NDSC NORTH DAKOTA SAFETY COUNCIL SAFETY TRAINING GUIDE

April • May • June

2-Day Express Counterbalanced Forklift Trainer Certification

Course Length: 16 hours
NDSC Member: $1,095 Non-Member: $1,095

Learn how to train and certify counterbalanced forklift operators in our fast paced, two-day program. We will teach your trainer everything they need to know about electric and engine-powered counterbalanced forklifts and how to effectively train your operators. Trainees receive in-depth instruction on powered industrial trucks as well as how to effectively train forklift operators. Trainee's knowledge and demonstrated skills are evaluated and graded prior to certification. *Successful attendees will receive a certificate of completion and trainer wallet card.*

Bismarck – 8am - 5:30pm – June 12-13

Advanced First Aid, CPR & AED

Course Length: 16 hours
NDSC Member: $250 Non-Member: $350

OSHA mandates that a trained first responder must be present in high-risk industries where medical emergencies require immediate emergency response. Ensure compliance and prepare your workforce with this comprehensive course. Participants will learn: basic life support training commonly taught to health care workers and rescue professionals; how to control bleeding and manage shock; how to care for injuries and medical emergencies; advanced resuscitation techniques; remote-location first aid; and special situations such as behavioral emergencies, pregnancy and childbirth.

Bismarck – 8am - 5pm – April 26-27

Aerial Lift Trainer Certification

Course Length: 24 hours
NDSC Member: $1,375 Non-Member: $1,375

Learn how to train and qualify aerial boomlift and scissor lift operators in our Aerial Lifts Trainer Certification Program. Trainees will receive in-depth instruction on aerial lift equipment as well as extensive instruction on how to effectively train operators. Each trainee's knowledge and demonstrated skills in all aspects of the program are evaluated and graded prior to certification. This program is a comprehensive, cost effective method of ensuring that your operators receive training and evaluation that meets or exceeds all applicable government regulations and referenced industry standards.

Bismarck – 8am - 5pm – June 14-16

Coach Me Advanced Behind-the-Wheel, Train-the-Trainer

Course Length: 16 hours
NDSC Member: $550 Non-Member: N/A

Prerequisites required. Go to www.ndsc.org for more information.

This course will prepare instructors to merge classroom training into behind-the-wheel skills. Attendees will learn how to conduct a full driving range, learn proper safety techniques and teaching methods. All tracking and evaluation tools for this type of training will be provided. Attendees will also learn how to conduct in-vehicle evaluations. This system is more dynamic and targeted than any current system available.

Bismarck – 8am - 5pm – April 6-7

Private training available!

Call 701-223-6372 for more information.

Confined Spaces - Construction

Course Length: 4 hours
NDSC Member: $125 Non-Member: $155

This course is designed to help you understand the duties and responsibilities of the employer and employee. The course will help you identify hazards involved with permit required confined spaces, how to protect employees from hazards and key elements of the Construction Confined Spaces standard issued by OSHA. This includes defining the differences between work spaces, Confined Spaces, and Permit Required Confined Spaces. It also covers a review of the regulation, including the need for a written program, how to develop proper documentation, rescue planning and execution, atmospheric testing of the spaces, the importance of training, and roles of the supervisor, attendant, and entrant.

Bismarck – 8am - 12pm – April 3
Grand Forks – 8am - 12pm – May 9

Confined Spaces - General Industry

Course Length: 4 hours
NDSC Member: $125 Non-Member: $155

This course is designed to help you understand the duties and responsibilities of the employer and employee. The course will help you identify hazards involved with permit required confined spaces, how to protect employees from hazards and key elements of the General Industry Confined Spaces standard issued by OSHA. This includes defining the differences between work spaces, Confined Spaces, and Permit Required Confined Spaces. It also covers a review of the regulation, including the need for a written program, how to develop proper documentation, rescue planning and execution, atmospheric testing of the spaces, the importance of training, and roles of the supervisor, attendant, and entrant.

Dickinson – 8am - 12pm – May 30
Fargo – 8am - 12pm – April 6, June 21

CPR/AED, Adult

Course Length: Approximately 2.5 hours
NDSC Member: $45 Non-Member: $50

This course meets OSHA First Aid Standard 29 CFR 1910.151, and prepares students to take action in a medical emergency by teaching them how to respond to choking, breathing and cardiac emergencies. Participants will also learn how to use an automated external defibrillator (AED) in conjunction with CPR. Upon completion, receive a 2-year Adult CPR/AED certificate. *Spanish courses available upon request.*

Bismarck – 8am - 10:30am – April 15, May 13, May 24, June 10
Bismarck – 12pm - 2:30pm – April 17, June 22
Devils Lake – 8am - 10:30am – May 5
Dickinson – 12pm - 2:30pm – April 5
Dickinson – 8am - 10:30am – June 20
Fargo – 8am - 10:30am – April 24, June 14
Fargo – 12pm - 2:30pm – May 16
Grand Forks – 8am - 10:30am – May 3
Grand Forks – 12pm - 2:30pm – June 12
Jamestown – 12pm - 2:30pm – May 1
Minot – 12pm - 2:30pm – April 3
Minot – 8am - 10:30am – May 10, June 5
Watford City – 8am - 10:30am – April 18
Watford City – 12pm - 2:30pm – May 18, June 13
Williston – 12pm - 2:30pm – April 12, May 10, June 14

CPR/AED/First Aid, Adult

Online course also available.

