

NORTH DAKOTA SAFETY COUNCIL

Safety Training Guide

DEFENSIVE
DRIVING
OSHA
ENERGY
QUALITY
SITE SAFETY

CONSTRUCTION
OIL & GAS
OPERATION
LIFESAVER
MFG
ALIVE AT 25
FIRST AID/CPR/AED
SAFETY
HOME SAFETY
GENERAL
INDUSTRY
HEALTH
TRAINING



SAFETY CONSULTING
ND+SC
NORTH DAKOTA SAFETY COUNCIL

April-June 2012

ND+SC
NORTH DAKOTA SAFETY COUNCIL

Your complete guide to available training courses, benefits, consultants and new programs at the NDSC.

High Quality Training comes from High Expectations.

At the NDSC, it is our promise to: hire only the best trainers; ensure they are compliant and up-to-date with their training; continuously strive for high quality marks on evaluations; and listen to your needs and respond.



Tyler Svihovec
Safety Consultant
tylers@ndsc.org

Tyler Svihovec earned degrees from the University of North Dakota - Williston and Northern State University in

South Dakota. Svihovec is an authorized OSHA Outreach Instructor in both General Industry and Construction and earned a Master of Safety Certificate and Advanced Safety Certificate from the National Safety Council. Svihovec has more than 11 years experience in Safety and Loss Prevention and has earned the following certifications:

OSHA 500 Certification, Authorized Trainer
OSHA 10 & 30 Hour Construction Industry
OSHA 501 Certification, Authorized Trainer
OSHA 10 & 30 Hour General Industry
Certified Trainer, MSHA
MSHA Part 46 & 48
Certified Instructor and Instructor Trainer
National Safety Council First Aid/CPR/AED
National Safety Council Defensive Driving Course
Advanced Safety Certificate - National Safety Council
Master of Safety Certificate - NDSC



Todd Tavis
Safety Consultant
toddt@ndsc.org

Todd Tavis attended North Dakota State University, Fargo, and gained a degree in Business Administration. Todd

was employed in the mining and heavy highway construction industry for 15 years, as Human Resources Director, including safety and training responsibilities. He conducted site safety inspections, developed company policies, and provided compliance assistance. Tavis' many years in the safety and human resources field earned him the following certifications:

OSHA 500 Certification, Authorized Trainer
OSHA 10 & 30 Hour Construction Industry
OSHA 501 Certification, Authorized Trainer
OSHA 10 & 30 Hour General Industry
Certified Trainer, MSHA
MSHA Part 46 & 48
Certified Instructor
National Safety Council First Aid/CPR/AED
National Safety Council Defensive Driving Course
Certified Senior Professional in Human Resources (SPHR)
Certified Drug Screen Collector and Breath Alcohol Technician



Bill Wuolu
Safety Consultant
billw@ndsc.org

Bill Wuolu has a degree in health and physical education from Valley City State University and more than seven years

of safety experience, as well as three years of electrical/construction experience. Bill is an authorized OSHA 500 and 501 trainer and is certified to teach the National Safety Council's CPR/AED/First Aid and Defensive Driving courses. Bill has earned the following certifications:

OSHA 500 Certification, Authorized Trainer
OSHA 10 & 30 Hour Construction Industry
OSHA 501 Certification, Authorized Trainer
OSHA 10 & 30 Hour General Industry
Certified Trainer Forklift
Certified Aerial Lift Instructor
Certified Instructor and Instructor Trainer
National Safety Council First Aid/CPR/AED
National Safety Council Defensive Driving Course



Serena Schmit
Marketing / Home & Community Coordinator
serenas@ndsc.org

Serena Schmit graduated from Minnesota State University Moorhead in May of 2008 with

a degree in public relations and advertising. She coordinates the NDSC's Home & Community Program which includes North Dakota Operation Lifesaver, and assists with all aspects of marketing for the NDSC, including web updates, design, promotions and events. Since her start at the NDSC, Serena has earned the following certifications:

Operation Lifesaver Railroad Safety Presenter
Operation Lifesaver Region 8 Representative - National Advisory Council



Kevin Stewart
First Aid and Membership Coordinator
kevins@ndsc.org

Kevin Stewart earned a bachelor's degree in political science and criminal justice

from Moorhead State University. Stewart has developed, organized and conducted training programs for the general public and for private businesses on safety, health and disaster issues. He has 23 years experience as a first responder and Emergency Medical Technician and is an instructor and instructor trainer for CPR/AED/First Aid. Kevin's role has recently evolved to include membership retention and development. Kevin is certified in the following areas:

