

SAFETY TRAINING CALENDAR

January ~ February ~ March 2011

REGISTRATION Contact the North Dakota Safety Council at
701-223-6372 or 1-800-932-8890.

NDSC TRAINING LOCATIONS

Beulah

North Dakota Safety Council
213 Highway 49 South
701-873-2224

Bismarck

North Dakota Safety Council
1640 Burnt Boat Drive
701-223-6372

Dickinson

Ramada-Grand Dakota Lodge
532 15th St W
I-94 Exit 61 N
800-422-0949

Grand Forks

Clarion Inn
1210 N 43rd St
888-465-4329

Fargo

Holiday Inn
3803 13th Ave S
701-282-2700

Fargo Skills & Tech Center
1305 19th Ave N
701-231-6900

Jamestown

Gladstone Inn & Suites
Conference Center
111 2nd St NE
701-252-0700

Minot

Holiday Inn
2200 Burdick Expressway
701-852-2504

ND+SC
NORTH DAKOTA SAFETY COUNCIL
1640 Burnt Boat Drive
Bismarck, ND 58503

Non-Profit Org.
U.S. Postage
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Bismarck, ND
58503

38TH ANNUAL NORTH DAKOTA SAFETY & HEALTH CONFERENCE

FEBRUARY 8-10, 2011 • BISMARCK CIVIC CENTER

The 38th Annual ND Safety & Health Conference
is the premier safety & health event of North Dakota.

You'll experience 3 days of in-depth
professional development programs by some of the
leading speakers from across the nation, including
keynotes Chad Hymas and Dale Brown.

**Along with great speakers and nearly 60 courses,
we're offering even lower rates this year!**

NDSC Members and WSI Policy Holders receive HUGE
discounts! Register today at www.ndsc.org to receive
Early Bird Rates. **Early Bird Deadline is January 12.**

*This year's Conference is more
affordable than ever before!*

**LEARN MORE
OR REGISTER
AT NDSC.ORG!**

1-800-932-8890
701-223-6372
1640 Burnt Boat Drive
Bismarck, ND 58503
www.ndsc.org

ND+SC
NORTH DAKOTA SAFETY COUNCIL

Log onto www.ndsc.org

Call 701-223-6372 or
800-932-8890 to register!



Public courses scheduled for January 1 - March 31, 2011

Confined Spaces

Course Length: 4 hours

Member: \$120 Non-Member: \$150

The Confined Spaces Compliance Training program is designed to help you understand key elements of the confined spaces regulation issued by OSHA.

Bismarck – 8am - 12pm – February 3

Dickinson – 1pm - 5pm – March 22

CPR/AED

Course Length: 2.5 hours

Member: \$38 Non-Member: \$45

This 2 1/2 hour National Safety Council program meets and exceeds the 2005 AHA guidelines and meets OSHA requirements. It covers CPR, choking, bloodborne pathogens and use of an AED. If it's time to certify your CPR/AED skills, this course can help. Upon course completion, you will receive a National Safety Council's 2 year CPR/AED certificate.

Bismarck – 8am - 10:30am – January 13, March 10

Dickinson – 8am - 10:30am – January 19, February 16, March 16

Fargo – 12pm - 2:30pm – January 10, March 7

Grand Forks – 8am - 10:30am – January 11, March 8

Grand Forks – 12pm - 2:30pm – February 14

Jamestown – 8am - 10:30am – January 4, February 1, March 1

Minot – 8am - 10:30am – January 25, February 22, March 22

Valley City – 8am - 10:30am – February 3

If these dates don't fit your schedule, please suggest a date and we may be able to accommodate.

First Aid

Course Length: 2.5 hours

Member: \$38 Non-Member: \$45

This first aid course trains employees on bleeding control, injuries, wound care, burns, poisons and sudden illness. Students learn to recognize these everyday emergency situations and take appropriate action until professional help arrives. Upon course completion, you will receive a National Safety Council's 3 year first aid certificate.

