

# Teen Driving

## Facts About Teen Drivers

- Traffic crashes are the leading cause of death for people ages 15-20
- Inexperience contributes to crash rates, which dramatically decrease with age and miles driven
- Peers and friends increase distractions and risk of a crash to a teen driver
- Teens are unaccustomed to lower visibility and headlight glare that occur during night driving



## Help Your Teen Reduce the Risk of a Crash

- Always wear safety belts
- Never drink and drive
- Don't speed/drive too fast for conditions
- Avoid distractions like wireless devices

## Tips for Parents of Teen Drivers

- Set restrictions - no teen passengers in the car until the driver is 18 years old, unless an adult is there to supervise
- Set a nighttime curfew at 10:00 pm or earlier to reduce night crashes
- Familiarize yourself with state regulations & restrictions on teen drivers
- Ban the use of cell phones while driving
- Require seat belt use

*Stay  
Focused*

Prevent injury  
to yourself,  
your family  
& others.

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