Nationally Registered EMT - B
Licensed North Dakota EMT - B
Certified Instructor and Instructor Trainer
National Safety Council First Aid/CPR/AED
National Safety Council First Responder
OSHA 501 Certification, Authorized Trainer
OSHA 10 & 30 Hour General Industry
Poison Prevention Instructor Trainer



Terry Weaver
Traffic Safety Coordinator
terryw@ndsc.org

Terry Weaver attended Aurora Community College and Columbia College in Aurora, Colorado, where she earned

her Associate's degree. She has more than 17 years of event and program coordinating experience. Terry joined NDSC in 2007 and took over the Traffic Safety program. Terry began implementing the new Alive at 25 program which has grown to include 32 instructors and has educated more than 6,600 students in 22 cities. Since beginning her work in the Traffic Safety field at the NDSC, Terry has earned the following certifications:

Certified DDC-4 Instructor
Certified Alive at 25 Instructor

Scheduled Courses

CPR/AED

Course Length: 2.5 hours

Member: \$38 Non-Member: \$45

This 2 1/2 hour National Safety Council program meets and exceeds the 2005 AHA guidelines and meets OSHA requirements. It covers CPR, choking, bloodborne pathogens and use of an AED. If it's time to certify your CPR/AED skills, this course can help. Upon course completion, you will receive a National Safety Council's 2 year CPR/AED certificate.

- Bismarck – 8am - 10:30am – April 12
- Bismarck Capitol Bldg – 8am - 10:30am – May 3, June 14
- Dickinson – 8am - 10:30am – April 18, May 16, June 20
- Fargo – 12pm - 2:30pm – April 10, May 7, June 12
- Grand Forks – 12pm - 2:30pm – April 9, May 8, June 11
- Jamestown – 8am - 10:30am – May 1, June 5
- Minot – 8am - 10:30am – April 24, May 22, June 26

If these dates don't fit your schedule, please suggest a date and we may be able to accommodate.

First Aid

Course Length: 3 hours

Member: \$38 Non-Member: \$45

This first aid course trains employees on bleeding control, injuries, wound care, burns, poisons and sudden illness. Students learn to recognize these everyday emergency situations and take appropriate action until professional help arrives. Upon course completion, you will receive a National Safety Council's 3 year first aid certificate.

- Bismarck – 10am - 1pm – April 12
- Bismarck Capitol Bldg – 10am - 1pm – May 3, June 14
- Dickinson – 10am - 1pm – April 18, May 16, June 20
- Fargo – 2pm - 5pm – April 10, May 7, June 12
- Grand Forks – 2pm - 5pm – April 9, May 8, June 11
- Jamestown – 10am - 1pm – May 1, June 5
- Minot – 10am - 1pm – April 24, May 22, June 26

If these dates don't fit your schedule, please suggest a date and we may be able to accommodate.

Online course also available. Call us!

CPR/AED/First Aid

Course Length: 5 hours

Member: \$72 Non-Member: \$77

Students will learn to be a first responder by obtaining skills such as basic life support for adults, children and infants, proper AED use, bleeding control, injury and wound care, burns, poisons and sudden illness. After this course you'll be able to recognize these everyday emergency situations and how to take appropriate action until professional help arrives. Upon course completion, you will receive a National Safety Council's 2 year CPR/AED certificate and a 3 year first aid certificate.

- Bismarck – 8am - 1pm – April 12
- Bismarck Capitol Bldg – 8am - 1pm – May 3, June 14
- Dickinson – 8am - 1pm – April 18, May 16, June 20
- Fargo – 12pm - 5pm – April 10, May 7, June 12
- Grand Forks – 12pm - 5pm – April 9, May 8, June 11
- Jamestown – 8am - 1pm – May 1, June 5
- Minot – 8am - 1pm – April 24, May 22, June 26

If these dates don't fit your schedule, please suggest a date and we may be able to accommodate.

CPR/First Aid Course, Train-the-Trainer

Course Length: 16 hours

Member: \$350 Non-Member: \$400

Strengthen your emergency response program by building your employees' First Aid/CPR/AED skills and enhance your in-house training capabilities by sending a staff member through Train-the-Trainer. They'll be certified to conduct First Aid/CPR/AED training for all your employees with a program that meets and exceeds the American Heart Association guidelines.

- Bismarck Capitol Bldg – 8am - 5pm – May 3 thru 4
- Dickinson – 8am - 5pm – June 20 thru 21
- Fargo – 8am - 5pm – April 10 thru 11
- Grand Forks – 8am - 5pm – May 8 thru 9
- Minot – 8am - 5pm – April 24 thru 25, June 26 thru 27

OFF-THE-JOB SAFETY



Guide

Order This Off-The-Job Safety Guide Today!

\$12.95

Plus shipping & handling.