Course Length: Approximately 5 hours
NDSC Member: $80 Non-Member: $85

This course meets OSHA First Aid Standard 29 CFR 1910.151, and prepares students to take action in a medical emergency by teaching them how to respond to choking, breathing and cardiac emergencies. Participants will learn how to use an automated external defibrillator (AED) in conjunction with CPR. First Aid is taught using a combination of instructor-led lecture, "watch-then-practice" videos, and hands-on training. Topics such as bleeding, burns, poisoning and sudden illness are covered. Upon completion, receive a 2-year Adult CPR/AED certificate and a 2-year First Aid Certificate. *Spanish courses available upon request.*

Bismarck – 8am - 1pm – April 15, May 13, May 24, June 10
Bismarck – 12pm - 5pm – April 17, June 22
Devils Lake – 8am - 1pm – May 5
Dickinson – 12pm - 5pm – April 5
Dickinson – 8am - 1pm – June 20
Fargo – 8am - 1pm – April 24, June 14
Fargo – 12pm - 5pm – May 16
Grand Forks – 8am - 1pm – May 3
Grand Forks – 12pm - 5pm – June 12
Jamestown – 12pm - 5pm – May 1
Minot – 12pm - 5pm – April 3
Minot – 8am - 1pm – May 10, June 5
Watford City – 8am - 1pm – April 18
Watford City – 12pm - 5pm – May 18, June 13
Williston – 12pm - 5pm – April 12, May 10, June 14

CPR/AED/First Aid Course, Train-the-Trainer

Course Length: 16 hours
NDSC Member: $375 Non-Member: N/A

Strengthen your emergency response program by building your employees' First Aid/CPR/AED skills, and enhance your in-house training capabilities by sending a staff member to this course. They will be certified to conduct First Aid/CPR/AED training with a program that meets OSHA standards and regulations, and exceeds the American Heart Association standards. Please call (800) 932-8890 to register.

Bismarck – 8am - 5pm – May 24-25
Dickinson – 8am - 5pm – June 20-21
Fargo – 8am - 5pm – April 24-25, June 14-15
Grand Forks – 8am - 5pm – May 3-4
Minot – 8am - 5pm – June 5-6
Watford City – 8am - 5pm – April 18-19

CPR/AED, Pediatric

Course Length: Approximately 2.5 hours
NDSC Member: $45 Non-Member: $50

This course teaches students to recognize and respond to breathing and first aid emergencies in children and infants. Video self-instruction and hands-on training are used for choking and CPR/AED practice. Ideal for daycare providers, youth group volunteers, churches, and anyone working with children younger than age 12. Upon completion, receive a Pediatric 2-year CPR/AED certificate.

Bismarck – 8am - 10:30am – April 22, May 20, June 17

CPR/AED/First Aid, Pediatric

Course Length: Approximately 5 hours
NDSC Member: $80 Non-Member: $85

This course teaches students to recognize and respond to breathing and first aid emergencies in children and infants. Video self-instruction and hands-on training are used for choking, CPR/AED practice, and various First Aid scenarios, including bleeding, burns, poisoning, sudden illness and bone injuries. Ideal for daycare providers, youth group volunteers, churches, and anyone working with children younger than age 12. Upon completion, receive a Pediatric 2-year CPR/AED and 2-year First Aid certificate.

Bismarck – 8am - 1pm – April 22, May 20, June 17

Defensive Driving Course, Alive at 25

Course Length: 4.5 hours
Course Fee: $50 Court/DOT Required: $75

Vehicle crashes are the number one cause of death of drivers ages 14 to 24. This highly interactive 4.5 hour course is used to reduce traffic crashes, fatalities, and general violations by encouraging young drivers to take responsibility for their driving behavior. *Course qualifies for insurance discount, point reduction and WSI Safe Driver program. Check online for the most up-to-date schedule.*

Bismarck – 1pm - 5:30pm – April 9
Bismarck – 4pm - 8:30pm – June 11
Fargo – 4pm - 8:30pm – April 9
Grand Forks – 4pm - 8:30pm – May 21
Williston – 4pm - 8:30pm – April 2, June 4

Defensive Driving Course, Attitudinal Dynamics of Driving

Course Length: 8 hours
NDSC Member: $125 Non-Member: $150
Court/DOT Required: $175

ATTENTION COMPANIES: This course is highly recommended for all company drivers who have received multiple violations or have been involved in traffic collisions. DDC ADD is a diversion program designed to help participants make a direct connection between their attitude and their choice to make poor decisions. They will learn how to take responsibility for their actions, and see how the choices they make have financial, legal, and personal consequences. ADD is used extensively for court referrals, and as a diversion program for people with DUI violations, excessive points, or any violation of law including minor alcohol violations, theft and other poor decisions. *Qualifies for insurance discount and point reduction.*

Bismarck – 8am - 5pm – April 8, June 10
Fargo – 8am - 5pm – April 22, June 10
Grand Forks – 9am - 6pm – April 8
Minot – 8am - 5pm – April 22
Williston – 8am - 5pm – April 22, June 24

Defensive Driving Course, Basic

Online course also available.

