

**2-Day Express Counterbalanced
Forklift Trainer**

Course Length: 18 hours

NDSC Member: \$1,095 Non-Member: \$1,095

We will teach your trainer everything they need to know about electric and engine-powered counterbalanced (standard warehouse style) forklifts and how to effectively train your operators. Trainees receive in-depth instruction on powered industrial trucks as well as extensive instruction on how to effectively train forklift operators. Each trainee's knowledge and demonstrated skills are evaluated and graded prior to certification. Successful attendees will receive a certificate of completion and trainer wallet card.

Bismarck - 8am - 5:30pm - May 20-21



Confined Space Awareness - General Industry

Course Length: 4 hours

NDSC Member: \$130 Non-Member: \$160

Learn how to identify hazards involved with permit required confined spaces, how to protect employees from hazards, and key elements of the General Industry Confined Spaces standard. This includes defining the differences between work spaces, Confined Spaces, and Permit Required Confined Spaces. It also covers a review of the regulation, proper documentation, rescue planning and execution, atmospheric testing, the roles of the supervisor, attendant, entrant and more.

Bismarck - 8am - 12pm - May 14

Aerial Lift Trainer Certification

Course Length: 24 Hours

NDSC Member: \$1,375 Non-Member: \$1,375

Learn how to train and qualify aerial boomlift and scissor lift operators. Trainees will receive in-depth instruction on aerial lift equipment as well as extensive instruction on how to effectively train operators. Each trainee's knowledge and demonstrated skills in all aspects of the program are evaluated and graded prior to certification.

Bismarck - 8am - 5pm - May 22-24



Confined Space Entry Entrant and Attendant

Course Length: 5 hours

NDSC Member: \$185 Non-Member: \$225

This course is for any person who will perform confined space entrant or attendant duties. In addition to learning all duties, attendees will also learn all aspects of the entrant and attendant. Courses in Bismarck will include interactive hazard identification exercises on the NDSC's confined space training tower! Upon completion, attendees can present their certificate to their employer for consideration to be deemed a qualified or competent person for confined space entry entrant and attendant. *This course was developed by Roco Rescue, a leader in industrial rescue training and an OSHA VPP Site.*

Bismarck - 8am - 1pm - May 6

**Basic Life Support for Health Care and
Professional Rescuers**

Course Length: 4 hours

NDSC Member: \$45 Non-Member: \$45

Today's professional responders encounter many challenges such as natural and man-made disasters and infectious diseases. Responders may require increased training to effectively handle these emergencies. This in-depth course focuses on immediate life-threatening situations, and demonstrates how to respond quickly and effectively. Our instructor utilizes National Safety Council curriculum and meets Center for Disease Control, OSHA and National Fire Protection Agency guidelines.

Bismarck - 5:30pm - 9:30pm - June 7

Certified Occupational Safety Specialist (COSS)

Course Length: 40 hours

NDSC Member: \$1,799 Non-Member: \$2,299

COSS is a unique, curriculum-based program that builds a solid foundation in both General Industry (CFR 1910) and Construction (CFR 1926) knowledge for the beginning safety practitioner as well as the experienced safety professional. COSS meets the requirements outlined in ANSI Z490.1. The course consists of 40 hours of hands-on, instructor-led learning, delivered by OSHA-authorized trainers and is designed to equip workers with the core competencies needed to succeed in occupational safety and health.

Bismarck - 8am - 5pm - May 13-17

Confined Space Awareness - Construction

Course Length: 4 hours

NDSC Member: \$130 Non-Member: \$160

Learn how to identify hazards involved with permit required confined spaces, how to protect employees from hazards, and key elements of the Construction Confined Spaces standard. This includes defining the differences between work spaces, Confined Spaces, and Permit Required Confined Spaces. It also covers a review of the regulation, proper documentation, rescue planning and execution, atmospheric testing, the roles of the supervisor, attendant, and entrant, and more.

