

## Poisoning Safety

### Poison Prevention: Protect Your Household

Many common household products such as cleaners and pesticides could harm children, pets, or the environment if not used and stored correctly. Simply reading a product's label will help you keep your family, pets and community safe. Reading the label can also save you money.

#### Labels tell you:

- How to use the product safely and effectively
- How to store the product safely
- First aid instructions
- Phone numbers to call for help or more information

#### Keep products in their original containers

- It is very dangerous to put products in food and beverage containers. Children think that something in a familiar juice or soda bottle is good to drink.
- If you throw away the original container, you throw away important information needed in case of an emergency.
- If there is an accident, you need information on the original label to help with treatment.

- If the label tells you to mix a product in another container, use up all of the mixture. If you can't use all of it up, label the new container for future use.

#### Buy the right product for the job

- Read the label to make sure it's the right product for the job. Buying the right product the first time will save you money and frustration.

#### Buy the right amount for your needs

- Buy only what you need. If you buy too much for your needs, pass the product on to someone else who can use it. Some products might not be good if stored for long periods of time. The larger size might not be a good value if you can't use it all.

#### Use the right amount of product for the job

- Labels indicate the correct amount to use. Using more than what's recommended is not better—it just wastes the product and the money you've spent. In some cases, using more than the recommended amount can hurt people, pets and the environment.

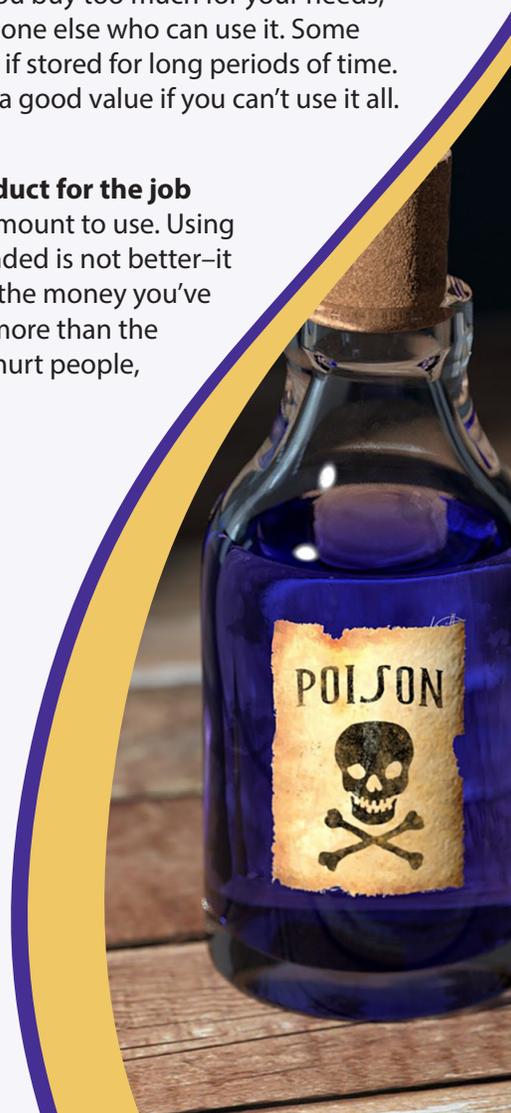
*Continued on next page*



Check out our course list online for a variety of safety trainings provided across the state at

[www.ndsc.org](http://www.ndsc.org)

*The North Dakota Safety Council is a private non-profit organization supported through grants, donations, memberships and training.*



## Poisoning Safety

### What to do if a Poisoning Occurs

#### If you suspect someone has ingested poison

- Remain calm
- Call 911 if you have a poison emergency and the victim has collapsed or is not breathing.
- If the victim is awake and alert, call the American Association of Poison Control Centers at 1-800-222-1222
- Try to have this information ready:
  - Symptoms
  - Victim's age and weight
  - Container or bottle of the poison if available
  - Amount of product involved (overestimate rather than underestimate)
  - Time of the poison exposure
  - Address where the poisoning occurred
  - Any first aid measures already performed
- Stay on the phone and follow the instructions from the emergency operator or poison control center.
- Do NOT induce vomiting unless advised by the poison control center or physician, because this can often aggravate the poisoning or cause long-term damage.
- If a poisonous substance has contacted the skin, rinse the skin with running water for 15 minutes and remove any contaminated clothing.
- If a poisonous substance has contacted the eyes, irrigate eyes by holding the lids open and pouring cool water on the eyes for 15 minutes. Do not rub eyes or place the head directly under a faucet.



Check out our course list online for a variety of safety trainings provided across the state at

[www.ndsc.org](http://www.ndsc.org)

*The North Dakota Safety Council is a private non-profit organization supported through grants, donations, memberships and training.*

