NORTH DAKOTA SAFETY COUNCIL

TRAINING CALENDAR

July • August • September 2022

Your safety training experts

CDL COURSES

Entry Level Driver Training available for Class A & B and School Bus Drivers Class B

PLUS:
Hazardous, Passenger and School Bus Endorsement online training available!
### COURSES AVAILABLE

Find a full list of all our courses and additional course details at [ndsc.org/take-a-course](http://ndsc.org/take-a-course)

<table>
<thead>
<tr>
<th>Course</th>
<th>Location</th>
<th>Dates</th>
<th>Course Length</th>
<th>Certification</th>
<th>Cost</th>
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</thead>
<tbody>
<tr>
<td><strong>CDL Entry Level Driver Training - Class A &amp; B</strong></td>
<td></td>
<td></td>
<td>24 hours</td>
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<tr>
<td>NDSC Member: $895 Non-Member: $995</td>
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<td>NDSC is committed to putting quality drivers on the road by providing a comprehensive CDL truck driver training program, using curriculum standards that address skills, theory/knowledge, tasks, and duties that are required by entry-level commercial motor vehicle drivers. This theory only program prepares attendees to obtain their Class A &amp; B Commercial Driver's License (CDL).</td>
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<tr>
<td>Bismarck - 8am - 10:30am - July 13, August 10, September 7</td>
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<tr>
<td><strong>Certified Occupational Safety Specialist (COSS)</strong></td>
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<td></td>
<td>40 hours</td>
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<td>NDSC Member: $1,799 Non-Member: $2,299</td>
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<td>This is a nationally recognized program designed to build a solid foundation in both General Industry and Construction knowledge. Its main objective is to equip those with safety and health responsibilities with the core competencies they must master to be successful in OSH. Virtual Instruction - 8am - 5pm - July 25-29, August 8-12, September 12-16</td>
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<tr>
<td><strong>Confined Space Entry Entrant and Attendant</strong></td>
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<td></td>
<td>5 hours</td>
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<td>NDSC Member: $185 Non-Member: $225</td>
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<td>Attendees will learn all aspects of confined space entrant and attendant duties. Courses in Bismarck include interactive hazard identification exercises on the NDSC’s confined space training tower! Course developed by Roco Rescue, the world’s leader in industrial rescue training and an OSHA VPP Site.</td>
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<tr>
<td>Bismarck - 8am - 1pm - July 12, September 19</td>
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<tr>
<td><strong>Confined Space Entry Supervisor</strong></td>
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<td>8 hours</td>
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<td>NDSC Member: $295 Non-Member: $355</td>
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<td>A comprehensive overview of the general industry and construction industry standards for Permit Required Confined Space Entry Supervisor Courses in Bismarck include interactive hazard identification exercises on the NDSC’s confined space training tower! Course developed by Roco Rescue, a leader in industrial rescue training.</td>
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<tr>
<td>Bismarck - 8am - 5pm - August 9, September 21</td>
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<tr>
<td><strong>CPR/AED, Adult</strong></td>
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<td>Approximately 5 hours</td>
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<td>NDSC Member: $55 Non-Member: $60</td>
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<td>Course meets OSHA First Aid Standard 29 CFR 1910.151, and prepares students to take action in a medical emergency. Participants learn to use an automated external defibrillator (AED) in conjunction with CPR. Upon completion, receive a 2-year Adult CPR/AED certificate. Spanish courses available upon request.</td>
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<td>Bismarck - 8am - 10:30am - July 16, July 21, August 20, September 24</td>
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<td>Bismarck - 12pm - 2:30pm - September 8</td>
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<tr>
<td>Fargo - 12pm - 2:30pm - August 18</td>
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<td>Jamestown - 12pm - 2:30pm - July 7</td>
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<td>Minot - 8am - 10:30am - August 30</td>
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<td>Williston - 8am - 10:30am - July 13, August 10, September 7</td>
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<tr>
<td><strong>CPR/AED, Pediatric</strong></td>
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<td>Approximately 5 hours</td>
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<td>NDSC Member: $55 Non-Member: $60</td>
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<td>Learn to recognize and respond to breathing and first aid emergencies in children and infants. Video self-instruction and hands-on training are used for choking and CPR/AED practice. Ideal for daycare providers, churches, and anyone working with children younger than age 12. Upon completion, receive a Pediatric 2-year CPR/AED certificate.</td>
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<tr>
<td>Bismarck - 8am - 10:30am - August 13</td>
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<tr>
<td><strong>CPR/AED/First Aid, Pediatric</strong></td>
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<td>Approximately 5 hours</td>
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<td>NDSC Member: $90 Non-Member: $95</td>
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<td>This course teaches students to recognize and respond to breathing and first aid emergencies in children and infants. Video self-instruction and hands-on training are used for various first aid scenarios. Ideal for anyone working with children younger than age 12. Upon completion, receive 2-year pediatric certificates for CPR/AED and First Aid.</td>
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<td>Bismarck - 8am - 1pm - August 13</td>
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<tr>
<td><strong>CPR/First Aid, Train-the-Trainer</strong></td>
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<td>16 hours</td>
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<td>NDSC Member: $395 Non-Member: $495</td>
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<td>Certify your employees to teach the only nationally-recognized CPR/AED/ First Aid curriculum that meets all OSHA first aid requirements. Please call (800) 932-8890 to register or learn how to customize your training. Bismarck - 8am - 5pm - August 16-17</td>
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<tr>
<td>Dickinson - 8am - 5pm - August 10-11</td>
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<tr>
<td>Fargo - 8am - 5pm - July 19-20, September 13-14</td>
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<td>Minot - 8am - 5pm - July 26-27, September 20-21</td>
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**Register online at [ndsc.org/take-a-course](http://ndsc.org/take-a-course)**
Driving courses qualify for insurance discounts & point reduction!