Bismarck - 8am - 12pm - May 9

Grand Forks - 1pm - 5pm - April 4

Confined Space Entry Supervisor

Course Length: 8 hours

NDSC Member: \$295 Non-Member: \$355

Receive a comprehensive overview of the general industry and construction industry standards for Permit Required Confined Space Entry Supervisor. Topics covered will include: hazards associated with permit required confined spaces; employer's program requirements; alternate entry and reclassification procedures; rescue requirements; and more. The differences between the general industry and construction industry requirements will be addressed, as well as a brief overview of other roles and responsibilities. Courses in Bismarck include interactive hazard identification exercises on the NDSC's confined space training tower! Upon completion, attendees can present their certificate to their employer for consideration to be deemed a qualified or competent person for confined space entry supervisor. *This course was developed by Roco Rescue, a leader in industrial rescue training.*

Bismarck - 8am - 5pm - May 29

CPR/AED, Adult

Course Length: Approximately 2.5 hours

NDSC Member: \$45 Non-Member: \$50

This course meets OSHA First Aid Standard 29 CFR 1910.151, and prepares students to take action in a medical emergency by teaching them how to respond to choking, breathing and cardiac emergencies. Participants will also learn how to use an automated external defibrillator (AED) in conjunction with CPR. *Upon completion, receive a 2-year Adult CPR/AED certificate. Spanish courses available upon request.*

Bismarck - 8am - 10:30am - April 13, May 11, June 8

Bismarck - 12pm - 2:30pm - May 28

Devils Lake - 12pm - 2:30pm - May 7

Fargo - 12pm - 2:30pm - June 4

Jamestown - 12pm - 2:30pm - May 30

Minot - 12pm - 2:30pm - June 27

Watford City - 8am - 10:30am - May 25

Williston - 1pm - 3:30pm - April 18, May 16, June 20

Private training available!

Call 701-223-6372 for more information.

CPR/AED/First Aid, Adult

Course Length: Approximately 5 hours
NDSC Member: \$80 Non-Member: \$85

Online course
also available.

This course meets OSHA First Aid Standard 29 CFR 1910.151, and prepares students to take action in a medical emergency by teaching them how to respond to choking, breathing and cardiac emergencies. Participants will learn how to use an AED in conjunction with CPR. First Aid is taught using a combination of instructor-led lecture, "watch-then-practice" videos, and hands-on training. Topics such as bleeding, burns, poisoning and sudden illness are covered. *Upon completion, receive a 2-year Adult CPR/AED certificate and a 2-year First Aid certificate. Spanish courses available upon request.*

Bismarck - 8am - 1pm - April 13, April 16, May 11, June 8, June 11
Bismarck - 12pm - 5pm - May 28
Devils Lake - 12pm - 5pm - May 7
Dickinson - 8am - 1pm - April 23, June 18
Fargo - 8am - 1pm - April 9, May 14
Fargo - 12pm - 5pm - June 4
Grand Forks - 8am - 1pm - April 24
Jamestown - 12pm - 5pm - May 30
Minot - 8am - 1pm - May 21
Minot - 12pm - 5pm - June 27
Watford City - 8am - 1pm - May 25
Williston - 1pm - 6pm - April 18, May 16, June 20

CPR/AED, Pediatric

Course Length: Approximately 2.5 hours
NDSC Member: \$45 Non-Member: \$50

Learn to recognize and respond to breathing and first aid emergencies in children and infants. Video self-instruction and hands-on training are used for choking and CPR/AED practice. Ideal for daycare providers, churches, and anyone working with children younger than age 12. *Upon completion, receive a Pediatric 2-year CPR/AED certificate.*

