

Acquire the tools you need to PLAN for and PREVENT

WORKPLACE VIOLENCE



Wednesday, July 17

NDSC Safety Campus, Bismarck

Includes FREE lunch!

During these two unique courses, the NDSC will help reduce your risk of violence through planning, protection and prevention techniques.

WORKPLACE VIOLENCE PLANNING & MANAGEMENT

8am-12pm

NDSC Member: \$75 Non-Member: \$90

During this course, supervisors and employees will learn how to increase their company's level of safety and preparedness in the event of an emergency or violent act. Learn the history of mass shootings, lessons learned from each event,



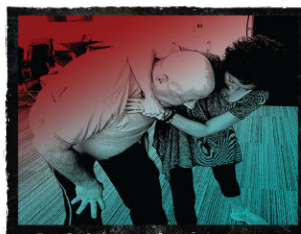
and if your place of work is at risk for violence. Topics will include high-risk employment considerations, the importance of developing an Emergency Response Plan, predator recognition and observation techniques, staff preparedness suggestions, and identification of potentially dangerous employees. Each attendee will receive a free copy of a standard workplace violence policy.

SELF PROTECTION & PREDATOR AWARENESS

1pm-5pm

NDSC Member: \$45 Non-Member: \$55

This course is split into two sections. During the classroom portion, the instructor will arm attendees with the knowledge to recognize, avoid and handle stalkers and predators. Students will also learn tips for keeping children and other family members safe. Then, attendees will receive hands-on training where they will learn techniques to escape an attacker. These escape tactics are simple



and can be easily used by people of any size or strength, making it the perfect substitute for your traditional self-defense course. Course is taught by a former highway patrol trooper with more than 20 years of experience. Appropriate for those 13 years and older. Attendees are encouraged to wear comfortable or loose fit clothing.

Course participants will practice the following techniques:

- Pressure Points
- Defensive Position
- Blocks
- Basic Punches and Strikes
- Kicks & Knee Strikes
- Standing Attacks

Lunch sponsored by



Register now at
www.ndsc.org

Limited Seating Available

TRAINING