Course Length: 4 hours
NDSC Member: $45 Non-Member: $50
Court/DOT Required: $75 Seniors: $35 (55+)
Additional Family Members: $25
(same household/same course)

DDC4 is a fast-paced, driver-improvement program that offers practical strategies to reduce collision-related injuries, fatalities, and costs. It addresses the importance of attitude in preventing crashes, and reinforces the good driving skills you already have. DDC4 shows the consequences of the choices you make behind the wheel. *Course qualifies for insurance discount, point reduction and WSI Safe Driver program.*

Bismarck – 6pm - 10pm – April 17, June 12
Fargo – 6pm - 10pm – May 9
Grand Forks – 9am - 1pm – April 1, June 3
***New Location:* Jamestown – 1pm - 5pm – April 5**
Minot – 6pm - 10pm – May 1
Williston – 6pm - 10pm – May 1

Defensive Driving Course, Train-the-Trainer

Course Length: 16 hours
NDSC Member: $395 Non-Member: N/A

Gain the confidence to be an effective trainer for the basic 4-hour Defensive Driving Course. This instructor course features updated curriculum and facilitation methods and allows the instructor to confidently adapt his or her teaching style to meet the unique needs and characteristics of the audience. Please call (800) 932-8890 to register.

Bismarck – 8am - 5pm – April 4-5

We are Social!
Connect with us on Facebook and LinkedIn!

ECCS 8-Hour Refresher

Online course also available.

Course Length: 8 hours
NDSC Member: $175 Non-Member: $225

Prerequisites required. Go to www.ndsc.org for more information.
This course teaches recognition, avoidance, abatement and prevention of safety and health hazards in workplaces covering such topics as fall protection, personal protective equipment, electrical safety and hazard communication, to name a few. Emphasis is placed on the most hazardous area of the jobsite. *Private courses may be customized to fit your needs.*
Bismarck – 8am - 5pm – May 3
Fargo – 8am - 5pm – May 23
Minot – 8am - 5pm – April 5

NEW! Electrical Hazard Awareness, 2-Hour

Course Length: 2 hours
NDSC Member: $100 Non-Member: $125

This course will raise the electrical safety awareness of your non-qualified (non-electrician) workers about the electrical hazards at your plant, job site or manufacturing facility, per the OSHA mandate. Topics will include the dangers and effects of electricity on the human body; the hazards of an arc flash; and personal protective equipment needed.
Bismarck – 8am - 10am – April 26

Ergonomics, Managing for Results

Course Length: 8 hours • ASC CEUs: 0.65
NDSC Member: $325 Non-Member: $425

Repetitive motion and overexertion are the biggest risk factors facing workers today. During this course, learn how to reduce the number and severity of musculoskeletal injuries in your workplace with a practical and effective ergonomics program. Learn the basic concepts relating to ergonomics in the workplace, gain skills to recognize ergonomic risk factors, learn how to conduct an ergonomic worksite analysis, and more. By the end of the course, attendees will be able to identify steps to implementing a successful ergonomics program.
Bismarck – 8am - 5pm – June 7

Fall Protection - Construction

Course Length: 4 hours
NDSC Member: $105 Non-Member: $125

Knowing when fall protection is necessary and when it's not can be very confusing. This program eliminates some of the confusion by giving you an overview of the fall protection requirements for the construction industry, steel erection and equipment used to elevate personnel.
Bismarck – 8am - 12pm – June 5
Grand Forks – 8am - 12pm – April 19

Fundamentals of Industrial Hygiene

Course Length: 32 hours • ASC CEUs: 2.6
NDSC Member: $1,395 Non-Member: $1,750

This course develops your understanding of industrial hygiene terminology, principles and practices by examining four key processes in an effective industrial hygiene effort -- anticipation, recognition, evaluation, and control. Discussions on when to use a qualified/certified industrial hygienist are held throughout the course. Earn your Advanced Safety Certificate by taking this and other ASC courses.
Minot – 8am - 5pm – May 1-4

HAZWOPER 8-Hour Refresher

Online course also available.

Course Length: 8 hours
NDSC Member: $195 Non-Member: $235

This course fulfills the requirements of the HAZWOPER Standard for Construction and General Industry and includes updates on and an overview of HAZWOPER requirements. Focus will be placed on identification, evaluation and control of a hazmat scene or incident. Course will also cover respiratory protection, OOTERG, NIOSH pocket guide, and other topics.
Bismarck – 8am - 5pm – April 14
Fargo – 8am - 5pm – April 25
Minot – 8am - 5pm – June 15

HAZWOPER 40-Hour Operations Level Training

Online course also available.