Defensive Driving Course - Alive at 25
Course Length: 4.5 hours
Course Fee: $55 Court/DOT Required: $85
Alive at 25 focuses on behavior, judgment, decision making and consequences, and provides tools to help young drivers make positive choices.
Bismarck - 3pm - 7:30pm - August 14
Grand Forks - 1pm - 5:30pm - July 31
Williston - 1pm - 5:30pm - August 21
See ndsc.org for additional dates and locations

Distance Learning
NDSC Member/Non Member: $65
Court/DOT Required: $95
Virtual Instruction - 9am - 1pm - July 14
Virtual Instruction - 5pm - 9pm - August 21

Defensive Driving Course - Attitudinal
Dynamics of Driving
Course Length: 8 hours
NDSC Member: $125 Non-Member: $150
Court/DOT Required: $175
For drivers who have received multiple violations or been involved in traffic collisions. DDC ADD is designed to help participants make a connection between their attitude and their ability to make good decisions.
Bismarck – 8am - 5pm – July 9

Distance Learning
NDSC Member: $135 Non-Member: $160
Court/DOT Required: $185
Virtual Instruction - 8am - 5pm - July 9

Course also qualifies for WSI's Safe Driver program.

ECCS 8-Hour Refresher
Course Length: 8 hours
NDSC Member: $180 Non-Member: $230
Prerequisites required. Course teaches recognition, avoidance, abatement and prevention of safety and health hazards in workplaces, covering fall protection, personal protective equipment, electrical safety and hazard communication. Private courses may be customized to fit your needs.
Bismarck – 8am - 5pm – July 26, September 13

Ergonomics, Managing for Results
Course Length: 8 hours • ASC CEUs: 0.65
NDSC Member: $325 Non-Member: $425
Learn the basic concepts relating to ergonomics in the workplace, gain skills to recognize ergonomic risk factors, learn how to conduct an ergonomic worksite analysis, and more. Attendees will be able to identify steps to implement a successful ergonomics program at their workplace.
Earn your Advanced Safety Certificate by taking this and other ASC courses.
Bismarck – 8am - 5pm – September 12