Bismarck – 10:30am - 1pm – January 13, March 10

Dickinson – 10:30am - 1pm – January 19, February 16, March 16

Fargo – 2:30pm - 5pm – January 10, March 7

Grand Forks – 10:30am - 1pm – January 11, March 8

Grand Forks – 2:30pm - 5pm – February 14

Jamestown – 10:30am - 1pm – January 4, February 1, March 1

Minot – 10:30am - 1pm – January 25, February 22, March 22

Valley City – 10:30am - 1pm – February 3

If these dates don't fit your schedule, please suggest a date and we may be able to accommodate.

CPR/AED/First Aid

Course Length: 5 hours

Member: \$72 Non-Member: \$77

Students will learn to be a first responder by obtaining skills such as basic life support for adults, children and infants, proper AED use, bleeding control, injury and wound care, burns, poisons and sudden illness.

After this course you'll be able to recognize these everyday emergency situations and how to take appropriate action until professional help arrives. Upon course completion, you will receive a National Safety Council's 2 year CPR/AED certificate and a 3 year first aid certificate.

Bismarck – 8am - 1pm – January 13, March 10

Dickinson – 8am - 1pm – January 19, February 16, March 16

Fargo – 12pm - 5pm – January 10, March 7

Grand Forks – 8am - 1pm – January 11, March 8

Grand Forks – 12pm - 5pm – February 14

Jamestown – 8am - 1pm – January 4, February 1, March 1

Minot – 8am - 1pm – January 25, February 22, March 22

Valley City – 8am - 1pm – February 3

If these dates don't fit your schedule, please suggest a date and we may be able to accommodate.

CPR/First Aid Course, Train-the-Trainer

Course Length: 16 hours

Member: \$350 Non-Member: \$400

Strengthen your emergency response program by building your employees' First Aid/CPR/AED skills and enhance your in-house training capabilities by sending a staff member through Train-the-Trainer. They'll be certified to conduct First Aid/CPR/AED training for all your employees with a program that meets and exceeds the American Heart Association guidelines.

Grand Forks - 8am - 5pm – January 11-12

If these dates don't fit your schedule, please suggest a date and we may be able to accommodate.

Defensive Driving Course, Alive at 25

Course Length: 4 hours

Course Fee: \$45

Vehicle crashes are the number one cause of death for people between the ages of 14 and 24. This highly interactive four-hour course is used to reduce traffic crashes, fatalities and general violations by encouraging young drivers between ages 14 and 24 to take responsibility for their driving behavior.

Bismarck – 4pm - 8pm – January 16, February 27, March 27

Devils Lake – 1pm - 5pm – January 16

Fargo – 4pm - 8pm – January 16

Grand Forks – 4pm - 8pm – February 6, March 27

Defensive Driving Courses are taught at different locations than other training courses listed in this calendar. Please log onto www.ndsc.org and click on Alive at 25 icon to search course locations or to register. New courses are added regularly. Course also available upon request.

Defensive Driving Course, Basic

Course Length: 4 hours

Member: \$40 Non-Member: \$45

DDC4 is a fast-paced, driver improvement program that offers practical strategies to reduce collision-related injuries, fatalities, and costs. It addresses the importance of attitude in preventing accidents, and reinforces the good driving skills you already have. DDC4 shows the consequences of the choices you make behind the wheel.

Beulah – 9am - 1pm – January 15

Bismarck – 9am - 1pm – February 5
Bismarck – 6pm - 10pm – January 17, March 14
Devils Lake – 6pm - 10pm – January 27, March 31
Dickinson – 6pm - 10pm – January 12, March 9
Fargo – 9am - 1pm – January 22
Fargo – 6pm - 10pm – February 15
Grand Forks – 9am - 1pm – January 8, February 5, March 5
Jamestown – 6pm - 10pm – January 20, March 24
Minot – 8:30am - 12:30pm – January 8, March 12
Minot – 6pm - 10pm – February 7
Valley City – 6pm - 10pm – January 5, March 2
Williston – 6pm - 10pm – January 3, February 7, March 7
Defensive Driving Courses are taught at different locations than other training courses listed in this calendar. Please log onto www.ndsc.org and click on Training Calendar/Defensive Driving to view course locations.

