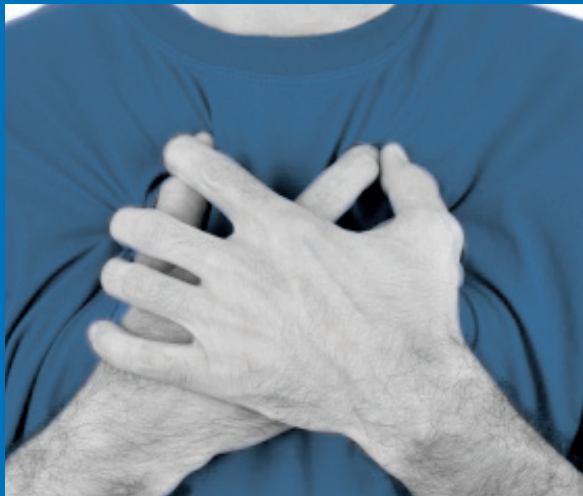


You get **MORE** when you choose the **North Dakota Safety Council**

NDSC FIRST AID TRAINING - *The best value at the right price.*



Every Student Receives:

- First Aid Quick Guide for reference on more than 50 first aid topics
- Refresher DVD to maximize retention
- Nationally recognized course completion card
- Individual keychain with breathing barrier & gloves
- Plus - we promise superior customer service and **NO PROCESSING FEES** for the course completion cards.

As a chapter of the National Safety Council (NSC), the NDSC offers the Nationally Recognized NSC First Aid Curriculum:

- Educate employees about safer workplaces
- Curriculum exceeds American Heart curriculum in several areas
- Meets OSHA Best Practices Guidelines
- Interactive programs test your employees in 13 skills, making sure they are ready to act in an emergency and save a life
- Students will see demonstrations for maximum retention
- Available in Spanish

Your employees will leave class with valuable hands on experience and feel confident to act when needed.

For more information or to learn more:

Go to **www.ndsc.org**

or call our First Aid Program Manager

701-223-6372.



First Aid, CPR & AED Classroom Course Content <i>(compliance with OSHA Guidelines)</i>	NSC/ NDSC	American Heart Association	American Red Cross
TEACHING METHOD			
Exposed to accurate injury & illness settings and appropriate response thru video, slides	Yes	Yes	No
Training allows time for situations likely encountered in the particular workplace	Yes	Yes	No
RESPONDING TO A HEALTH EMERGENCY			
Injury and acute illness as a health problem	Yes	No	No
Principles of triage	Yes	No	No
SURVEYING THE SCENE AND THE VICTIMS			
Taking a victim's history	Yes	No	Yes
Secondary survey	Yes	Incomplete	Yes
BASIC FIRST AID INTERVENTION			
Moving and rescuing victims 1- and 2-person lifts, etc.	Yes	No	Yes
UNIVERSAL PRECAUTIONS			
Copy of Bloodborne Pathogens Standard	Yes	No	No
Appropriate management of blood spills	Yes	No	Yes
TRAINEE ASSESSMENTS			
Includes observation of skills and written assessments. First aid skills/knowledge should be reviewed every three years.	FA 2 yrs, CPR 2 yrs	FA 2 yrs, CPR 2 yrs	FA 2 yrs, CPR 2 yrs
PROGRAM UPDATE			
Training program should be periodically reviewed with current techniques and knowledge. Outdated material should be replaced or removed.	Yes	Yes	Incomplete
TYPE OF INJURY TRAINING			
Assessment and treatment for fainting.	Yes	No	No
Bleeding:			
Wounds: abrasions, incisions, lacerations, punctures, avulsions, amputations, and crushing	Yes	Incomplete	Incomplete
Wound care, wounds requiring medical attention, tetanus vaccination	Yes	Incomplete	Incomplete
Poisoning:			
Topical poisons (poison ivy, oak, sumac)	Yes	No	Yes
Drug abuse (alcohol, narcotics, etc.)	Yes	No	Yes
Burns: Assessing severity (first-, second-, third-degree burns)	Yes	No	Yes
Musculoskeletal Injuries:			
Open fractures, closed fractures, splinting	Yes	Yes	Incomplete
Dislocations	Yes	No	Yes
Muscle strains, contusions, and cramps	Yes	No	Yes
Medical Emergencies:			
Diabetic emergencies such as hyperglycemia and hypoglycemia	Yes	Incomplete	Yes
Pregnancy (appropriate care, abdominal injury, vaginal bleeding)	Yes	No	Incomplete
SITE OF INJURY TRAINING			
Eye:			
Foreign bodies, corneal abrasions, lacerations	Yes	No	No
Chemical burns, flushing the eye	Yes	Yes	No
Chest:			
Rib fractures	Yes	No	Incomplete
Penetrating wounds	Yes	Incomplete	Incomplete
Abdomen: Blunt injuries, penetrating injuries, protruding organs	Yes	Incomplete	Yes

First Aid, CPR & AED Online Course Content	NSC/ NDSC	American Heart Association	American Red Cross
Meets OSHA Best Practices Guide: Fundamentals of a Workplace First Aid Program	Yes	No	No
Follows the treatment recommendations in the latest First Aid/CPR Guidelines	Yes	Yes	No
Course is available in Spanish	Yes	No	No
Covers the following injuries: Dislocations, muscle cramps and strains	Yes	No	Incomplete
Allergic reactions to poison ivy, oak and sumac	Yes	No	No
How to triage in a mass casualty incident	Yes	No	No
Child and infant CPR and AED	Yes	Yes	No
End of course exam	Yes	No	No
Customized screen images to reflect the student's environment (school, office, manufacturing, etc)	Yes	No	No
Every lesson includes video content	Yes	Yes	No
Includes a comprehensive guide to cover over 90 first aid situations	Yes	No	No