Excavator Trainer Upgrade
Course Length: 8 hours
NDSC Member: $545 Non-Member: $545
This course is exclusively for IVES Certified Trainers who wish to acquire the technical knowledge needed to train operators on mini/compact excavators. This is a fast-paced program that will get you ready to train your excavator operators.
Bismarck – 8am - 5pm – July 22

Fall Protection Awareness - General Industry
Course Length: 4 hours
NDSC Member: $130 Non-Member: $160
Falls are among the most common causes of serious work-related injuries and deaths. Knowing when fall protection is necessary, and when it’s not, is important. This awareness course will help workers and employers better understand OSHA’s requirements and the reasons behind them.
Bismarck – 1pm - 5pm – July 6, September 15

H2S Clear for Energy
Course Length: 4 hours
NDSC Member: $130 Non-Member: $160
Arms workers with crucial knowledge of the dangers of H2S, the “silent killer”, and the precautions, tools, and necessary actions for working around rigs, pipelines, refineries, storage tanks, tankers and terminals.
Bismarck – 8am - 5pm – September 12

HAZWOPER 24-Hour Hazardous Materials Technician Training
Course Length: 24 hours
NDSC Member: $720 Non-Member: $875
Hazardous materials technicians shall have received at least 24 hours of training equal to the first responder operations level, and this course curriculum meets those OSHA 1910.120 training requirements. After successful completion, participants will gain the skill set required to become a hazardous materials technician.
Bismarck – 8am - 5pm – September 27-29

Job Safety Analysis
Course Length: 8 hours • ASC CEUs: 0.65
NDSC Member: $349 Non-Member: $439
Learn to develop and manage a JSA program and gain a better understanding of your role in making it effective. You’ll learn how to dissect processes in your operation; eliminate or reduce hazards and how to enlist participation from frontline employees, supervisors and upper management.
Fargo - 8am - 5pm - September 5

DOT Compliance
Course Length: 4 hours
NDSC Member: $220 Non-Member: $255
Recently updated, this program provides a detailed overview of the CSA system and FMCSA regulations, and critical training for carrier or fleet safety management.
Fargo - 8am - 12pm - July 12

See ndsc.org for additional dates and locations
Lift Truck Operator Training
Course Length: 8 hours
NDSC Member: $175  Non-Member: $220
Course modules include OSHA regulations; lift truck design and operating principles; inspections and maintenance; and picking up and delivering a load. Our training supports OSHA standards but does not result in a certified forklift operator.

Bismarck - 8am - 5pm - July 27, August 29
Dickinson - 8am - 5pm - July 6, August 17, September 14
Fargo - 8am - 5pm - July 11, August 15, September 21

Lift Truck Operator, Train-the-Trainer
Course Length: 16 hours
NDSC Member: $700  Non-Member: $900
Meet OSHA requirements and learn how to develop and deliver complete in-house training programs, design exercises for staff evaluations, and instruct non-operators to work safely around lift trucks. Trainer kit included.

Bismarck - 8am - 5pm - July 27-28, August 29-30
Dickinson- 8am - 5pm - July 6-7, August 17-18, September 14-15
Fargo - 8am - 5pm - July 11-12, August 15-16, September 21-22

Loader Group Trainer Certification
Course Length: 32 hours
NDSC Member: $1,750  Non-Member: $1,750
This course addresses front-end, backhoe and skid steer loader in a comprehensive 4-day course. The training covers concepts common to all types of loaders including Bobcat, CAT, John Deere, Komatsu, JCB, Volvo, Kubota and TCM. Trainees will receive in-depth instruction on each type of loader, as well as extensive instruction on how to effectively train operators. Course offered through Ives and hosted by the NDSC.