Forklift Train-the-Trainer-Subpart N 1910.178

Course Length: 8 hours

Member: \$190 Non-Member: \$230

This course is designed for the person who will be responsible for training the powered industrial truck operators for their facility. Each student will have an opportunity to actually help prepare and present a short forklift topic and receive feedback.

Bismarck – 8am - 5pm – January 25, March 22

Dickinson – 8am - 5pm – March 8

Fargo – 8am - 5pm – February 22

Grand Forks – 8am - 5pm – February 16

Jamestown – 8am - 5pm – March 30

Minot – 8am - 5pm – January 5

Mine Foreman Prep Class

Course Length: 4 hours

Member: \$90 Non-Member: \$105

This course is designed for people wishing to take the Mine Foreman Certification test administered by the NDSC. It covers the many roles and responsibilities of supervisors on a mine site, as well as Part 47 (Hazard Communication), Part 48 (Training Standards), Part 50 (Accident Reporting), Part 62 (Occupational Noise Exposure), and Part 77 (Mandatory Safety Standards for Surface Coal Mines). Participants will receive a handout including all CFR parts covered.

Bismarck – 8am - 12pm – February 2

MSHA New Miner-Part 46 Sand & Gravel

Course Length: 24 hours

Member: \$225 Non-Member: \$225

This 3-day initial training is required for all new and inexperienced sand and gravel miners.

Bismarck – 8am - 5pm – January 10 thru 12; March 8 thru 10

Jamestown – 8am - 5pm – February 22 thru 24

MSHA Refresher-Part 46 Sand & Gravel

Course Length: 8 hours

Member: \$85 Non-Member: \$85

This annual refresher course is required for all experienced sand and gravel Miners.

Bismarck – 8am - 5pm – January 4, March 7

Jamestown – 8am - 5pm – February 21

MSHA New Miner-Part 48 Surface Coal

Course Length: 24 hours

Member: \$225 Non-Member: \$225

This 3-day initial training is required for all new and inexperienced surface and coal miners.

Bismarck – 8am - 5pm – January 18 thru 20, February 16 thru 18; March 15 thru 17

MSHA Refresher-Part 48 Surface Coal

Course Length: 8 hours

Member: \$85 Non-Member: \$85

This annual refresher course is required for all experienced surface and coal miners.

Beulah – 8am - 5pm – January 3, February 1, March 2

Bismarck – 8am - 5pm – January 17, February 15, March 14

OSHA 10-Hour Construction Course (ECCS)

Course Length: 10 hours

Member: \$175 Non-Member: \$225

OSHA now requires this course be taught over 2 days.

Receive instruction on construction industry safety and health topics and OSHA standards for both employee and entry level supervisors. Using OSHA standards as a guide, special emphasis is placed upon the most hazardous areas of a jobsite including material handling, excavation, fall protection, cranes, electrical, OSHA Act, hearing conservation, PPE and more.

All courses run 1pm to 5pm day one and 8am to 5pm day two.

Bismarck – January 17 thru 18; February 21 thru 22; March 16 thru 17

OSHA 10-Hour General Industry

Course Length: 10 hours

Member: \$175 Non-Member: \$225

OSHA now requires this course be taught over 2 days.

This course, regarding safety and health topics and OSHA standards, is valuable for employees and supervisors alike. Course includes an introduction to OSHA standards, inspections process and citations. Recordkeeping, walking and working surfaces, degrees, fire protection, electrical, machine guarding and several other subjects will be covered.

All courses run 1pm to 5pm day one and 8am to 5pm day two.

Bismarck – January 26 thru 27

Dickinson – January 13 thru 14

Fargo – January 24 thru 25

Minot – January 3 thru 4; March 1 thru 2

OSHA Recordkeeping

Course Length: 4 hours

Member: \$95 Non-Member: \$115

This recordkeeping class uses workshops to teach how to properly prepare and maintain required records of workplace injuries and illnesses - using the revised OSHA 300 Log and Supplemental Record. Participants will learn how to figure incidence rates, average employment, and hours worked, as well as new recordkeeping procedures and interpretations.