According to the National Safety Council's 2011 Injury Facts, for every worker killed on-the-job, approximately 15 workers are killed off-the-job.

That's why many businesses are making off-the-job safety and health an extension of their on-the-job safety culture.



To order call 800-932-8890

Defensive Driving Course, Alive at 25

Course Length: 4 hours

Course Fee: \$45 (court referrals - \$75)

Vehicle crashes are the number one cause of death for people between the ages of 14 and 24. This highly interactive four-hour course is used to reduce traffic crashes, fatalities and general violations by encouraging young drivers between ages 14 and 24 to take responsibility for their driving behavior. **Check online for the most up-to-date schedule.**

Bismarck – 4pm - 8pm – April 15, May 6

Devils Lake – 5pm - 9pm – May 17

Fargo – 4pm - 8pm – April 22, May 6, June 24

Grand Forks – 5pm - 9pm – April 30, May 21, June 25

Williston – 5:30pm - 9:30pm – April 19

Defensive Driving Course, Basic

Course Length: 4 hours

Member: \$40 Non-Member: \$45 (court referrals - \$75)

DDC4 is a fast-paced, driver improvement program that offers practical strategies to reduce collision-related injuries, fatalities, and costs. It addresses the importance of attitude in preventing accidents, and reinforces the good driving skills you already have. DDC4 shows the consequences of the choices you make behind the wheel. **Check online for the most up-to-date schedule.**

Bismarck – 9am - 1pm – June 9

Bismarck – 6pm - 10pm – April 9, May 14

Dickinson – 6pm - 10pm – May 9

Devils Lake – 6pm - 10pm – April 30

Fargo – 9am - 1pm – May 26

Fargo – 6pm - 10pm – April 9, June 11

Grand Forks – 9am - 1pm – April 14, May 5, June 2

Jamestown – 6pm - 10pm – May 15

Minot – 8:30am - 12:30pm – May 12

Minot – 6pm - 10pm – April 2, June 4

Valley City – 6pm - 10pm – May 10

Williston – 6pm - 10pm – April 9, May 7, June 4

**Online course
also available.
Call us!**

Defensive Driving Course, Train-the-Trainer

Course Length: 16 hours

Member: \$350 Non-Member: N/A

During this 2-day instructor development course, you'll gain the confidence to be an effective trainer for the basic 4-hour defensive driving course. This instructor course features updated curriculum and facilitation methods and allows the instructor to confidently adapt his or her teaching style to meet the unique needs and characteristics of the audience. Let our experienced trainers provide you with the tools and knowledge to become an excellent trainer.

Must be an NDSC member to participate.

Bismarck – 8am - 5pm – April 25 thru 26

Defensive Driving Course Professional Truck Driver, Train-the-Trainer

Course Length: 8 hours

Member: \$175 Non-Member: N/A

If you have attended the DDC Train-the-Trainer, you qualify to attend this course. This course will teach you to be a thorough and versatile facilitator and provide you with the skills, knowledge, and materials to successfully teach the Defensive Driving Course for Professional Truck Drivers. Our instructor will show participants how to determine the needs of the audience, improve classroom participation and interaction, handle objections, use activities effectively, and more. This course is for facilitators, fleet and safety managers, and driving school instructors who want to develop or enhance the effectiveness of their overall training delivery.

Prerequisite - Defensive Driving Course, Train-the-Trainer

Must be an NDSC member to participate.

Bismarck – 8am - 5pm – April 27

Electrical Safety Compliance

Course Length: 4 hours

Member: \$120 Non-Member: \$150

The Electrical Safety Compliance Training program is designed to help you understand key elements of the electrical safety regulation issued by OSHA. The following goals provide an instructional framework for the entire program and will help you develop the knowledge and skills to: understand key elements of the OSHA Electrical Safety regulation; differentiate between qualified and unqualified workers; identify the four main types of electrical injuries; and more.

Bismarck – 1pm - 5pm – June 6

Fargo – 8am - 12pm – June 13

Fall Protection - Construction

Course Length: 4 hours

Member: \$95 Non-Member: \$115

Knowing when fall protection is necessary and when it's not can be very confusing. This program will help to eliminate some of the confusion by giving you an overview of the fall protection requirements for the construction industry, steel erection and equipment used to elevate personnel.