Bismarck - 8am - 10:30am - April 27, June 22

CPR/AED/First Aid, Pediatric

Course Length: Approximately 5 hours
NDSC Member: \$80 Non-Member: \$85

This course teaches students to recognize and respond to breathing and first aid emergencies in children and infants. Video self-instruction and hands-on training are used for choking, CPR/AED practice, and various first aid scenarios, including bleeding, burns, poisoning, sudden illness and bone injuries. Ideal for daycare providers, youth group volunteers, churches, and anyone working with children younger than age 12. *Upon completion, receive 2-year pediatric certificates for CPR/AED and First Aid.*

Bismarck - 8am - 1pm - April 27, June 22

CPR/First Aid, Adult, Train-the-Trainer

Course Length: 16 hours
NDSC Member: \$375 Non-Member: \$475

Certify your employees to teach the only nationally-recognized CPR/AED/First Aid curriculum that meets all OSHA first aid requirements. The curriculum is applicable for industrial, office, and home settings, and includes 100 industry-specific scenarios giving you the ability to customize your presentations. Please call (800) 932-8890 to register.

Bismarck - 8am - 5pm - April 16-17, June 11-12
Dickinson - 8am - 5pm - June 18-19
Fargo - 8am - 5pm - May 14-15
Grand Forks - 8am - 5pm - April 24-25
Minot - 8am - 5pm - May 21-22

Critical Issues Training Series: Incident Investigation - What Every Employer Should Know

Course Length: 1.5 hours
FREE to NDSC members Non-Members: \$30

Lunch is included. This event is limited to 30 people at both locations. Incident investigations that focus on identifying and correcting root causes, instead of finding fault or blame, improve workplace morale and increase productivity. During this hands-on session, you will learn the National Safety Council's six fundamental steps to a comprehensive incident investigation and participate in a mock investigation group exercise.

Fargo - 11:30am - 1pm - April 3
Minot - 11:30 am - 1 pm - June 11



Training Series

Defensive Driving Course, Alive at 25

Course Length: 4.5 hours
Course Fee: \$55 Court/DOT Required: \$75

Alive at 25 is a highly interactive program targeted toward drivers under the age of 25 that helps them take greater responsibility for their driving. Whereas driver education teaches the mechanics of car and road handling and state law, Alive at 25 focuses on behavior, judgment, decision making and consequences, and provides tools for making positive choices. *Course qualifies for insurance discount and point reduction.*

Grand Forks - 4pm - 8:30pm - June 23
Williston - 4pm - 8:30pm - April 7, June 2

Defensive Driving Course, Attitudinal Dynamics of Driving

Course Length: 8 hours
NDSC Member: \$125 Non-Member: \$150
Court/DOT Required: \$175

ATTENTION COMPANIES: *This course is recommended for drivers who have received multiple violations or been involved in traffic collisions.* DDC ADD is designed to help participants make a connection between their attitude and poor decisions. They will learn how to take responsibility for their actions, and see how their choices have financial, legal, and personal consequences. *Qualifies for insurance discount and point reduction.*

Bismarck - 8am - 5pm - April 13
Fargo - 8am - 5pm - June 1

Defensive Driving Course, Basic

Course Length: 4 hours
NDSC Member: \$60 Non-Member: \$65
Court/DOT Required: \$85 Seniors: \$40 (55+)

Additional Family Members: \$30 (same household/same course) DDC4 is a fast-paced, driver-improvement program that offers practical strategies to reduce collision-related injuries, fatalities, and costs. It addresses the importance of attitude in preventing crashes, and reinforces the good driving skills you already have. *Course qualifies for insurance discount, point reduction and WSI Safe Driver program.*

Bismarck - 9am - 1pm - June 8
Bismarck - 6pm - 10pm - April 8
Fargo - 6pm - 10pm - May 14
Grand Forks - 9am - 1pm - April 13, June 8
Minot - 6pm - 10pm - May 20
Williston - 8am - 12pm - April 6, June 1

Online course
also available.

DOT Compliance

Course Length: 4 hours
NDSC Member: \$175 Non-Member: \$210

Personnel responsible for managing commercial vehicles and drivers can benefit from this course. Course includes in-depth training on the Federal Motor Carrier Safety Regulations, a detailed overview of the CSA website and training that is critical for carrier or fleet safety management.