Bismarck - 8am - 5pm - July 18-21

MSHA Refresher New Miner 46 (Nonmetal) & 48 (Coal/Nonmetal & Construction)
Course Length: 8 hours
NDSC Member: $105  Non-Member: $130
Attendees need to have their company provide their training plan to the NDSC and provide proof of completing a New Miner course. See ndsc.org for requirements. This course is required for all experienced sand and gravel miners and surface coal miners. This course covers underground metal and non-metal mines, surface metal mines, and certain non-metal mines such as gold. It also includes the aggregate industry. Federal law requires all miners receive basic and annual refresher training; all mine operators maintain an effective training plan; and that each miner must have no less than 8 hours of annual refresher training.

Bismarck - 8am - 5pm - July 11, July 25, August 8, August 22, September 12, September 29

ONE BASIN - One Way! Standardized Contractor Safety Orientation
Course Length: 4 hours
Orientations scheduled weekly in the following locations, and are subject to change:

Bismarck: As Needed
Dickinson: Monday, Friday
Minot: Wednesday
Tioga: Thursday
Watford City: Tuesday
Spanish language courses offered every other Friday in Watford City.

Distance Learning: Available on a weekly basis from NDSC trainers. See ProCertX for up-to-date schedule.

Did you know you can select your OBOW training provider? Simply look for the classes in ProCertX tagged with "NDSC"!

Register at onebasinoneway.com

OSHA 10-Hour Construction Course (ECCS)
Course Length: 10 hours
NDSC Member: $200  Non-Member: $255
This program provides entry level construction workers information about their rights, employer responsibilities, and instructions to file a complaint; and how to identify, abate, avoid and prevent job related hazards on a construction site. Training emphasizes hazard identification, avoidance, control and prevention, not OSHA standards.

Courses run 1pm to 5pm day one, and 8am to 5pm day two:
Bismarck - August 1-2

CDL TRAINING

• CLASS B for School Bus Drivers
• CLASS A/B Entry Level Driver Training

NDSC is committed to putting quality drivers on the road by providing a comprehensive CDL training program for those who want to obtain their Commercial Driver's License.

Register or read more about these courses at ndsc.org/cdl-training
OSHA 10-Hour General Industry
Course Length: 10 hours
NDSC Member: $205  Non-Member: $260
This program provides entry level general industry workers information about their rights, employer responsibilities, instructions to file a complaint and how to identify, abate, avoid and prevent job related hazards on a job site. Training emphasizes hazard identification, avoidance, control and prevention, not OSHA standards.
Courses run 1pm to 5pm day one, and 8am to 5pm day two:
Bismarck - July 5-6, September 14-15

OSHA 500 Trainer Course in OSHA Standards for Construction
Course Length: 32 hours
NDSC Member: $795  Non-Member: $795
See prerequisites at ndsc.org/osha-occupational-safety. Students who successfully complete this course will be able to conduct both 10-hour and 30-hour construction courses and issue cards to participants verifying course completion. Using OSHA standards as a guide, course participants are briefed on effective instructional approaches and effective use of visual aids and handouts. 2.6 CEUs; 4.0 CMs.
The NDSC is not an OTI Education Center, but serves as a host training organization for Mountain West OSHA Education Center. See more information online.
Bismarck - 8am - 5pm - August 22-25

OSHA 510 Occupational Safety & Health Standards for Construction
Course Length: 32 hours
NDSC Member: $795  Non-Member: $795
This course covers OSHA policies, procedures and standards, as well as construction safety and health principles. Topics include scope and application of OSHA construction standards. Special emphasis is placed on those areas that are most hazardous, using OSHA standards as a guide. 2.6 CEUs; 4.0 CMs.
The NDSC is not an OTI Education Center, but serves as a host training organization for Mountain West OSHA Education Center. See more information online.
Bismarck - 8am - 5pm - July 25-28, September 26-29