Bismarck – 1pm - 5pm – May 2

Minot – 1pm - 5pm – June 13

www.ndsc.org

AED

Automated External Defibrillators

Order thru Kevin Stewart, NDSC First Aid Program Coordinator:
701-751-6107 or kevins@ndsc.org

Philips FRx Package
includes battery, pads, case, cabinet
Save \$263! Members Pay **\$1687**

Philips Onsite Package
includes battery, pads, case, cabinet
Save \$150! Members Pay **\$1350**

Cardiac Science Package
includes battery, pads, case, cabinet
Save \$120! Members Pay **\$1575**

Samaritan Heartsine Package
includes battery, pads, case, cabinet
Save \$300! Members Pay **\$1295**

Zoll AED Plus Package
includes battery, pads, case, cabinet
Save \$400! Members Pay **\$1795**

NDSC
NORTH DAKOTA SAFETY COUNCIL

Forklift Operator Training-Subpart N 1910.178

Course Length: 4 hours

Member: \$120.00 Non-Member: \$150.00

Designed to meet OSHA formal instruction training requirements for operators of powered industrial trucks, this course includes safe operation, maintenance, protection of personnel, load center, unloading and loading of trucks, intersections and more. It is classroom content only and does not include operation certification.

Bismarck – 8am - 12pm – May 16

Fargo Expressway Suites – 8am - 12pm – May 9

Grand Forks – 8am - 12pm – June 21

Minot – 8am - 12pm – May 31

Forklift Train-the-Trainer-Subpart N 1910.178

Course Length: 8 hours

Member: \$190 Non-Member: \$230

This course is designed for the person who will be responsible for training the powered industrial truck operators for their facility. Each student will have an opportunity to actually help prepare and present a short forklift topic and receive feedback.

Bismarck – 8am - 5pm – May 16

Fargo Expressway Suites – 8am - 5pm – May 9

Grand Forks – 8am - 5pm – June 21

Minot – 8am - 5pm – May 31

Mine Foreman Prep Class

Course Length: 4 hours (plus 1 hour to take the certification test)

Member: \$90 Non-Member: \$105

This course is designed for people wishing to take the Mine Foreman Certification test administered by the NDSC. It covers the many roles and responsibilities of supervisors on a mine site, as well as Part 47 (Hazard Communication), Part 48 (Training Standards), Part 50 (Accident Reporting), Part 62 (Occupational Noise Exposure), and Part 77 (Mandatory Safety Standards for Surface Coal Mines). Participants will receive a handout including all CFR parts covered.

Bismarck – 8am - 12pm – April 20

MSHA New Miner-Part 46 Sand & Gravel

Course Length: 24 hours

Member: \$225 Non-Member: \$225

This 3-day initial training is required for all new and inexperienced sand and gravel miners.

Bismarck – 8am - 5pm – May 22 thru 24

MSHA Refresher-Part 46 Sand & Gravel

Course Length: 8 hours

Member: \$85 Non-Member: \$85

This annual refresher course is required for all experienced sand and gravel Miners.

Bismarck – 8am - 5pm – May 21

MSHA New Miner-Part 48 Surface Coal

Course Length: 24 hours

Member: \$225 Non-Member: \$225

This 3-day initial training is required for all new and inexperienced surface coal miners.

Bismarck – 8am - 5pm – April 17 thru 19, May 15 thru 17, June 12 thru 14

MSHA Refresher-Part 48 Surface Coal

Course Length: 8 hours

Member: \$85 Non-Member: \$85

This annual refresher course is required for all experienced surface coal miners.

Bismarck – 8am - 5pm – April 16, May 14, June 11

OSHA 10-Hour Construction Course (ECCS)

Course Length: 10 hours

Member: \$180 Non-Member: \$230

Receive instruction on construction industry safety and health topics and OSHA standards for both employee and entry level supervisors. Using OSHA standards as a guide, special emphasis is placed upon the most hazardous areas of a jobsite including material handling, excavation, fall protection, cranes, electrical, OSHA Act, hearing conservation, PPE and more.

All courses run 1pm to 5pm day one and 8am to 5pm day two.

Bismarck – April 16 thru 17, May 21 thru 22, June 18 thru 19

OSHA 30-Hour Construction Course (ECCS)

Course Length: 30 hours

Member: \$700 Non-Member: \$905

This course is a comprehensive safety program designed for anyone involved in the construction industry. Specifically devised for safety directors, foremen, and field supervisors, the program provides complete information on OSHA compliance issues.

Bismarck – 8am - 5pm – May 7 thru 10

OSHA 10-Hour General Industry

Course Length: 10 hours

Member: \$180 Non-Member: \$230

This course, regarding safety and health topics and OSHA standards, is valuable for employees and supervisors alike. Course includes an introduction to OSHA standards, inspections process and citations. Recordkeeping, walking and working surfaces, degrees, fire protection, electrical, machine guarding and several other subjects will be covered.

All courses run 1pm to 5pm day one and 8am to 5pm day two.