Bismarck - 1pm - 5pm - May 6
Fargo - 1pm - 5pm - June 4

We are Social!

Connect with us on
Facebook and LinkedIn!



ECCS 8-Hour Refresher

Course Length: 8 hours

NDSC Member: \$180 Non-Member: \$230

Prerequisites required. Go to www.ndsc.org for more information. Course teaches recognition, avoidance, abatement and prevention of safety and health hazards in workplaces, covering fall protection, personal protective equipment, electrical safety and hazard communication, to name a few. Emphasis is placed on the most hazardous area of the jobsite.

Bismarck – 8am – 5pm – April 26, May 24, June 6

Online course
also available.

Equipment Operator Skid Steer Certification

Course Length: 8 hours

NDSC Member: \$295 Non-Member: \$325

Skid steers present a real danger with their limited visibility, speed, maneuverability and power. Train your operators to help control those risks! Using the IVES Training Program, NDSC prides itself on not only delivering the most complete and comprehensive classroom training but also practical, hands-on instruction. We consider this the most important part of any operator training program and cut no corners when evaluating each and every operator. *Private courses may be scheduled upon request.*

Bismarck – 8am – 5pm – June 11



Excavator Trainer Upgrade

Course Length: 8 hours

NDSC Member: \$545 Non-Member: \$545

This program is exclusively for IVES Certified Trainers who wish to acquire the technical knowledge to train operators on mini/compact excavators. This fast-paced program will get you ready to train your excavator operators. This program isn't make or model specific, our training covers concepts common to all types of excavators.

Bismarck – 8am – 5pm – June 20



Fall Protection Awareness - Construction

Course Length: 4 hours

NDSC Member: \$110 Non-Member: \$130

Knowing when fall protection is necessary and when it's not can be very confusing. This program eliminates some of the confusion by giving you an overview of the fall protection requirements for the construction industry, steel erection and equipment used to elevate personnel.

Bismarck – 8am – 12pm – June 19

Grand Forks – 8am – 12pm – April 4

Field Leadership in Oil & Gas Extraction & Production, Train-the-Trainer

Course Length: 16 hours

NDSC Member: \$225 Non-Member: \$225

This program will showcase training techniques for company trainers to use in preparing employees moving into roles of greater responsibility and authority. Participants will engage in active scenario based learning as they practice adapting their leadership style to increase effectiveness of his or her communication strategies. They will learn proven techniques in communicating, motivating and inspiring a diverse workforce to achieve the desired balance of worker health and safety, quality work, and production outcomes in the upstream O&G industry.

Bismarck – 8am – 5pm – May 8-9

HAZWOPER 8-Hour Refresher

Course Length: 8 hours

NDSC Member: \$220 Non-Member: \$250

This refresher fulfills the requirements of the HAZWOPER Standard for Construction and General Industry and includes updates on and an overview of HAZWOPER requirements with a hands-on approach. Focus will be placed on identification, evaluation and control of a hazmat scene or incident. Hands-on elements will include donning and doffing SCBA units, PPE tape up exercises, air monitoring equipment, as well as a special exercise utilizing the components of HAZWOPER.

Bismarck – 8am – 5pm – April 18



HAZWOPER 40-Hour Hazardous Materials Specialist

Course Length: 40 hours

NDSC Member: \$795 Non-Member: \$950

Obtain the knowledge required to become a hazardous materials specialist, including competency in the following areas: how to implement the local emergency response plan; classification, identification and verification of known and unknown materials; selection and use of proper specialized chemical PPE; hazard and risk techniques; how to perform specialized control, containment, and/or confinement operations; decontamination procedures; developing a site safety and control plan; and chemical, radiological and toxicological terminology and behavior.