Course Length: 40 hours
NDSC Member: $795 Non-Member: $950

This course is for operations workers and supervisors at sites containing known or possible exposure to hazardous substances and health hazards. Curriculum meets initial off-site training requirements in accordance with 29 CFR 1910.120 for operations staff engaged in hazardous waste operations, clean-up of hazardous materials, and emergency response. Students will receive detailed training in regulations, site characterization, hazard identification, safe work practices and more!
Minot – 8am - 5pm – May 15-19

Leadership Development Course

Course Length: 8 hours
NDSC Member: $175 Non-Member: $225

Employers: Build visionary, high-quality leaders in any workplace. In order to accomplish this goal, the instructor uses a variety of proven strategies, including some used in U.S. military academies. The course starts with each participant completing two highly dynamic measurement tools: one to help determine individual leadership styles and a second to determine how each participant views their own capability in leading other people. Other modules to be covered include: motivating and inspiring employees; mentoring; time management; counseling and performance reviews; goal setting; and team building.
Minot – 8am - 5pm – May 4

Lift Truck Operator Training

Course Length: 8 hours
NDSC Member: $175 Non-Member: $220

This course includes moving with and without a load, as well as picking up and stacking a load, trailers, ramps and elevators. Participants will receive a workbook and certificate of completion. Course meets the formal training requirement of OSHA's certification process, *but is not a certification course.*
Bismarck – 8am - 5pm – April 13, May 18, June 13
Dickinson – 8am - 5pm – June 20
Fargo – 8am - 5pm – June 6
Grand Forks – 8am - 5pm – April 27, May 23, June 26
Minot – 8am - 5pm – May 30

Lift Truck Operator, Train-the-Trainer

Course Length: 16 hours
NDSC Member: $695 Non-Member: $895

Learn how to train your operators for safe operation and meet OSHA requirements. You will learn how to develop and deliver complete in-house training programs, design exercises for staff evaluations, and instruct non-operators to work safely around lift trucks. Trainer kit included - valued at $425. Please call (800) 932-8890 to register.
Bismarck – 8am - 5pm – April 13-14, May 18-19, June 13-14
Dickinson – 8am - 5pm – June 20-21
Fargo – 8am - 5pm – June 6-7
Grand Forks – 8am - 5pm – April 27-28, May 23-24, June 26-27
Minot – 8am - 5pm – May 30-31

Loader Group Trainer Certification

Course Length: 40 hours
Member: $1,650 Non-Member: $1,650

This course addresses front-end, backhoe and skid steer loader in a comprehensive 5-day course. The training covers concepts common to all types of loaders including Bobcat, CAT, John Deere, Komatsu, JCB, Volvo, Kubota and TCM. Trainees will receive in-depth instruction on each type of loader, as well as extensive instruction on how to effectively train operators. Each trainee's knowledge and demonstrated skills in all aspects of the program are evaluated and graded prior to certification. *Successful attendees will receive a certificate of completion and wallet card.*
Bismarck – 8am - 5pm – April 3-7

MSHA New Miner-Part 46 Sand & Gravel

Course Length: 24 hours
NDSC Member: $300 Non-Member: $350

Includes NSC CPR & First Aid Certification!

This training is required for all new and inexperienced sand and gravel miners. Upon completion, receive a 2-year Adult CPR/AED certificate and 2-year First Aid certificate.
Bismarck – 8am - 5pm – May 2-4
Fargo – 8am - 5pm – June 20-22

MSHA Refresher-Part 46 Sand & Gravel

Course Length: 8 hours
NDSC Member: $100 Non-Member: $125

This annual refresher is required for all experienced sand and gravel miners.
Bismarck – 8am - 5pm – May 1
Fargo – 8am - 5pm – June 19

MSHA New Miner-Part 48 Surface Coal

Course Length: 24 hours
NDSC Member: $300 Non-Member: $350

Includes NSC CPR & First Aid Certification!

This training is required for all new and inexperienced surface coal miners. Upon completion, receive a 2-year Adult CPR/AED certificate and 2-year First Aid certificate.
Bismarck – 8am - 5pm – April 25-27, May 23-25, June 27-29

MSHA Refresher-Part 48 Surface Coal

Course Length: 8 hours
NDSC Member: $100 Non-Member: $125

This annual refresher is required for all experienced surface coal miners.
Bismarck – 8am - 5pm – April 24, May 22, June 26

NEW! NFPA 70E (Arc Flash Safety) High Voltage

Course Length: 8 hours
NDSC Member: $400 Non-Member: $450

This course is designed for those who work with or manage employees in a high voltage (HV) environment (above 600V). Learn the qualification requirements to be HV qualified in accordance with OSHA 1910.269, NESC 2012 and NFPA 70E regulations and guidelines. In addition to high voltage safety practices, attendees will discuss the various tasks performed in a HV environment. Attendees must have the latest code book, which can be purchased at www.ndsc.org/safetyproducts and picked up the day of the class. *Prerequisite - NFPA 70E Low Voltage course.*
Bismarck – 8am - 5pm – April 21, June 7
Fargo – 8am - 5pm – May 25

NEW! NFPA 70E (Arc Flash Safety) Low Voltage

Course Length: 8 hours
NDSC Member: $400 Non-Member: $450

Low Voltage Qualified is a one-day (8 hour) course providing a wide range of safe workplace practices for people working in an electrical environment. With an emphasis on OSHA and NFPA 70E regulations and guidelines, attendees will gain a thorough knowledge of the dangers and recommendations for working with or near electrical hazards.
Bismarck – 8am - 5pm – April 20, June 6
Fargo – 8am - 5pm – May 24

