## **REGISTER FOR A TRAIN-THE-TRAINER COURSE** Why become a CPR/First Aid Instructor?



# Having an internal instructor gives you the opportunity to fine tune the CPR/AED/First Aid training to your industry.

The NSC curriculum has industry specific (manufacturing, electrical, etc) scenarios that can be incorporated into your training to make it real world for your employees and give them to tools they need to be able to act in an emergency.



### It helps to emphasize your commitment to safety.

When you invest in an internal instructor, you are telling employees you care about their health and well-being and that you take safety serious.



## SAVE MONEY, even in year one! Here are options for training and savings:

**Scenario A** - Private class for 100 = Total cost \$5,980 (plus travel time, mileage, meals, hotel)

Scenario B - Public class for 100 (member rate of \$80/student) = Total cost \$8,000

**Scenario C** - Become a trainer and train your own employees. See examples on the right.

### Cost of year one for 100 employees:

• \$375 to take the train the trainer class (includes your trainer materials)

- Supplies to teach:
  - 3 bags of manikins (15 total) = \$1245
  - 100 Lungs = \$65
  - Books and First aid kits = \$1520
  - Epi Pen trainer = \$4.99
  - AED Trainer = \$159.95

#### Total Cost \$3,369.94

Savings of \$2,610 vs. private class

### Cost of year two and beyond for 100 employees:

- Renewal fee for instructor = \$40
- 100 lungs = \$65
- Books and First aid kits = \$1245 Total Cost \$1,350

Savings of \$4,630 vs. private class

To view upcoming Train-the-Trainer courses, go to www.ndsc.org or call (701) 751-6107 or (800) 932-8890