Bismarck – 8am – 5pm – April 1-5



HAZWOPER First Responder Awareness

Course Length: 3 hours

NDSC Member: \$140 Non-Member: \$175

First responders at the awareness level are individuals who are likely to witness or discover a hazardous substance release and who have been trained to initiate an emergency response sequence by notifying the proper authorities. To meet the requirements for an awareness level first responder, you must have sufficient training or experience to objectively demonstrate competency in core areas outlined by OSHA.

Bismarck – 8am – 11am – June 18

Fargo – 8am – 11am – May 20

Incident Investigation & Root Cause Analysis

Course Length: 8 hours ASC CEUs: 0.65

NDSC Member: \$330 Non-Member: \$430

This course is for all levels of management, safety practitioners, safety committee members, and individuals responsible for investigating incidents. Attendees will learn to: employ effective investigation and interview techniques; analyze incidents to identify "true" root causes; and describe human relations issues affecting incident reporting. The instructor will cover additional topics such as: what incidents to investigate; the on-site investigation process; what data to include in reports; witness interview techniques; and hazard control measures and follow-up. Earn your ASC by taking this and other ASC courses.

Bismarck – 8am – 5pm – April 25



Industrial Rescue I/II™

Course Length: 50 Hours

NDSC Member: \$1,200 Non-Member: \$1,440

This course is designed for industrial and municipal rescuers who may be required to handle confined space and high angle rescues in industrial environments. Our trainers takes a very hands-on approach to rescue training that provides the skills necessary to meet OSHA guidelines for a competent rescue team or rescue team member. Participants will practice rescue operations from all six confined space types which can be used to document practice requirements in OSHA 1910.146.

Bismarck – 8am – 6pm – April 29-May 3



Instructed by:



IVES Trainer Recertification

Course Length: 8 Hours

NDSC Member: \$295 Non-Member: \$295

We encourage all IVES Certified Trainers to attend this refresher once every three years. This program is not equipment specific and addresses a wide scope of issues that trainers encounter during their training. Topics range from disruptive trainees, communication barriers and faulty equipment to regulatory compliance issues, training aids and evaluation procedures. Discussions are conducted in an interactive style with the Program Facilitator directing the discussion toward practical solutions.

Bismarck – 8am – 5pm – June 21



Lift Truck Operator Training

Course Length: 8 hours

NDSC Member: \$175 Non-Member: \$220

Includes moving with and without a load, as well as picking up and stacking a load, trailers, ramps and elevators. Receive a workbook and certificate of completion. Course meets the formal training requirement of OSHA's certification process, *but is not a certification course.*

Bismarck - 8am - 5pm - April 3, May 16, June 19

Fargo - 8am - 5pm - June 25

Minot - 8am - 5pm - May 7

Lift Truck Operator, Train-the-Trainer

Course Length: 16 hours

NDSC Member: \$700 Non-Member: \$900

Learn how to train your operators for safe operation and meet OSHA requirements. You will learn how to develop and deliver complete in-house training programs, design exercises for staff evaluations, and instruct non-operators to work safely around lift trucks. Trainer kit included - valued at \$425. *Call (800) 932-8890 to register.*

Bismarck - 8am - 5pm - April 3-4, May 16-17, June 19-20

Fargo - 8am - 5pm - June 25-26

Minot - 8am - 5pm - May 7-8

MSHA New Miner-Part 46 Sand & Gravel

Course Length: 24 hours

NDSC Member: \$305 Non-Member: \$355

Course required for all new and inexperienced sand and gravel miners. Content covers the aggregate industry, including granite, sand, gravel, lime, and cement operations. Federal law requires all miners receive basic and annual refresher training; all mine operators maintain an effective training plan; and each new miner must complete no less than 24 hours of training. *Upon successful completion, receive 2-year National Safety Council certificates for Adult CPR/AED and First Aid.*

Minot - 8am - 5pm - April 9-11

Includes NSC
CPR & First Aid
Certification!