OSHA 10-Hour Construction Course (ECCS)

Course Length: 10 hours
NDSC Member: $195 Non-Member: $245

Receive instruction on construction industry safety and health topics and OSHA standards for both employee and entry level supervisors. Using OSHA standards as a guide, special emphasis is placed upon the most hazardous areas of a jobsite, including fall protection, electrical and more.
All courses run 1pm to 5pm day one, and 8am to 5pm day two.
Bismarck – April 3-4, May 16-17, June 21-22
Fargo – May 11-12, June 5-6
Grand Forks – April 19-20, May 9-10
Minot – May 24-25

OSHA 10-Hour General Industry

Course Length: 10 hours
NDSC Member: $195 Non-Member: $245

Course is valuable for employees and supervisors alike. Topics covered include: an intro to OSHA standards, the OSHA inspections process and citations, walking and working surfaces, PPE, fire protection, and more.
The following courses run 1pm to 5pm day one, and 8am to 5pm day two.
Bismarck – April 10-11, June 5-6
Dickinson – April 17-18, May 30-31
Fargo – April 6-7, June 21-22
Minot – April 12-13

OSHA 30-Hour Construction Course (ECCS)

Course Length: 30 hours
NDSC Member: $710 Non-Member: $915

This course is a comprehensive safety program designed for anyone involved in the construction industry. Specifically devised for safety directors, foremen, and field supervisors, the program provides complete information on OSHA compliance issues.
Bismarck – 8am - 5pm – April 24-27

OSHA 30-Hour General Industry

Course Length: 30 hours
NDSC Member: $710 Non-Member: $910

This course is a comprehensive safety program designed for anyone involved in general industry. Specifically devised for safety directors, foremen, and field supervisors, the program provides complete information on OSHA compliance issues.
Bismarck – 8am - 5pm – May 22-25

OSHA 501 Trainer Course in OSHA Standards for General Industry

Course Length: 26 hours
NDSC Member: $795 Non-Member: $795

Prerequisites required. Go to www.ndsc.org to view. This course allows students to become a trainer in the Outreach Program, to conduct both 10- and 30-hour general industry safety and health courses, and to issue cards to participants. Special emphasis is placed on topics required in the 10- and 30-hour programs as well as on those that are most hazardous, using OSHA standards as a guide. Participants are briefed on effective instructional approach and effective use of visual aids and handouts. 2.6 CEUs; 4.0 CMs. *Course offered through Rocky Mountain Education Center and the NDSC.*
Bismarck – 8:15am - 5pm – June 19-22

OSHA 502 Update for Construction Industry Outreach Trainers

Course Length: 18 hours
NDSC Member: $695 Non-Member: $695

Prerequisites required. Go to www.ndsc.org for more information.
This course is designed for personnel in the private sector who have completed the OSHA 500 Trainer Course in OSHA Standards for Construction and who are active trainers in the outreach program. It provides an update on such topics as OSHA construction standards, policies, and regulations. Outreach trainers are required to attend this course every four years to maintain their trainer status. 1.8 CEUs; 3.0 CMs. *Course offered through Rocky Mountain Education Center and the NDSC.*
Bismarck – 8:15am - 5pm – April 10-12

Training Registration

Register online at www.ndsc.org

Please register early! *We look at registration numbers 7 days in advance to determine if a course should be cancelled.*

OSHA 511 Occupational Safety & Health Standards for General Industry

Course Length: 26 hours
NDSC Member: $795 Non-Member: $795

This course, for private sector personnel, covers OSHA policies, procedures and standards, as well as general industry safety and health principles. Topics include scope and application of OSHA general industry standards with special emphasis on those areas most hazardous, using OSHA standards as a guide. 2.6 CEUs. Course is a prerequisite to the OSHA 501. *Course offered through Rocky Mountain Education Center and the NDSC.*

Bismarck – 8:15am - 5pm – May 15-18

OSHA Recordkeeping

Updated information on new OSHA rule!

Course Length: 4 hours
NDSC Member: $105 Non-Member: $125

The NDSC's recordkeeping course has been updated to help employers understand and navigate OSHA's updated recordkeeping rule. We'll help you understand what a recordable injury is and keep non-recordables off your logs. This recordkeeping class uses workshops to teach how to properly prepare and maintain required records of workplace injuries and illnesses - using the revised OSHA 300, 300A and 301 forms. Participants will learn how to figure incidence rates, average employment, and hours worked, as well as new recordkeeping procedures and interpretations.

Bismarck – 8am - 12pm – April 10, June 21
Fargo – 8am - 12pm – May 11, June 5
Minot – 8am - 12pm – May 24

NEW! PEC H2S Clear

Course Length: 4 hours
NDSC Member: $115 Non-Member: $120

This course will improve employee safety performance for general industry workers who may come in contact with hydrogen sulfide during their regular day to day job duties. This course also prepares general industry workers by providing crucial knowledge of the dangers of H2S and the precautions, tools and controls necessary when working in H2S environments. There is no prerequisite. This course covers the current classroom requirements of ANSI Z390.1 and is designed to meet the new ANSI requirements coming in 2016.

