

# Automated External Defibrillator

## Why should you have one available?

Cardiac arrest usually occurs when the heart's electrical activity becomes disrupted and the heartbeat gets dangerously fast. Because of this chaotic, irregular heart rhythm (arrhythmia), the heart stops beating effectively and can't adequately pump blood.

During cardiac arrest, the brain and other vital organs quickly become starved of blood and the life-sustaining oxygen and nutrients it carries. Your employee could die within a few minutes, or if he/she survives, may sustain permanent damage to their brain and other organs. The sooner the heart's rhythm is restored the better, since each minute is critical to determining chance of survival and amount of damage sustained.

Although cardiopulmonary resuscitation (CPR) is a vital step in the lifesaving process and can keep some blood flowing to the heart and brain for a short time, often only defibrillation can restore the heart's normal rhythm.

*~ Excerpt written by Mayo Clinic Staff*

**It's the RIGHT thing to do and the price is RIGHT.**

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