MSHA Refresher-Part 46 Sand & Gravel

Course Length: 8 hours

NDSC Member: \$105 Non-Member: \$130

Course is required for all experienced sand and gravel miners and covers the aggregate industry, including granite, sand, gravel, lime, and cement operations. Federal law requires all miners receive basic and annual refresher training; all mine operators maintain an effective training plan; and each miner must have no less than 8 hours of annual refresher training.

Minot - 8am - 5pm - April 8, June 4

MSHA New Miner-Part 48 Surface Coal

Course Length: 24 hours

NDSC Member: \$305 Non-Member: \$355

This course is required for all new and inexperienced surface coal miners. Federal law requires all miners receive basic and annual refresher training; all mine operators maintain an effective training plan; and that each new miner complete no less than 24 hours of training. *Upon successful completion, receive 2-year National Safety Council certificates for Adult CPR/AED and First Aid.*

Bismarck - 8am - 5pm - April 23-25, May 21-23, June 25-27

Includes NSC
CPR & First Aid
Certification!

MSHA Refresher-Part 48 Surface Coal

Course Length: 8 hours

NDSC Member: \$105 Non-Member: \$130

This course is required for all experienced surface coal miners and applies to coal mines, underground metal and non-metal mines, surface metal mines, and certain surface non-metal mines such as gold. Federal law requires all miners receive basic and annual refresher training; all mine operators maintain an effective training plan; and each miner receive a minimum of 8 hours of annual refresher training.

Bismarck - 8am - 5pm - April 22, May 20, June 24

OSHA 10-Hour Construction Course (ECCS)

Course Length: 10 hours

NDSC Member: \$200 Non-Member: \$255

Receive instruction on construction industry safety topics and OSHA standards for both employee and entry level supervisors. Using OSHA standards as a guide, special emphasis is placed on the most hazardous areas of a jobsite, including fall protection, electrical and more.

Courses run 1pm to 5pm day one, and 8am to 5pm day two:

Bismarck - April 22-23, May 9-10, June 19-20

Fargo - April 15-16, June 4-5

Grand Forks - May 21-22

OSHA 10-Hour General Industry

Course Length: 10 hours

NDSC Member: \$200 Non-Member: \$255

Course is valuable for employees and supervisors alike. Topics covered include: an intro to OSHA standards, OSHA inspections process and citations, walking and working surfaces, PPE, fire protection, and more.

Courses run 1pm to 5pm day one, and 8am to 5pm day two:

Bismarck - May 14-15

Dickinson - April 10-11

Fargo - April 8-9

OSHA 501 Trainer Course in OSHA Standards for General Industry

Course Length: 32 hours

NDSC Member: \$795 Non-Member: \$795

Prerequisites required. Go to www.ndsc.org to view. This course allows students to become a trainer in the Outreach Program, conduct 10- and 30-hour general industry courses, and issue cards to participants. Special emphasis is placed on topics required in the 10- and 30-hour programs as well as on those that are most hazardous, using OSHA standards as a guide. Effective instruction techniques and use of visual aids will also be covered. 2.6 CEUs; 4.0 CMs.

Bismarck - 8am - 5pm - June 17-20

OSHA 503 Update for General Industry Outreach Trainers

Course Length: 24 hours

NDSC Member \$695 Non-Member: \$695

Prerequisites required. Go to www.ndsc.org for more information. This course is designed for personnel who have completed the OSHA 501 Trainer course in OSHA Standards for General Industry and who are active trainers in the outreach program. Outreach trainers are required to attend this course once every four years to maintain their trainer status. Students must bring their current trainer's card for validation. 1.8 CEUs; 3.0 CMs.

Bismarck - 8am - 5pm - April 8-10

OSHA 510 Occupational Safety & Health Standards for Construction

Course Length: 32 hours

NDSC Member: \$795 Non-Member: \$795

This course covers OSHA policies, procedures and standards, as well as construction safety and health principles. Topics include scope and application of OSHA construction standards. Special emphasis is placed on those areas that are most hazardous, using OSHA standards as a guide. 2.6 CEUs; 4.0 CMs.