Bismarck – 8am - 12pm – April 6
Dickinson – 8am - 12pm – May 2, June 27

PEC SafeLandUSA Basic Orientation

Course Length: 9+ hours
NDSC Member: $185 Non-Member: $210

This course is designed to take the place of multiple operator orientations and to give a general idea of life and safety issues in the oil and gas industry. It meets API RP 75 & API RP T-1 requirements, and provides a basic understanding of general safety information an employee should know before entering a facility and while performing work duties. More than 25 leading oil and gas operators accept this orientation.

Dickinson – 8am - 6pm+ – April 4, June 26
Minot – 8am - 6pm+ – May 11

Principles of Occupational Safety & Health

Course Length: 32 hours • ASC CEUs: 2.6
NDSC Member: $1,295 Non-Member: $1,650

Gain the confidence you need to implement a comprehensive safety process in your organization. From this course, you will: get a balanced perspective of the full scope of occupational safety and health issues; learn how to organize and communicate an effective safety program; and learn techniques to identify and target hazards specific to your organization, and how to take actions to prevent incidents and related costs. Earn your Advanced Safety Certificate by taking this and other ASC courses.

Fargo – 8am - 5pm – April 17-20

Qualified Rigging & Signalperson Training

Course Length: 8 hours
NDSC Member: $250 Non-Member: $320

This course is designed to meet the requirements for Riggers and Signalpersons to be qualified under the new rule, 29 CFR 1926, Subpart CC. Course will address safe rigging practices and procedures, methods to calculate sling loading, ASME hand and voice signals, ASME responsibilities of signalpersons, and more.

Bismarck – 8am - 5pm – April 7
Fargo – 8am - 5pm – April 20

NEW! Reasonable Suspicion for Supervisors

Course Length: 4 hours
NDSC Members: $105 Non-Members: $125

This course will give supervisors valuable training on the management of drug and alcohol abuse in the workplace, and help reduce overall risk by assisting them in maintaining a proactive approach to the issue. Learn what to look for and actions to take if someone seems unfit for duty, and how to perform reasonable suspicion/cause testing. Other topics include: important elements of a comprehensive substance abuse policy, and the greatest risk categories for drug and alcohol abuse among worker populations. Course meets US DOT training requirements. Each attendee will receive a copy of the 2016 Drug Identification Guide.

Bismarck – 1pm - 5pm – May 10
Fargo – 1pm - 5pm – June 1
Minot – 1pm - 5pm – April 12

Safety Inspections

Course Length: 8 hours • ASC CEUs: 0.65
NDSC Members: $325 Non-Members: $425

Learn how to plan and conduct a safety inspection, complete inspection reports, develop recommendations and follow-up, and manage an effective inspection program. The class also covers topics such as pre-inspection tasks, recording observations, handling employee reactions to the inspection process, and more.

Bismarck – 8am - 5pm – June 12

Safety Training Methods

Course Length: 32 hours • ASC CEUs: 2.6
NDSC Member: $1,295 Non-Member: $1,650

This ASC course focuses on the knowledge and skills required to assess your training needs, as well as plan, organize, create, and deliver performance-based safety and health training programs. While emphasis is on developing and delivering instructor-lead/classroom training, you'll become acquainted with other instructional methods and media used to effectively train employees on safety and health issues. Earn your Advanced Safety Certificate by taking this and other ASC courses.

Bismarck – 8am - 5pm – May 22-25

Self Protection & Predator Awareness

Course Length: 4 hours
NDSC Member: $50 Non-Member: $55

This course is split into two sections. During the two-hour classroom portion, the instructor will arm attendees with the knowledge to recognize, avoid and handle stalkers and predators. Students will also learn tips for keeping children and other family members safe. Then, attendees will receive two hours of hands-on training where they will learn techniques to escape an attacker. These escape tactics are simple and can be easily used by people of any size or strength, making it the perfect substitute for your traditional self-defense course. Course is taught by a former highway patrol trooper with more than 20 years of experience. *Appropriate for those 13 years and older.*

Bismarck – 5:30pm - 9:30pm – May 9
Fargo – 5:30pm - 9:30pm – April 25

Private training available!

Call 701-223-6372 for more information.

Team Safety

Course Length: 8 hours • ASC CEUs: 0.65
NDSC Member: $325 Non-Member: $425

This course is designed for safety, health and management personnel responsible for putting together safety teams, but may lack experience in team building. Learn how to build an effective safety team, or get the most from an established team. Course includes a self assessment and interactive exercises, allowing participants to use newly learned concepts. Topics covered include: how to recognize and use key safety and health terminology, as well as team safety concepts and techniques; how to plan for and create an effective safety team; how to identify training and development needs of team members; and much more.

Fargo – 8am - 5pm – May 10

Traffic Control for Supervisors

Course Length: 16 hours
NDSC Member: $400 Non-Member: $500

Course is for construction supervisors involved in street and highway work who are expected to provide a safe work zone. Participants will gain in-depth knowledge of the entire process of planning, designing, installing, maintaining, and monitoring work zone traffic control. It will include temporary work zones, planning work zones, traffic patterns, and pedestrian patterns. Course meets the ND DOT specifications and provides students with the understanding of industry standards for maintaining traffic through a work zone. Students will receive the MUTCD 2009 Edition Parts 1, 5 and 6 (or most current edition), the Guidelines for Work Zone Safety for Utilities Handbook, and a One-Call Handbook.