Bismarck – April 9 thru 10 (8am-5pm day one; 8am to noon day two), May 14 thru 15, June 11 thru 12

Dickinson – April 4 thru 5, May 2 thru 3, June 6 thru 7

Fargo Expressway Suites – May 10 thru 11 (8am-5pm day one; 8am to noon day two)

Grand Forks – June 19 thru 20

Minot – April 24 thru 25, May 29 thru 30, June 25 thru 26

OSHA 10-Hour General Industry

NOW OFFERED IN WILLISTON

Course Length: 10 hours

Member: \$180 Non-Member: \$230

This course, regarding safety and health topics and OSHA standards, is valuable for employees and supervisors alike. Course includes an introduction to OSHA standards, inspections process and citations. Recordkeeping, walking and working surfaces, degrees, fire protection, electrical, machine guarding and several other subjects will be covered.

Williston courses run from 12pm to 5:30pm day one and

8am to 1:30pm day two.

Williston – April 11 thru 12, April 25 thru 26, May 9 thru 10, May 23 thru 24, June 13 thru 14, June 27 thru 28

Now
Including
H2S!

Now
Including
H2S!

OSHA 30-Hour General Industry

Course Length: 30 hours

Member: \$700 Non-Member: \$905.00

This course is a comprehensive safety program designed for anyone involved in the construction industry. Specifically devised for safety directors, foremen, and field supervisors, the program provides complete information on OSHA compliance issues.

Minot – 8am - 5pm – May 1 thru 4

OSHA Recordkeeping

Course Length: 4 hours

Member: \$95 Non-Member: \$115

This recordkeeping class uses workshops to teach how to properly prepare and maintain required records of workplace injuries and illnesses - using the revised OSHA 300 Log and Supplemental Record. Participants will learn how to figure incidence rates, average employment, and hours worked, as well as new recordkeeping procedures and interpretations.

Minot – 8am - 12pm – April 24

PEC SafeLand USA Orientation Train-the-Trainer

Course Length: 16 hours

Member: \$1395 Non-Member: \$1395

New!

This is a two day program for an instructor level authorization and allows an instructor to administer the PEC Basic / SafeLand USA course which is an accredited program. Course objectives include preparing an instructor to train students; understand training needed for onshore and offshore requirements; help students play an active role in safety programs at their facilities; and issue certificates of completion for personnel in PEC Basic Orientation.

Bismarck – 8am - 5pm – April 2 thru 3

Qualified Rigging and Signalpersons

Course Length: 8 hours

Member: \$225 Non-Member: \$295

This course is designed to meet the requirements for Riggers and Signalpersons to be qualified under the new rule, 29 CFR 1926, Subpart CC. Course will address safe rigging practices and procedures, methods to calculate sling loading, ASME hand and voice signals, ASME responsibilities of signalpersons, and more.

Bismarck – 8am - 5pm – May 1

Dickinson – 8am - 5pm – June 5

Fargo – 8am - 5pm – May 17

Minot – 8am - 5pm – June 12

Scaffolds

Course Length: 4 hours

Member: \$95 Non-Member: \$115

An estimated 2.3 million construction workers, or 65 percent of the construction industry, work on scaffolds frequently. Protecting these workers from scaffold-related accidents would prevent 4,500 injuries and 50 deaths every year, at a savings for American employers of \$90 million in workdays not lost. Although the scaffolding standard covers 22 different types, we will focus on some of the most common such as frame, fabricated and mobile scaffold. Discussion will also take place on various types of aerial lifts.

Bismarck – 1pm - 5pm – May 3

Dickinson – 8am - 12pm – June 6

Trenching & Excavation

Course Length: 4 hours

Member: \$95 Non-Member: \$115

This course will describe in detail OSHA's Standard - Subpart P - Excavations. This course includes the definitions to this subpart along with specific excavation requirements, requirements for protective systems, soil classifications, sloping and benching, timber shoring for trenches, aluminum hydraulic shoring, alternatives, and the selection of protective systems. Each participant will receive a copy of the Federal Registry - Excavations.

Bismarck – 1pm - 5pm – April 12, April 30

Dickinson – 8am - 12pm – May 2

Fargo – 1pm - 5pm – May 16

Minot – 8am - 12pm – June 13

All course times are considered local time for the city under which they are listed. If you don't see a convenient scheduled time or location, call us! Many courses can be scheduled as a private course for your business with 10 or more participants. Many other courses are available upon request. Check our complete course list at www.ndsc.org under Training Calendar.

www.ndsc.org



IPEC NDSC
NORTH DAKOTA SAFETY COUNCIL

Don't miss this special opportunity to take PEC Basic SafeLand USA Orientation Train-the-Trainer

Hosted by the North Dakota Safety Council and taught by PEC Premier.

