael Hutchens

Mike has more than 30 years of industrial safety experience and is the lead instructor for the MSHA program as well as an OSHA instructor.



Peter Juarez

Peter is a bilingual instructor with ten years of experience in the oil and gas industry. From spill response to safety management, Peter uses his O&G knowledge to enhance his instruction of courses like ONE BASIN-One Way.



Don Moseman

Don is the NDSC's Training Director. His experience in the U.S. Air Force and Colorado State Patrol positions him as a high-level trainer and on-staff expert for our violence prevention, driver safety, and supervisor-level safety programs.



Ashley Schaper

Ashley has vast knowledge of the oil and gas industry, and has worked in that field since 2008. She currently teaches ONE BASIN-One Way, First Aid/CPR and Alive at 25 Defensive Driving for NDSC.



Dennis Snodgrass

Dennis has extensive experience in the safety and oil industry. He has served as a manager/director for a number of safety companies where he provided training, policy creation, incident investigation, safety audits and much more.



Edon Willis

Edon served for 18 years in the U.S. Marines and specialized in security, safety and equipment training. Edon is a certified NSC defensive driving and First Aid/CPR instructor.



John Woutat

John is a former EMS training coordinator, firefighter and EMS responder with 20+ years of experience in training and emergency response. As the NDSC's EMS expert, John teaches first aid, CPR, trauma & triage, and more.

Experienced and professional, NDSC trainers earn rave reviews on their engaging style and deep knowledge.

PART-TIME TRAINERS



Greg Dehne Brenden Dockter Jay Skarphol Aglae L. Young







Learn more about our trainers and read student reviews at

ndsc.org

NORTH DAKOTA SAFETY COUNCIL A private non-profit

Private training available for most courses.

Available for in-person and distance-learning training

Call 800-932-8890 or 701-223-6372 for more information.





Non-Profit Org. U.S. Postage PAID Permit #419 Bismarck, ND 58503

Quarterly Training Calendar

JULY • AUGUST • SEPTEMBER 2022

REGISTRATION

Register at **ndsc.org/take-a-course** or call (800) 932-8890. Watch for an email confirmation with your course location.

NDSC TRAINING LOCATIONS

20+ locations across the state. Go to ndsc.org/take-a-course/training-locations for course locations and addresses.

NDSC is dedicated to

PREVENTING INJURIES and SAVING LIVES.

Heat Stress Awareness

As OSHA and NIOSH put an emphasis on the importance of heat stress awareness and education, the North Dakota Safety Council is offering courses for employees, supervisors, and managers that goes beyond recognizing the hazard of heat. Most people are unfamiliar with the medical effects of heat stress and its impact on employee safety and productivity. We'll help you build and establish a program that keeps your workplace in front of this recognized hazard.

Register now at ndsc.org