OSHA Recordkeeping
Course Length: 4 hours
NDSC Member: $135  Non-Member: $165
Learn what a recordable injury is and keep non-recordables off your logs. Participants will learn how to figure incidence rates, average employment, and hours worked, as well as new recordkeeping procedures and interpretations.
Bismarck - 1pm - 5pm - September 28

Premium Combo Trainer Certification
Course Length: 40 hours
NDSC Member: $2,250  Non-Member: $2,250
This course certifies instructors to train counterbalanced forklift, rough terrain telehandler forklift, boomlift and scissor lift operators.
Bismarck - 8am - 5pm - August 22-26

Reasonable Suspicion for Supervisors
Course Length: 4 hours
NDSC Member: $105  Non-Member: $125
Learn what to look for and actions to take if someone seems unfit for duty, and how to perform reasonable suspicion/cause testing. Course meets US DOT training requirements. Each attendee receives a copy of the most current Drug Identification Guide.
Bismarck - 1pm - 5pm - August 8
Fargo - 1pm - 5pm - July 12

Distance Learning
NDSC Member: $125  Non-Member: $145
8am - 12pm - September 8

Safeland USA 2021 Basic Orientation
Course Length: 8 hours
NDSC Member: $190  Non-Member: $215
This one-day safety orientation is accredited by SafeGulf and SafeLandUSA, and provides general safety information workers need to know before entering a company facility and while performing their assigned work duties.
Dickinson - 8am - 5pm - July 13, August 9, August 31, September 20
Minot - 8am - 5pm - July 26, August 16, September 6, September 27

Team Safety
Course Length: 8 hours  • ASC CEUs: 0.65
NDSC Member: $325  Non-Member: $425
Learn how to build an effective safety team, or get the most from an established team. Topics covered include: team safety concepts and techniques; how to plan for and create an effective safety team and how to identify training and development needs of team members. Earn your Advanced Safety Certificate by taking this and other ASC courses.
Bismarck – 8am - 5pm – August 29

Trenching & Excavation Awareness - 4 Hour
Course Length: 4 hours
NDSC Member: $130  Non-Member: $160
This awareness course describes OSHA’s Standard - Subpart P - Excavations. Course includes the definitions to this subpart along with specific excavation requirements, requirements for protective systems, soil classifications, sloping and benching, timber shoring for trenches, aluminum hydraulic shoring, alternatives, and the selection of protective systems.
Bismarck - 8am - 12pm - September 26
Bismarck - 1pm - 5pm - August 2
How safe is your school?

Since 1970, there have been 2,030 school shooting incidents. In 2020, assaults resulted in 2,030 injuries and 392 fatalities. Of victims who died from workplace violence, 66% were aged 25 to 54.

656 people have died and 1,882 people have been injured in school shootings. Of schools report weapons being brought to school more than 5 times per year. Only 14.8% of schools reported they have a very good emergency plan. In 2020, there were 40 active shooter incidents.

EMERGENCY OPERATIONS PLANNING... let NDSC help with yours!

Contact our Community Safety Manager at 701-751-6105 or kathyz@ndsc.org

How safe is your workplace?

Assault is the 4th leading cause of workplace deaths. In 2020, assaults resulted in 20,050 injuries and 392 fatalities. Of victims who died from workplace violence, 66% were aged 25 to 54.

Only 14.8% of schools reported they have a very good emergency plan. In 2020, there were 40 active shooter incidents.

EMERGENCY OPERATIONS PLANNING... let NDSC help with yours!

Contact our Community Safety Manager at 701-751-6105 or kathyz@ndsc.org

Read more at ndsc.org/community-safety
WORKPLACE? SCHOOL?

How safe is your workplace?

How safe is your school?