Rapid City - 8am - 5pm - April 29-May 2

OSHA 511 Occupational Safety & Health Standards for General Industry

Course Length: 32 hours

NDSC Member: \$795 Non-Member: \$795

This course covers OSHA policies, procedures and standards, as well as general industry safety and health principles. Topics include scope and application of OSHA general industry standards with special emphasis on those areas most hazardous, using OSHA standards as a guide. 2.6 CEUs. Course is a prerequisite to the OSHA 501.

Bismarck - 8am - 5pm - May 13-16

OSHA 5810 Hazards Based Standards for Oil & Gas Exploration and Production

Course Length: 32 hours

NDSC Member: \$795 Non-Member: \$795

This course will provide attendees with the knowledge and skills needed to anticipate, recognize, evaluate and control hazards that are found in the oil and gas and exploration and production industries. Topics include, but are not limited to: health hazards, hazard communication, PPE, emergency action plans, confined space, control of hazardous energy and more. 4.0 CEUs.

Bismarck - 8am - 5pm - April 15-18

OSHA Recordkeeping

Course Length: 4 hours

NDSC Member: \$110 Non-Member: \$130

This course will help you understand what a recordable injury is and keep non-recordables off your logs. The instructor will use interactive exercises to teach you how to properly prepare and maintain required records of workplace injuries and illnesses. Participants will learn how to figure incidence rates, average employment, and hours worked, as well as new recordkeeping procedures and interpretations.

Bismarck - 8am - 12pm - April 22

Fargo - 1pm - 5pm - June 12

Updated information on new OSHA rule!

PEC H2S Clear

Course Length: 4 hours

NDSC Member: \$120 Non-Member: \$125

Improve safety performance for general industry workers who may come in contact with hydrogen sulfide by providing crucial knowledge of dangers of H2S and the precautions, tools and controls necessary when working in H2S environments. Course covers current classroom requirements of ANSI Z390.1 and is designed to meet the new ANSI requirements.

Bismarck - 8am - 12pm - May 17

Dickinson - 8am - 12pm - April 12

PEC SafeLandUSA Basic Orientation

Course Length: 8 hours

NDSC Member: \$190 Non-Member: \$215

This course gives a general idea of safety issues in the O&G industry. It meets API RP 75 & API RP T-1 requirements and provides a basic understanding of general safety information employees should know before entering a facility and while performing work duties.

Bismarck - 8am - 5pm - May 30

Dickinson - 8am - 5pm - April 11

Premium Combo Trainer Certification

Course Length: 40 hours

NDSC Member: \$2,145 Non-Member: \$2,145

This course will certify instructors to train counterbalanced forklift, rough terrain telehandler forklift, boomlift and scissor lift operators. Attendees will receive in-depth instruction on how to effectively train and evaluate operators of forklifts and aerial lifts. Successful attendees will receive a certificate of completion and trainer wallet card.

Bismarck - 8am - 5pm - April 1-5



Qualified Rigging & Signalperson Training

Course Length: 8 hours

NDSC Member: \$255 Non-Member: \$325

This course is designed to meet the requirements for Riggers and Signalpersons to be qualified under the new rule, 29 CFR 1926, Subpart CC. Course will address safe rigging practices and procedures, methods to calculate sling loading, ASME hand and voice signals, ASME responsibilities of signalpersons, and more.