Monday & Tuesday, April 2 & 3

\$1395 per person ~ 8 am to 5 pm each day at the NDSC Building
1640 Burnt Boat Drive - Bismarck, ND

Log onto www.pecsafety.com or call 800-892-8179

The NDSC offers many other courses

Find complete descriptions on our **Online Training Calendar** at www.ndsc.org!

Accident Investigation	Emergency Preparedness for Remote Work Zones	Machine Guarding
Bloodborne Pathogens	Ergonomics in the Office	Managing/Leading Safety in Your Workplace
Compressed Gas	First Responder Skills in Action	Prescription for the Flu
Conducting Effective Safety Inspections	Forklift Operator Training Subpart N 1910.178 - 8 hour	Railroad Safety Presentations
Conducting Effective Safety Presentations	Hazard Awareness	School Bus Driver Training
Confined Spaces	Hazard Communications - 2 hour	Supervisory Development
CPR/AED/First Aid, Online	Hazard Communications - 4 hour	Traffic Control for Construction Workers
Defensive Driving Course, Online	Hazmat	Traffic Control for Supervisors
Defensive Driving Course, Train-the-Trainer	Hearing Conservation	Trenching and Excavation - 2 hour
Defensive Driving Course, Professional Truck Driver	Job Hazard Analysis	Welding, Cutting, & Brazing
Electrical Safety Compliance	Ladder & Stairway Safety	Workplace Safety 101
	Lockout/Tagout	Work Zone Safety



ND Safety Council | Operation Lifesaver | ND Petroleum Council
BNSF RR | Canadian Pacific RR | Whiting Oil | Nabors Well Services

JOIN US IN THE NAME OF *Safety*

From 2007-2011, ND experienced a 50% increase in vehicle-train collisions.
It's a potentially catastrophic problem with a simple solution - EDUCATION.

We invite you to be part of the solution -

2012 BAKKEN RAIL *Safety Blitz*

JUNE 3-9, 2012

North Dakota Operation Lifesaver is a non-profit organization that offers free railroad safety training. A team of volunteers will be traveling North Dakota and Montana to offer this training to any business, community organization or individual who is interested. We'll travel to your location, making training easy and convenient.

To schedule your free training, contact Serena Schmit, ND Operation Lifesaver Coordinator, at 701-873-2224 or serenas@ndsc.org. We will schedule you during the safety blitz, or any other time that works for you and your employees. Learn more about Operation Lifesaver at www.oli.org.

Be part of the solution. Schedule your free safety training with Operation Lifesaver today.

Operation Lifesaver will provide free training to *anyone* who is interested, even if they are not located within the Bakken.
Call today to schedule!

DID YOU KNOW?

CDL drivers are subject to the following suspensions if written up for a violation at a RR crossing:

1st VIOLATION

license suspended - 60 days

2nd VIOLATION

license suspended -120 days

3rd VIOLATION

license suspended -1 year

4th VIOLATION

license revoked

STANDARD COURSE LOCATIONS All courses are held at the first address listed here unless indicated otherwise in the course listing.

Bismarck

North Dakota Safety Council
1640 Burnt Boat Drive
701-223-6372

~ OR ~

State Capitol Building
612 E Boulevard Ave
Pioneer Room

Beulah

North Dakota Safety Council
213 Hwy 49 N

Dickinson

Elks Lodge
501 Elks Drive

Fargo

Holiday Inn
3803 13th Ave S

~ OR ~

Expressway Suites
4303 17th Ave S

Grand Forks

Canad Inns
1000 S 42nd St

Jamestown

Gladstone Inn & Suites
Conference Center
111 2nd St NE

Minot

Grand International
1505 N Broadway

Williston

James Memorial Library
621 1st Avenue West

TRAFFIC SAFETY LOCATIONS All courses are held at the first address listed here unless indicated otherwise in the course listing.

Beulah

North Dakota Safety Council
213 Highway 49 South

Bismarck

North Dakota Safety Council
1640 Burnt Boat Drive

Devils Lake

Lake Region State College
1801 College Drive –
Heritage Hall

Dickinson

Dickinson High School
N Empire Road
Drivers Ed Bldg
(West of tennis courts)