Since 1970, there have been approximately 66% of people have died and 25% to 54% have been injured in school shootings. In 2020, there were 20,050 injuries and 392 fatalities as a result of active shooter incidents. Source: cdc.gov

In 2020, assaults resulted in 2,030 and 1,882 fatalities, respectively. Source: nsc.org

Of victims who died from workplace violence, 40% were aged 44 to 54. Source: fb.i.gov

20% of schools report weapons being brought to school more than 5 times per year. Source: ND Dept. of Public Instruction school safety survey, 2017-2018 school year.

In 2020, there were 14.8% of students reported they have a very good emergency plan. Source: chds.us

Meet the NDSC TRAINING TEAM

Meet the NDSC TRAINING TEAM

Michael Adams
Michael is an industrial O&G professional with training credentials varying from ONE BASIN-One Way, trenching and silica, to First Aid/CPR and Defensive Driving.

Rick Halldorson
Rick's 28 years of industrial work experience positions him to train on topics ranging from OSHA 500's to Industrial Rail Yard Safety.

Michael Hutchens
Mike has more than 30 years of industrial safety experience and is the lead instructor for the MSHA program as well as an OSHA instructor.

Peter Juarez
Peter is a bilingual instructor with ten years of experience in the oil and gas industry. From spill response to safety management, Peter uses his O&G knowledge to enhance his instruction of courses like ONE BASIN-One Way.

Don Moseman
Don is the NDSC’s Training Director. His experience in the U.S. Air Force and Colorado State Patrol positions him as a high-level trainer and on-staff expert for our violence prevention, driver safety, and supervisor-level safety programs.

Ashley Schaper
Ashley has vast knowledge of the oil and gas industry, and has worked in that field since 2008. She currently teaches ONE BASIN-One Way, First Aid/CPR and Alive at 25 Defensive Driving for NDSC.

Dennis Snodgrass
Dennis has extensive experience in the safety and oil industry. He has served as a manager/director for a number of safety companies where he provided training, policy creation, incident investigation, safety audits and much more.

Edon Willis
Edon served for 18 years in the U.S. Marines and specialized in security, safety and equipment training. Edon is a certified NSC defensive driving and First Aid/CPR instructor.

Rick Halldorson
Rick's 28 years of industrial work experience positions him to train on topics ranging from OSHA 500's to Industrial Rail Yard Safety.

Michael Hutchens
Mike has more than 30 years of industrial safety experience and is the lead instructor for the MSHA program as well as an OSHA instructor.

PART-TIME TRAINERS

John Woutat
John is a former EMS training coordinator, firefighter and EMS responder with 20+ years of experience in training and emergency response. As the NDSC's EMS expert, John teaches first aid, CPR, trauma & triage, and more.

Greg Dehne
Brenden Dockter
Jay Skarphol
Aglae L. Young
John Young

Experienced and professional, NDSC trainers earn rave reviews on their engaging style and deep knowledge.

Learn more about our trainers and read student reviews at ndsc.org

Private training available for most courses.
Available for in-person and distance-learning training

Call 800-932-8890 or 701-223-6372 for more information.
Quarterly Training Calendar

**JULY • AUGUST • SEPTEMBER 2022**

**REGISTRATION**
Register at [ndsc.org/take-a-course](http://ndsc.org/take-a-course) or call (800) 932-8890. Watch for an email confirmation with your course location.

**NDSC TRAINING LOCATIONS**
20+ locations across the state. Go to [ndsc.org/take-a-course/training-locations](http://ndsc.org/take-a-course/training-locations) for course locations and addresses.

**NDSC is dedicated to**
**PREVENTING INJURIES**
**and**
**SAVING LIVES.**

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**Heat Stress Awareness**

As OSHA and NIOSH put an emphasis on the importance of heat stress awareness and education, the North Dakota Safety Council is offering courses for employees, supervisors, and managers that goes beyond recognizing the hazard of heat. Most people are unfamiliar with the medical effects of heat stress and its impact on employee safety and productivity. We’ll help you build and establish a program that keeps your workplace in front of this recognized hazard.

Register now at [ndsc.org](http://ndsc.org)