

**NDSC FIRST AID TRAINING - The best value at the right price!**

# **YOU GET MORE** when you choose the **North Dakota Safety Council**

As a chapter of the National Safety Council (NSC), the NDSC offers the Nationally Recognized NSC First Aid Curriculum:

- Educate employees about safer workplaces
- Curriculum exceeds American Heart curriculum in several areas
- Meets OSHA Best Practices Guidelines
- Interactive programs test your employees in 13 skills, making sure they are ready to act in an emergency and save a life
- Students will see demonstrations for maximum retention
- Available in Spanish

Your employees will leave class with  
valuable hands-on experience and

**FEEL CONFIDENT**  
to act when needed.

**Every Student Receives:**

- First Aid Quick Guide for reference on more than 50 first aid topics
- Refresher DVD to maximize retention
- Nationally recognized course completion card
- Individual keychain with breathing barrier & gloves
- Plus - we promise superior customer service and  
NO PROCESSING FEES for the course completion cards.



For more information or to learn more:

**[www.ndsc.org](http://www.ndsc.org)**

or call our First Aid Program Manager

**701-223-6372**



| <b>First Aid, CPR &amp; AED Classroom Course Content</b> <i>(compliance with OSHA Guidelines)</i>  | <b>NSC/<br/>NDSC</b> | <b>American<br/>Heart<br/>Association</b> | <b>American<br/>Red<br/>Cross</b> |
|--|----------------------|---|-----------------------------------|
| <b>TEACHING METHOD</b>   |                      |   |                                   |
| Exposed to accurate injury & illness settings and appropriate response thru video, slides  | Yes                  | Yes                                       | No                                |
| Training allows time for situations likely encountered in the particular workplace   | Yes                  | Yes                                       | No                                |
| <b>RESPONDING TO A HEALTH EMERGENCY</b>  |                      |   |                                   |
| Injury and acute illness as a health problem   | Yes                  | No  | No                                |
| Principles of triage   | Yes                  | No  | No                                |
| <b>SURVEYING THE SCENE AND THE VICTIMS</b>   |                      |   |                                   |
| Taking a victim's history  | Yes                  | No  | Yes                               |
| Secondary survey   | Yes                  | Incomplete                                | Yes                               |
| <b>BASIC FIRST AID INTERVENTION</b>  |                      |   |                                   |
| Moving and rescuing victims 1- and 2-person lifts, etc.  | Yes                  | No  | Yes                               |
| <b>UNIVERSAL PRECAUTIONS</b>   |                      |   |                                   |
| Copy of Bloodborne Pathogens Standard  | Yes                  | No  | No                                |
| Appropriate management of blood spills   | Yes                  | No  | Yes                               |
| <b>TRAINEE ASSESSMENTS</b>   |                      |   |                                   |
| Includes observation of skills and written assessments. First aid skills/knowledge should be reviewed every three years.                 | FA 2 yrs, CPR 2 yrs  | FA 2 yrs, CPR 2 yrs                       | FA 2 yrs, CPR 2 yrs               |
| <b>PROGRAM UPDATE</b>  |                      |   |                                   |
| Training program should be periodically reviewed with current techniques and knowledge. Outdated material should be replaced or removed. | Yes                  | Yes                                       | Incomplete                        |
| <b>TYPE OF INJURY TRAINING</b>   |                      |   |                                   |
| Assessment and treatment for fainting.   | Yes                  | No  | No                                |
| <b>Bleeding:</b>   |                      |   |                                   |
| Wounds: abrasions, incisions, lacerations, punctures, avulsions, amputations, and crushing   | Yes                  | Incomplete                                | Incomplete                        |
| Wound care, wounds requiring medical attention, tetanus vaccination  | Yes                  | Incomplete                                | Incomplete                        |
| <b>Poisoning:</b>  |                      |   |                                   |
| Topical poisons (poison ivy, oak, sumac)   | Yes                  | No  | Yes                               |
| Drug abuse (alcohol, narcotics, etc.)  | Yes                  | No  | Yes                               |
| <b>Burns:</b> Assessing severity (first-, second-, third-degree burns)   | Yes                  | No  | Yes                               |
| <b>Musculoskeletal Injuries:</b>   |                      |   |                                   |
| Open fractures, closed fractures, splinting  | Yes                  | Yes                                       | Incomplete                        |
| Dislocations   | Yes                  | No  | Yes                               |
| Muscle strains, contusions, and cramps   | Yes                  | No  | Yes                               |
| <b>Medical Emergencies:</b>  |                      |   |                                   |
| Diabetic emergencies such as hyperglycemia and hypoglycemia  | Yes                  | Incomplete                                | Yes                               |
| Pregnancy (appropriate care, abdominal injury, vaginal bleeding)   | Yes                  | No  | Incomplete                        |
| <b>SITE OF INJURY TRAINING</b>   |                      |   |                                   |
| <b>Eye:</b>  |                      |   |                                   |
| Foreign bodies, corneal abrasions, lacerations   | Yes                  | No  | No                                |
| Chemical burns, flushing the eye   | Yes                  | Yes                                       | No                                |
| <b>Chest:</b>  |                      |   |                                   |
| Rib fractures  | Yes                  | No  | Incomplete                        |
| Penetrating wounds   | Yes                  | Incomplete                                | Incomplete                        |
| <b>Abdomen:</b> Blunt injuries, penetrating injuries, protruding organs  | Yes                  | Incomplete                                | Yes                               |

| <b>First Aid, CPR &amp; AED Online Course Content</b>  | <b>NSC/<br/>NDSC</b> | <b>American<br/>Heart<br/>Association</b> | <b>American<br/>Red<br/>Cross</b> |
|--|----------------------|---|-----------------------------------|
| Meets OSHA Best Practices Guide: Fundamentals of a Workplace First Aid Program                     | Yes                  | No  | No                                |
| Follows the treatment recommendations in the latest First Aid/CPR Guidelines                       | Yes                  | Yes                                       | No                                |
| Course is available in Spanish   | Yes                  | No  | No                                |
| Covers the following injuries: Dislocations, muscle cramps and strains                             | Yes                  | No  | Incomplete                        |
| Allergic reactions to poison ivy, oak and sumac  | Yes                  | No  | No                                |
| How to triage in a mass casualty incident  | Yes                  | No  | No                                |
| Child and infant CPR and AED   | Yes                  | Yes                                       | No                                |
| End of course exam   | Yes                  | No  | No                                |
| Customized screen images to reflect the student's environment (school, office, manufacturing, etc) | Yes                  | No  | No                                |
| Every lesson includes video content  | Yes                  | Yes                                       | No                                |
| Includes a comprehensive guide to cover over 90 first aid situations                               | Yes                  | No  | No                                |