



REFRESHER CURRICULUM

General Industry Topics

Required - 5 Hours

- Walking and Working Surfaces - 1 hr.
- Fire Safety (Prevention/Protection Plan) - 0.5 hr.
- Electrical Safety - 1 hr.
- Personal Protective Equipment - 0.5 hr.
- Hazard Communication - 1 hr.
- Fall Protection - 1 hr.

Electives - 2.5 Hours

- Confined Spaces - 1 hr.
- Material Handling - 1.25 hrs.
- Machine Guarding - 0.5 hr.
- LOTO - 0.75 hr.
- Bloodborne Pathogen - 0.5 hr.
- Eye Safety - 0.5 hr.

Total - 7.5 Hours

Construction Topics

Required - 5 Hours

- Fall Protection - 1 hr.
- Personal Protective Equipment - 0.5 hr.
- Electrical Safety - 1 hr.
- Hazard Communication - 1 hr.
- Hand and Power Tools - 1.5 hrs.

Electives - 2.5 Hours

- Confined Spaces - 1 hr.
- Hoist and Slings - 0.5 hr.
- Excavation - 1 hr.
- Scaffold Safety - 1 hr.
- LOTO - 0.75 hr.
- Crane Safety - 1 hr.
- Eye Safety - 0.5 hr.
- Silica Awareness - 1 hr.
- Stairway and Ladders - 1 hr.

Total - 7.5 Hours