Bismarck – 8am - 12pm – January 6, March 11

Bismarck – 1pm - 5pm – February 3, February 24

Dickinson – 8am - 12pm – March 24

Fargo – 1pm - 5pm – January 26, February 23, March 18

Grand Forks – 1pm - 5pm – February 17

Jamestown – 1pm - 5pm – January 11

Minot – 1pm - 5pm – March 3

Williston – 1pm - 5pm – January 19

Rigging and Signalpersons

Course Length: 8 hours

Member: \$225 Non-Member: \$295

NEW Course!

This course is designed to meet the requirements for Riggers and Signalpersons to be qualified under the new rule, 29 CFR 1926, Subpart CC. Course will address safe rigging practices and procedures, methods to

calculate sling loading, ASME hand and voice signals, ASME responsibilities of signalpersons, and more.

Bismarck – 8am - 5pm – January 5, February 2, March 15

Dickinson – 8am - 5pm – March 23

Minot – 8am - 5pm – February 16

Trenching and Excavation

Course Length: 4 hours

Member: \$95 Non-Member: \$115

This course will describe in detail OSHA's Standard - Subpart P - Excavations. This course includes the definitions to this subpart along with specific excavation requirements, requirements for protective systems, soil classifications, sloping and benching, timber shoring for trenches, aluminum hydraulic shoring, alternatives, and the selection of protective systems. Each participant will receive a copy of the Federal Registry - Excavations.

Bismarck – 1pm - 5pm – January 6, March 8

Bismarck – 8am - 12pm – February 24

Dickinson – 8am - 12pm – March 9

Fargo – 8am - 12pm – February 23, March 18

Jamestown – 8am - 12pm – March 29

Workplace Safety 101

Course Length: 4 hours

Member: \$95 Non-Member: \$115

The new Workplace Safety 101 is a four-hour class to help you take the first steps in coordinating safety at your business. You'll learn about safety policies and training requirements, recordkeeping and how to assess your existing safety program. Walk away with tools such as a sample site inspection form, job safety analysis report, employee safety concern report, hazard assessment worksheet and a sample safety policy statement.

Dickinson – 1pm - 5pm – March 9

Fargo – 8am - 12pm – January 26

Grand Forks – 8am - 12pm – February 17

Jamestown – 8am - 12pm – January 11

Jamestown – 1pm - 5pm – March 29

Minot – 8am - 12pm – March 3

Williston – 8am - 12pm – January 19

All course times are considered local time for the city under which they are listed. If you don't see a convenient scheduled time or location, call us! Many courses can be scheduled as a private course for your business with 10 or more participants. Many other courses are available upon request. Check our complete course list at www.ndsc.org under Training Calendar.

SPRING Thaw

mining industry annual update

For those involved in the mining industry - coal mine operators, sand & gravel operators and contractors who work on mine sites.

Surface Coal Day - Thursday, March 24

Sand & Gravel Day - Friday, March 25

AGENDA:

8 am - Registration

8:30 am to 10 am - Welcome by NDSC & What's New With MSHA, Rules to Live By

Coal Day - Presented by the MSHA Director, Gillette Field Office.

Sand & Gravel Day - Presented by the MSHA Director, Rapid City Field Office.

10 am to 10:15 am - Break

10:15 to Noon - Special Investigations Unit

Presented by a representative of the MSHA Special Investigations Unit.

Noon to 1 pm - Lunch, served by the NDSC, and networking

1 pm to 3:30 pm - Supervisor Responsibility & Liability

Presented by an attorney from the firm of Jackson Kelly PLLC, Denver, CO.

3:30 pm to 4 pm - Closing and questions facilitated by NDSC.



Don't
miss it!

Thursday, March 24 for Surface Coal Operations

Friday, March 25 for Sand & Gravel Operations

8 to 4 pm each day • Lunch will be served at the NDSC

North Dakota Safety Council Training Center

1640 Burnt Boat Drive, Bismarck, ND

Registration begins at 8 am

Course is \$50 per person.

This fee includes all courses and lunch. Certificates available upon request.

Register at 701-223-6372 or 800-932-8890.

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