~ OR ~

DOT Building,
1700 3rd Ave. West
Training Rm in Basement

Fargo

Cass County Annex Building
1010 2nd Ave S
Basement Conference Rm

Grand Forks

Altru Health Systems
860 S Columbia Road
Psychiatry Center
Conference Rm

Jamestown

Stutsman County Law
Enforcement Center
205 6th Street SE
Basement Conf Rm

Minot

Minot State University
500 University Avenue W
Memorial Hall Room 110

Valley City

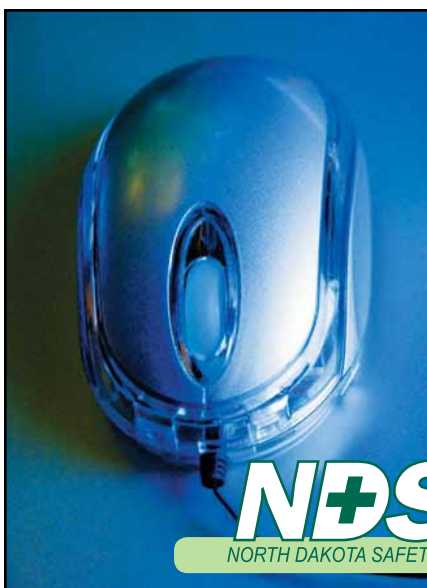
Valley City Police Department
216 2nd Avenue
Municipal Court Room

Williston

Williams County Law
Enforcement Center
223 E Broadway, 2nd Flr

Payment and Cancellation Policy

Pre-registration and pre-payment is required on all training courses. If you are unable to attend a training course, you must cancel at least three business days prior to the course for a full refund. Late registrations or no-shows are non-refundable. NDSC reserves the right to cancel any class that does not meet the minimum attendance requirements. In the event that a class is cancelled, NDSC will notify you and make other arrangements.



Safety Information & Training Updates by Email

The NDSC sends out relevant safety information and training updates to members and safety advocates, via email, on a regular basis. Some companies' servers may block emails from the NDSC's email provider, Constant Contact. If you or your company is a member of the NDSC, or is signed up to receive our emails but have not received them,

Please log on to www.ndsc.org. On our homepage, you will find instructions to pass on to your IT department to unblock our incoming emails.

If you would like to receive our email updates but are not currently registered, sign up today!

We offer information including monthly training updates, NDSC Quarterly News, child and home safety, and occasional training updates specific to your area.

And, your email is secure with us. We will never sell or provide your email to anyone else.

To register, simply email serenas@ndsc.org and let us know what information you are interested in receiving.



1640 Burnt Boat Drive ~ Bismarck, ND ~ 701-223-6372 or 800-932-8890



Many Ways To Train!

1. **Public Courses** - Choose from more than 60 different safety training courses, offered by the North Dakota Safety Council. A variety are offered many times per year at convenient locations across the state.
2. **Private Courses** - Our experienced, certified experts will train your employees at YOUR business, allowing you to maximize your time in the office and minimize employees' time away. **Stretch your training dollar!**
3. **Video-based Training** - Members have access to our video library containing nearly 500 industry-specific videos and DVDs to train, educate and promote safety and health. The full video list is online at www.ndsc.org. Check out a video by calling 701-223-6372. We'll mail them anywhere in the state for a minimal fee.
4. **Online Training** - NDSC offers more than 150 online training courses! You'll find courses in Healthcare, Traffic Safety, Emergency Care, Industrial Skills, Drug & Alcohol Awareness, Human Resources, as well as OSHA Construction, General Industry, Outreach & Hazardous Waste. Courses can be accessed through our web site at www.ndsc.org.
5. **Conference Courses** - Nearly 80 educational sessions are taught by instructors from across the nation at the the largest safety & health conference in North Dakota, South Dakota and Montana! Nearly 800 attended in 2012 to participate in the training, network with colleagues and learn about new safety techniques and services. Watch www.ndsc.org for announcements regarding this February event. Members attend at a reduced rate.



To register for a classroom course, or set up a private course for your business, contact the NDSC at

**701-223-6372 or
1-800-932-8890**

MEMBERSHIP BENEFITS

Join the North Dakota Safety Council to prevent injuries, reduce costs and increase productivity!

SAFETY TRAINING

- **Public Courses**

Choose from nearly sixty different safety training courses, offered many times per year, at convenient locations across the state. *Members receive our lowest rate or reduced rates on public courses.*

- **Private Courses**

Our experienced, certified experts will train your employees at YOUR business, allowing you to maximize your time in the office and minimize employee's time away. *Members receive reduced rates on most private courses.*

- **Online Training**

NDSC offers more than 150 online training courses! You'll find courses in Healthcare, Traffic Safety, Emergency Care, Industrial Skills, Drug & Alcohol Awareness, Human Resources, as well as OSHA Construction, General Industry, Outreach & Hazardous Waste. Courses can be accessed through our web site at www.ndsc.org. *Reduced rates apply to some courses.*

- **Annual ND Safety & Health Conference**

Nearly 80 educational sessions are taught by instructors from across the nation at the largest safety & health conference in North Dakota, South Dakota and Montana! Nearly 800 attended in 2012 to participate in the training, network with colleagues and learn about new safety techniques and services. Watch www.ndsc.org for announcements regarding this February event. *Members attend at a reduced rate.*

- **Safety Awards Program**

Member organizations are encouraged to submit safety statistics prior to the annual conference. Winners are selected by a committee. The **Master of Safety Program** is a prestigious award given only to those individuals who have taken the initiative to attend the required courses. For more information about this award or the Safety Awards Program, watch our web site ~ www.ndsc.org ~ for more details as the Annual Conference draws near.