Bismarck - 8am - 5pm - April 26, June 27

Reasonable Suspicion for Supervisors

Course Length: 4 hours

NDSC Member: \$105 Non-Member: \$125

Learn what to look for and actions to take if someone seems unfit for duty, and how to perform reasonable suspicion/cause testing. Other topics include: important elements of a comprehensive substance abuse policy and the greatest risk categories for drug and alcohol abuse among workers. *Course meets US DOT training requirements.*

Bismarck - 8am - 12pm - May 6

Fargo - 8am - 12pm - June 4

Safety Management Techniques

Course Length: 32 hours • ASC CEUs: 2.6

NDSC Member: \$1,295 Non-Member: \$1,650



Attendees will learn fundamental principles of safety management as well as how to: identify leadership strategies that contribute to success as a manager; recognize strategies and steps to create organizational and individual change; prepare a successful safety management audit; establish a business case for a safety management system, and more! *Earn your Advanced Safety Certificate by taking this and other ASC courses.*

Bismarck - 8am - 5pm - May 20-23

Self Protection & Predator Awareness

Course Length: 4 hours

NDSC Member: \$50 Non-Member: \$55

Gain the knowledge to recognize, avoid, and handle stalkers and predators. Then, receive two hours of hands-on training where you will practice techniques to escape an attacker.

These tactics are simple and easily used by people of any size or strength, making it the perfect substitute for a traditional self-defense course.

Appropriate for those 13 years and older.

Bismarck - 9am - 1pm - June 15 **NEW...SATURDAY COURSE!**



Team Safety

Course Length: 8 hours • ASC CEUs: 0.65

NDSC Member: \$325 Non-Member: \$425



This course is designed for personnel responsible for putting together safety teams, but may lack experience in team building. Learn how to build an effective safety team, or get the most from an established team. Topics covered include: team safety concepts and techniques; how to plan for and create an effective safety team; how to identify training and development needs of team members; and much more.

Bismarck - 8am - 5pm - June 4

Traffic Control For Supervisors

Course Length: 16 hours

NDSC Member: \$400 Non-Member: \$500

This course is for supervisors involved in street and highway work. Gain knowledge of the process of planning, designing, installing, maintaining, and monitoring work zone traffic control, including temporary work zones, planning work zones, traffic patterns, and pedestrian patterns.

Bismarck - 8am - 5pm - April 23-24

Minot - 8am - 5pm - May 14-15

Trenching & Excavation Awareness - 4 Hour

Course Length: 4 hours

NDSC Member: \$110 Non-Member: \$130

This awareness course describes OSHA's Standard - Subpart P - Excavations. Course includes the definitions to this subpart along with specific excavation requirements, requirements for protective systems, soil classifications, sloping and benching, timber shoring for trenches, aluminum hydraulic shoring, alternatives, and the selection of protective systems.

Bismarck - 8am - 12pm - May 9

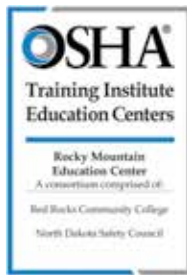
Fargo - 8am - 12pm - June 12

TRAINING



Register online at www.ndsc.org

Please register early! We look at registration numbers 7 days in advance to determine if a course should be cancelled.



Non-Profit Org.
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Bismarck, ND
58503

Safety Training Guide

APRIL • MAY • JUNE

REGISTRATION

Register at www.ndsc.org or call (800) 932-8890.

NDSC TRAINING LOCATIONS

The NDSC hosts courses at 20+ locations across the state.
Go to www.ndsc.org/trainingcalendar for course locations and addresses.

PAYMENT, TRAINING AND CANCELLATION POLICY

Pre-registration and pre-payment is required. If you are unable to attend a training course, you must cancel at least three business days prior to the course for a full refund. Late registrations or no-shows are non-refundable. NDSC reserves the right to cancel any class not meeting the minimum attendance requirements. See complete policy at www.ndsc.org.



After you register, watch for an email confirmation stating the course location.

NDSC's 47th ANNUAL SAFETY & HEALTH CONFERENCE SAVE THE DATE!

February 25-27, 2020

Pre-Conference Monday, February 24

**Contact us
for booth
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opportunities!**

For more info about next year's
conference, email us at
NDSafetyConference@ndsc.org