Bismarck – 8am - 5pm – May 9-10
Minot – 8am - 5pm – April 18-19

Trenching & Excavation - 4 Hour

Course Length: 4 hours
NDSC Members: $105 Non-Members: $125

This course describes OSHA's Standard - Subpart P - Excavations. Course includes the definitions to this subpart along with specific excavation requirements, requirements for protective systems, soil classifications, sloping and benching, timber shoring for trenches, aluminum hydraulic shoring , alternatives, and the selection of protective systems.

Bismarck – 8am - 12pm – May 16
Dickinson – 8am - 12pm – April 17
Minot – 8am - 12pm – April 12

Workplace Violence Awareness

Course Length: 2 hours
NDSC Members: $60 Non-Members: $75

During this course, attendees will learn the history of mass shootings, lessons learned from each event, and if their place of work is at risk for violence. Attendees will receive an overview of predator recognition and observation techniques, staff preparedness suggestions, how to identify potentially dangerous employees, and strategic tactical response. This awareness course is appropriate for all levels of employees. *This course has been reviewed and approved by the U.S. Department of Homeland Security.*

Bismarck – 10am - 12pm – June 15

Workplace Violence Planning & Management

Course Length: 4 hours
NDSC Members: $105 Non-Members: $125

Supervisors and employees will learn how to increase their company's level of safety and preparedness in the event of an emergency or violent act. Learn the history of mass shootings, lessons learned from each event, and if your place of work is at risk for violence. Topics will include high-risk employment considerations, the importance of developing an Emergency Response Plan, predator recognition and observation techniques, staff preparedness suggestions, and identification of potentially dangerous employees. *This course has been reviewed and approved by the U.S. Department of Homeland Security. ND Post Board approved for 4 continuing education credits.*

Bismarck – 1pm - 5pm – May 11

MANY MORE NDSC COURSES AVAILABLE UPON REQUEST:

ADVANCED SAFETY CERTIFICATE COURSES

Incident Investigation & Root Cause Analysis
Job Safety Analysis
Safety Management Techniques

FIRST AID COURSES

Bloodborne & Airborne Pathogens
CPR/AED, Adult - Spanish & CPR/AED/First Aid, Adult - Spanish

HOME & COMMUNITY COURSES

Building Threat Assessments
House of Worship Violence Planning & Management
Railroad Safety Presentations
Responsible Beverage Server**
School Violence Planning & Management

ONLINE COURSES

Bloodborne and Airborne Pathogens
CPR/AED/First Aid
DDC Distracted Driving
Defensive Driving Course
ECCS Online Refresher*
Flagger Training
HAZWOPER 8-Hour*, HAZWOPER 24-Hour*, or HAZWOPER 40-Hour*
OSHA 10-Hour Construction* & OSHA 10-Hour Construction - Spanish*
OSHA 10-Hour General Industry* & OSHA 10-Hour General Industry - Spanish*
OSHA 30-Hour Construction*
OSHA 30-Hour General Industry*
Professional Truck Driver, Defensive Driving Course
Rail Safety for Professional Drivers & Rail Safety for School Bus Drivers
Responsible Beverage Server-Basic, Large Event, Owner/Manager
**Course provided by Summit Training Source.*

TRAFFIC SAFETY COURSES

Adverse Weather Driving-Slippery Slope**
Building a Quality Fleet Safety Program
DOT Compliance
DOT Hazardous Materials
Motor Vehicle & DOT Fleet Assessment
Motor Vehicle Crash Investigation for Supervisors
Professional Truck Driver, Defensive Driving Course, Train-the-Trainer
School Bus Driver Training

WORKPLACE SAFETY COURSES

Compressed Gas
Construction Focus Four
Equipment Operator Training** - Aerial Boom Lift, Backhoe, Combined Aerial Lifts, Combined Forklift, Counter Balanced Forklift, Excavator, Rough Terrain Forklift, Scissor Lift, Skid Steer, Wheel Loader, Premium Combo Trainer
Field Leadership in Oil & Gas Extraction & Production**
Hazard Communication/GHS
HAZWOPER 24-Hour
Hydrogen Sulfide (H2S) Awareness
Lockout/Tagout
OSHA 10-Hour General Industry - Spanish
OSHA 500 - Trainer Course in OSHA Standards For Construction
OSHA 503 - Update for General Industry Outreach Trainers
OSHA 510 - Occupational Safety & Health Standards for Construction
OSHA 5810 - Hazards Based Standards for Oil & Gas Exploration and Production
PEC Core Compliance & PEC Core Refresher
Sexual Harrassment Training for Employees & Supervisors
Site Safety Assessments
Supervisory Development
Traffic Control for Construction Workers
Trenching & Excavation - 2-Hour
Worker Fatigue Education

*** Course has a Train-the-Trainer option.*

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Meet the Stars of the NDSC!

Each year we train nearly 50,000 people and our instructors maintain an excellent rating of approximately 4.77 stars out of 5.