SAFETY CONSULTING & AUDITING

Our experienced safety trainers are available to advise you regarding safety at your business. We conduct safety audits, make speaking appearances, and help develop safety plans year-round. Call to discuss your needs and we will work with you to accomplish your safety goals.

SAFETY PRODUCT DISCOUNTS

Products offered for sale include video training programs, books, videos, pamphlets, safety periodical subscriptions, AEDs, First Aid kits, and more! *Members receive reduced rates on most products.*

SAFETY INFORMATION

- **North Dakota Safety Council Website**

Members have full access to safety and health information for work, traffic, and off-the-job safety. In addition, our 'Members Only' section is filled with policies, standards, weekly safety outlines, and proven best practices!

- **Member Publications and Resources**

All members receive an updated training calendar quarterly, the NSC Family Safety & Health magazine quarterly, and the Safety & Health magazine monthly. We also send safety news, announcements and updates via email, on a regular basis.

- **Video Library**

Members have access to our video library containing nearly 500 industry-specific videos and DVDs to train, educate and promote safety and health. The full video list is online at www.ndsc.org. Check out a video by calling 701-223-6372. We'll mail them anywhere in the state for a minimal fee.

Whether you're working with an existing program or starting from scratch, our friendly and experienced staff will provide the expertise and support your organization needs to develop an effective safety program.

We're here to help you!

Join today! Call Kevin or Jessica at 701-223-6372 or 800-932-8890 or log onto www.ndsc.org and click on 'membership'.



1640 Burnt Boat Drive • Bismarck, ND 58503
Phone: 701-223-6372 • Toll Free: 800-932-8890
Fax: 701-223-0087 • Email: ndsc@ndsc.org

www.ndsc.org

NEED HELP WITH YOUR SAFETY PROGRAM?

Consider...

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QUALITY SAFETY MANAGEMENT

*A comprehensive safety management program
designed to fit your needs.*

**The North Dakota Safety Council's
Quality Safety Management program is
specifically geared to your company, and is
based on your safety needs and goals.**

Never again will you have to worry about expired certifications, new legislation, course scheduling or employee turnover. We'll help you work toward compliance and provide a total solution for all your safety needs. For a fixed monthly charge you can put your safety management into our hands.

Four Simple Steps

- 1** One of our Safety Consultants will visit your site and perform a complete safety needs assessment.
- 2** We'll provide you with a complete overview of your assessment, a list of required and recommended safety needs and a proposal designed to help you meet your safety goals.
- 3** Once your contract is confirmed we'll work with you to arrange your safety training and ongoing consultations.
- 4** We will keep track of all your employees' training and let you know when their certifications require renewal.

With Quality Safety Management, it's that simple.

To learn more or request a consultation, call
Tyler Svihovec at 751-6108 or Chuck Clairmont at 751-6101.

ND+SC
NORTH DAKOTA SAFETY COUNCIL

1640 Burnt Boat Drive ~ Bismarck, ND 58503
701-223-6372 or 800-932-8890



*If your company does not currently
have a safety professional on staff,
or you desire additional safety
expertise, call on our experts to
help you meet your safety needs.*



1640 Burnt Boat Drive
Bismarck, ND 58503

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Stay informed & up-to-date!

Please update your contact information by emailing changes to Jessica at jessicam@ndsc.org.

We're cleaning up our list to be more efficient and more effective.

SEND US YOUR PHOTOS!



Walk down memory lane at the 2013

CONFERENCE

The ND Safety & Health Conference is celebrating its 40th year in 2013. We'll be show-casing our member's photos through the conference brochure, signage, a slide show, and in our booth.

Please submit photos from years past illustrating how safety, work habits, clothing, hairstyles, equipment, and society in general has changed!

Mail your photos to:
North Dakota Safety Council
Attention: Lynae Hanson
1640 Burnt Boat Drive
Bismarck, ND 58503

Please include a self-addressed, stamped envelope if you would like your photos returned.

Or, email a high-resolution (300 dpi) scan of your photos to Lynae at lynaeh@ndsc.org.

**DEADLINE:
July 31, 2012**

