

# 2010 “LOOK, LISTEN & LIVE” POSTER CONTEST

## RULES AND GUIDELINES FOR PARTICIPATION

### WHO CAN PARTICIPATE?

All students in grades 4 to 6 in schools throughout ND are eligible to participate in the 2010 “Look, Listen & Live” Railway Safety Poster Contest. All rules must be followed or poster entry will be disqualified.

### RAILWAY SAFETY PRESENTATIONS

NDOL highly recommends that before your students participate in this contest, you have a certified NDOL presenter come to your school to speak with them about railroad safety. This will help students better grasp the concept of railroad safety and give them a better idea of what is expected in their posters. Presenters are located all across the state and will schedule a time that is convenient for you. For more information, contact Serena Schmit at 701-873-2224 or [SerenaS@ndsc.org](mailto:SerenaS@ndsc.org).

### THEME

The contest theme is “railway safety”. Students can create a poster using one of the five safety rules provided or from the information they learned during the OL Presentation. All entries must be related to railway safety and may depict vehicles, bicycles, snowmobiles, all terrain vehicles or pedestrians. As winning entries may be used to create future railway safety posters and other safety materials for distribution to communities across ND, artists are encouraged to incorporate images and messages that would be most effective in building awareness among other young people. Slogans created by the students may be incorporated on the poster, as well as the “Look, Listen & Live!” and “Stay off, stay away, stay alive” slogans.

### Prizes

Prizes will be awarded as follows: 1st prize-\$200.00 savings bond, 2nd prize-\$100.00 savings bond, 3rd prize-\$75.00 savings bond, 4th & 5th place-\$50 savings bonds. The teacher or poster contest coordinator of the 1st prize recipient will receive \$100.00 and the school submitting the 1st prize poster will receive \$100.00.

### Deadline

All entries must be received by Operation Lifesaver no later than February 15, 2010.

### Judging

Once judging is completed, the teachers or poster contest coordinators of winners will be notified. Entries will be judged on their ability to effectively communicate railway safety & artistic ability.

### Materials

Drawings can be on plain paper or construction paper. Art or coloring pencils, markers and paint may be used. (Please, no grease pencils or pastel crayons). Posters must be created on 8.5 x 11” paper. Computer generated artwork will be disqualified.

### Entry

**The student’s name, grade level, school name and teacher’s/coordinator’s name must be printed on the back of each entry.** (Omission of this information will disqualify an entry). An entry form must accompany each entry or set of entries. All information requested on this form is important, so make sure it is accurate. (Photocopied entry forms are acceptable). Operation Lifesaver may use winning entries in a national railway safety program to heighten awareness about railway safety in the US.

**If you have any questions, please contact Serena Schmit at 701-873-2224 or [SerenaS@ndsc.org](mailto:SerenaS@ndsc.org).**

Please send completed entry forms and artwork to: North Dakota Safety Council  
ND Operation Lifesaver  
PO Box 969  
Beulah, ND 58523

# 5 LIFE SAVING RAILWAY SAFETY RULES

## **Rule 1 – Cross railway tracks only at approved crossings.**

Pedestrians and others must only cross railway tracks where there is an approved public or private crossing. Approved public and private crossings are designed to ensure the safe passage of either pedestrians or vehicles when users watch for approaching trains and obey all railway crossing warning signs and signals. Cross railway tracks safely...look, listen & live!

## **Rule 2 – Do not put foreign objects on the tracks.**

Putting foreign objects on the tracks can cause a train to derail. Objects could also fly out and cause injuries or even death to anyone nearby. Stay off, stay away, stay alive!

## **Rule 3 – Do not throw objects at trains.**

Throwing objects at a train can cause injuries to the crew, to the passengers and to you. Any objects thrown at a moving train can bounce back with deadly force and cause injury and even death.

## **Rule 4 – Do not play on or around railroad tracks or boxcars.**

Trains can overhang the rail by 3 feet on each side. Trains carry cargo that may be chained down or bundled by metal straps. If a chain or strap broke, it could cause serious injury. Trains run at different speeds, at any time, and in any direction. Always expect a train! Railroad property is private property and trespassing is against the law. A train can move suddenly without any warning.

## **Rule 5 – Stay off railroad bridge and out of railroad tunnels.**

Train tunnels and bridges are only wide enough for a train, and there are no sidewalks or walkways. Stay away from train tunnels and bridges; they are dangerous places to be and are not shortcuts.

**2008 "Look, Listen & Live!"  
Railway Safety Poster Contest**

**ENTRY FORM**

(Photocopy as Necessary)

Teacher / Coordinator \_\_\_\_\_ School \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Telephone \_\_\_\_\_ E-Mail Address: \_\_\_\_\_

**LIST OF PARTICIPANTS**

Name \_\_\_\_\_ Grade \_\_\_\_\_

Name \_\_\_\_\_ Grade \_\_\_\_\_

Name \_\_\_\_\_ Grade \_\_\_\_\_

Name \_\_\_\_\_ Grade \_\_\_\_\_

Name \_\_\_\_\_ Grade \_\_\_\_\_

Name \_\_\_\_\_ Grade \_\_\_\_\_

Name \_\_\_\_\_ Grade \_\_\_\_\_

Name \_\_\_\_\_ Grade \_\_\_\_\_

Name \_\_\_\_\_ Grade \_\_\_\_\_

Name \_\_\_\_\_ Grade \_\_\_\_\_

I hereby certify that all rules, concepts and artworks (posters) submitted were created by the students / persons named above and I understand all entries become the exclusive property of ND Operation Lifesaver, which reserves all rights. The posters submitted cannot be returned.

Signature of Teacher / Coordinator \_\_\_\_\_

Please send completed entry forms and artwork to: North Dakota Safety Council  
ND Operation Lifesaver  
PO Box 983  
Beulah, ND 58523