Dustin Austin
Safety Consultant
Average Evaluation Score: 4.77 out of 5
Dustin Austin is a former EHS Director from the oil and gas industry in the Bakken and the former Chairman of the Mondaks Safety Network. He has nearly 14 years of oil and gas experience from the North Dakota, Colorado and New Mexico fields. Dustin is our equipment operator expert and can train on topics ranging from rigging to Advanced Safety Certificate courses.

Bill Ballton
Safety Consultant
Average Evaluation Score: 4.77 out of 5
Bill has been involved in oil & gas for over 12 years and has more than 25 years of experience in safety and health. He earned a BS Degree in Emergency Management and has held various supervisor-level positions. His diverse background in fire, safety, and emergency management allows him to train on a variety of topics ranging from HAZWOPER to Advanced Safety Certificate courses.

Rachael Bucholz
Safety Consultant
Average Evaluation Score: 4.82 out of 5
Rachael has a psychology degree from St. Michael's College in Vermont and a master's degree in business management from the University of Mary. She started teaching CPR and First Aid classes at the adult and pediatric levels in 2007, and is now an instructor and instructor trainer for the NDSC's first aid department.

Chelle Doll
First Aid Coordinator
Average Evaluation Score: 4.98 out of 5
Chelle has trained hundreds of people in 78 different U.S. cities over the past 13 years in sales, relationship building and communication. She also has prior experience working as a 911 Operator for State Radio and as an emergency medical technician (EMT).

Gus Gantzer
Safety Consultant
Average Evaluation Score: 4.58 out of 5
Gus has 20 years of experience as a Journeyman Electrician and 8 years of experience as a Controls Technical Expert for the US Government. His vast array of knowledge allows him to perform safety services such as site security assessments, and train on topics ranging from Lift Truck Operator to Responsible Beverage Server.

Rick Halldorson
Senior Safety Consultant - Eastern ND
Average Evaluation Score: 4.69 out of 5
Rick has 28 years of industrial work experience, with 14 years in safety management including program design, auditing, back-to-work programs and process safety management auditing. Rick's experience positions him as a high-level trainer and has earned him the ability to be an authorized trainer for OSHA 500, 501, 502, 503, 510 and 511 courses.

Richard Irish
Safety Consultant
Average Evaluation Score: 4.71 out of 5
Richard is a retired plant manager with 35 years of experience in the construction and operation of various processing plants, both in South Africa and the US. He obtained a Mechanical Engineering degree from the University of the Witwatersrand in Johannesburg, South Africa. Richard's unique skillset allows him to train on a variety of topics including Lift Truck Operator, Confined Spaces, and OSHA 10 & 30 hour courses.

Don Moseman
Training Director
Average Evaluation Score: 4.84 out of 5
Don served in the U.S. Air Force for seven years, with his last duty assignment as a squadron safety officer. He served as a state trooper for 20 years, with 10 years specializing in driver education and safety programs, and as the Director of Government Programs for the National Safety Council. He is a high-level trainer whose expertise includes violence prevention, traffic safety, and supervisor-level safety trainings.

Jay Skarphol
Safety Consultant
Average Evaluation Score: 4.80 out of 5
Jay is a former Senior EH&S Specialist with experience in general industry, construction, and oil and gas. His experience includes incident investigations; on-site inspections; Level 5 Hazardous Materials Incident Command; and as a TapRooT Advanced Investigations Team Leader. Jay trains on topics ranging from First Aid to Lift Truck Operator.

Aglae L. Young
Safety Consultant
Average Evaluation Score: 4.75 out of 5
Aglae has a BS in Computer Systems for Management, Master's degree in Education, and 20+ years of experience as a trainer. She has been an EMT for 14+ years and a Spanish interpreter for the ND Court System since 2009. In addition to basic First Aid/CPR, Aglae can teach Emergency Medical Response and OSHA General Industry courses.

Program COORDINATORS

Chelle Doll, *First Aid Coordinator*
chelled@ndsc.org

Peter Pomonis, *Home & Community Coordinator*
peterp@ndsc.org

Karen Selensky, *Workplace Coordinator*
karens@ndsc.org

Dee Stanley, *ECCS Coordinator*
dees@ndsc.org

Terry Weaver, *Traffic Safety Coordinator*
terryw@ndsc.org

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See a full list of our trainer's credentials, as well as trainer reviews, at
www.ndsc.org/trainingcalendar/trainers

NDSC
NORTH DAKOTA SAFETY COUNCIL

SAFETY TRAINING GUIDE

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Register at www.ndsc.org or call (800) 932-8890.

NDSC TRAINING LOCATIONS
The NDSC hosts courses at 20+ locations across the state.
Go to www.ndsc.org/trainingcalendar for course locations and addresses.

PAYMENT, TRAINING AND CANCELLATION POLICY
Pre-registration and pre-payment is required. If you are unable to attend a training course, you must cancel at least three business days prior to the course for a full refund. Late registrations or no-shows are non-refundable. NDSC reserves the right to cancel any class not meeting the minimum attendance requirements. See complete policy at **www.ndsc.org.**

PRIVATE REQUEST TRAININGS
All times are local time for the city under which they are listed.
If you don't see a convenient scheduled time or location, call us!
Some courses can be scheduled as a private course for your business and others are available upon request.

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